

201 St. Andrews Rd.
Contact us at (803) 888-7525
Managing Director: Marti Colucci
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HOURS:
Monday – Friday
9:00 am – 5:00 pm
Sign up for our calendar by emailing or calling!

**February
2017**

Sat/ Sun	Mon	Tue	Wed	Thu	Fri
			1 10:00 am – 12:00 pm <i>Sit 'n Stitch</i> 11:30 am – 1:00 PM Caregiving: LOVE Series Pt 1	2 10:30 – 11:30 am MINDFUL MOVEMENT	3  11:00am – 1:00pm Facebook Friday!
4 / 5	6 11:00am – 12:30pm Fundraiser Volunteer Meeting (interested volunteers are welcome)	7 11:30 am – 1:00 pm <i>Early Stage Support Group</i> 2:00 – 4:00 pm <i>Caregiver 101</i> 6:00 – 7:15 pm * <i>Caregiver Support Group</i>	8 10:00 am – 12:00 pm <i>Sit 'n Stitch</i> 11:30 am – 1:00 PM Caregiving: LOVE Series Pt 2	9 10:00 – 11:00 am ASK THE EXPERT: Financial Q&A 10:30 – 11:30 am MINDFUL MOVEMENT 1:00 – 2:15 pm * <i>Caregiver Support Group</i>	10 9:30 am <i>Men's Coffee Club</i>  11:00am – 1:00pm Facebook Friday!
11 / 12	13 1:00 – 2:15 pm <i>Grief Support Group</i>	14 11:30 am – 1:00 pm * <i>Parkinson's Caregiver Group</i> 2:00 – 4:00 pm <i>Valentine's Drop-In</i>  Line Dancing / Valentine's Craft	15 10:00 am – 12:00 pm <i>Sit 'n Stitch</i> 11:30 am – 1:00 PM Caregiving: LOVE Series Pt 3	16 10:30 – 11:30 am MINDFUL MOVEMENT 11:30 am – 1:00 pm LUNCH 'N LEARN: VA Benefits 6:00 – 7:30 pm DINE 'N LEARN: Senior Living Options	17 10:00 – 11:00 am Group HUGS! Volunteers & HUGS Ambassadors  11:00am – 1:00pm Facebook Friday!
18 / 19	20 Closed for President's Day 	21 11:30 am – 1:00 pm <i>Early Stage Support Group</i> 2:00 – 4:00 pm <i>Caregiver 101</i> 6:00 – 7:15 pm * <i>Caregiver Support Group</i>	22 10:00 am – 12:00 pm <i>Sit 'n Stitch</i> 10:30 am – 11:30 am <i>Healing Rhythms</i> 11:30 am – 1:00 PM Caregiving: LOVE Series Pt 4	23 10:00 – 11:00 am ASK THE EXPERT: Financial Q&A 10:30 – 11:30 am MINDFUL MOVEMENT 1:00 – 2:15 pm * <i>Caregiver Support Group</i>	24 9:30 am <i>Men's Coffee Club</i>  11:00am – 1:00pm Facebook Friday!
25 / 26	27 11:00 am – 12:30 pm Caregiver MASSAGES! 12:30 – 2:00 pm BBR Book Club (lunch) 1:00 – 2:15 pm <i>Grief Support Group</i>	28 11:30 am – 1:00 pm * <i>Parkinson's Caregiver Group</i>	<i>Thank you to our program and cleaning sponsors:</i> Colonial Gardens Alzheimer's Special Care Center, Cleaning Fairy, Sani-Green Cleaning <i>Special thanks to the Michael J. Mungo Foundation for giving life to our mission and for its continued faith in our dream and to Lexington Medical Center for being our primary sponsor of programs to educate caregivers</i>		