

## Pan Mass Challenge (PMC)



This past summer I completed my third PMC, once again riding from Sturbridge to Provincetown, raising over \$10,000 thanks to the generosity of my friends and family. There were over 6,300 riders and supported by 4,500+ volunteers and \$51 million for Dana Farber Cancer Institute (DFCI) was raised. During the past 38 years, the PMC has contributed \$598 million to DFCI.

A friend recently asked me if I was riding the PMC again this year. My reply was “yes”! My friend then asked if I wouldn’t mind riding a bit harder and shared with me their recent struggle with undergoing cancer treatment at Dana Farber. I was speechless. Cancer does not discriminate. We all know someone who is facing or has faced the challenge of fighting this dreaded disease. My friend’s battle has only reinforced my commitment to the PMC and its hope of defeating cancer.

I realize there are endless charitable causes seeking our support. But each year I have been deeply humbled by the generous support of family and friends, for which I will always be grateful.

Donate at [PMC.ORG](https://www.pmc.org) using my PMC ID: *LS0274*



**Scan To Donate**

*To sweeten the deal, any donation of \$250 or more receives a tray of homemade baklava baked by my mom.*

***If you prefer to write a check, please make it out to the “PMC”, and mail it to me directly at.***

**Lou Saledas  
5 Tinkham Ave  
Burlington, MA 01803**

*Your donation is fully tax deductible and 100% will go to Dana-Farber Cancer Institute.*

If your employer has a matching gift program, please ask your Human Resources department for a form, and follow the process for matches.