

Saint John's Episcopal Church

Gloucester Massachusetts

10:30 am

March 19, 2017

The Third Sunday in Lent



Our Rector, Fr. Bret Hays, is on Sabbatical and we welcome The Rev. Marie Z. Swayze as our guest priest. She writes: I am a recent transplant from the Diocese of Pennsylvania, ordained in 1992 and having served in numerous parishes until my retirement from full-time ministry in 2006. After my husband's death in 2012, I downsized from our home in Valley Forge and bought a home in Wakefield with our son and his wife and now enjoy being a full-time Nana to my fourteen month-old granddaughter! Social justice issues were predominant in my priestly ministry: with the assist of a parish physician, I founded a medical clinic for uninsured persons (www.theclinicpa.org); with my late husband, worked with my 'retirement parish' to establish an Episcopal Middle School for the poorest children in North Philadelphia (www.StJamesPhila.org). For a little over a year, now, I have delighted in Sunday Supply Work here in the Diocese of MA.

Welcome! There is more information on page 2.

Welcome to Saint John's Episcopal Church in Gloucester, Massachusetts

*To participate fully with us, you need this worship book, and the blue Hymnal 1982
in the racks or "Wonder, Love and Praise" at the pew ends.*

Our Rector, The Rev. Bret Hays, is on sabbatical. He will return on April 23. **Today we welcome The Rev. Marie Swayze as our guest priest.**

Be you a regular worshiper, first-timer, or occasional visitor, we hope you will enjoy our fellowship! St John's worship, Sunday Adult Forums, and other programs are always open to everyone. Come and check us out! Children are always welcome at worship in St. John's Church!

First time in our Church?

We are delighted that you are here! For some visitors our customs are very familiar, for others they are completely new. If you are among the latter group, RELAX, there is nothing that you can do by accident that will cause offense! Ask an usher, watch your neighbors, go with the flow. Introduce yourself to our Rector and sign our guest book after the service.

Restrooms: There are three: one on each level at the far end of the building from our worship space. Exit the door opposite the organ and follow the signs.

Children in Church: Children of all ages are welcome in church. We want children and parents to enjoy church and we support you in doing what you need to do toward that goal. It's OK for children to sound like children; we won't be offended. Please use the play area at the front of the pews on the right, or the Thompson Room, at any time, no matter what part of the service is going on, if they will help you or your child(ren). The Thompson Room has a table, chairs, couches, carpeted space, and a PA system that will let you hear what is going on in church. Nursing mothers may breastfeed there or in church. Your child's comfort, safety, and well-being are your proper concern, and we support you in fulfilling that obligation.

Access Needs: If you need help at the step leading up to the altar or would find it easier to receive Holy Communion in your pew, please speak to an usher. Hearing Assistance devices are also available. If you would like to try one out, please speak to an usher.

**Nurture and Challenge Your Spirit with us at St. John's!
Our mission in Christ is to nurture and equip members
for spiritual growth and active participation in ministries
of compassion, justice, and peace in the church and beyond.**

But the LORD is in his holy temple: let all the earth keep silence before him *Habakkuk 2:20*

Voluntary

O Lamm Gottes, unschuldig BWV 1095

Johann Sebastian Bach (1685-1750)

Please stand for the

Hymn 686 *in Procession*

Nettleton

Celebrant Bless the Lord who forgives all our sins.

People **His mercy endures for ever.**

Celebrant Let us confess our sins against God and our neighbor. *Silence may be kept.*

All **Most merciful God,**
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

All **Amen.**

Then is sung:

Kyrie S93

Leo Sowerby (1895-1968)

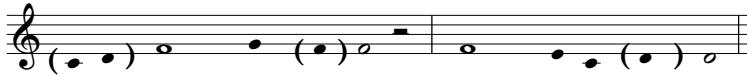
Lord, have mer-cy up - on us. Lord, have mer-cy up - on us. Lord, have
mer-cy up - on us. Christ, have mer-cy up - on us. Christ, have
mer-cy up - on us. Christ, have mer-cy up - on us. Lord, have mer-cy up -
- on us. Lord, have mer-cy up - on us. Lord, have mer-cy up - on us.

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Celebrant The Lord be with you
People **And also with you.**
Celebrant Let us pray. —*silence*—the Collect of the day—**Amen.**
Please be seated for the readings.

First Reading Response after the Reading: **Thanks be to God.** Exodus 17:1-7
A period of silent prayer follows the reading

Psalms 95, BCP Page 724-725, BCP *Venite, exultemus* Plainsong Mode 2.1
at the mid-verse () we observe the breath, exhale & inhale (2 beat pause)*
We will sing ANTIPHONALLY between the Lectern side and the Lectern side.



Cantor 1 Come, let us sing to the / LORD; * —*pause*—
let us shout for joy to the Rock of \ our salvation.
Lectern side 2 Let us come before his presence with thanks-/ giving * —*pause*—
and raise a loud shout to \ him with psalms.
Organ side 3 For the LORD is a / great God, * —*pause*—
and a great King a-\ bove all gods.
Lectern side 4 In his hand are the caverns / of the earth, * —*pause*—
and the heights of the hills \ are his also.
Organ side 5 The sea is his, for he / made it, * —*pause*—
and his hands have mold-\ ed the dry land.
Lectern side 6 Come, let us bow down, and / bend the knee, * —*pause*—
and kneel before the \ LORD our Maker.
Organ side 7 For he is our God,
and we are the people of his pasture and the sheep / of his hand. * —*pause*—
Oh, that today you would hearken \ to his voice!
Lectern side 8 Harden not your hearts, as your forebears did in the / wilderness, * —*pause*—
at Meribah, and on that day at Massah, when they \ tempted me.
Organ side 9 They put me to the / test, * —*pause*—
though they had \ seen my works.
Lectern side 10 Forty years long I detested that generation and / said, * —*pause*—
“This people are wayward in their hearts; they do not \ know my ways.”
ALL 11 So I swore in my / wrath, * —*pause*—
“They shall not enter in-\ to my rest.”

Second Reading Response after the Reading: **Thanks be to God.** Romans 5:1-11
A period of silent prayer follows the reading

Anthem

Prayer to Jesus

George Oldroyd (1887-1956)

Jesu, since thou me made and bought, be thou my love and all my thought, and help that I may to thee be brought, withouten thee I may do naught. Jesu, since thou must do thy will, and nothing is that thee may let, with thy grace my heart fulfill, my love and my liking in thee is set. Jesu, at thy will I pray that I might be, all my heart fulfill, with perfect love to thee. That I have done ill Jesu, forgive thou me, and suffer me never to spill, Jesu, for pity. Amen.

Words: Richard Rolle of Hampole (1300-1349)

Please stand for the Tract

Cantor first, then all. Repeat after verse.



Holy Gospel

*Acclamation before the Gospel: **Glory to you, Lord Christ***

John 4:5-42

*Acclamation after the Gospel: **Praise to you, Lord Christ***

Sermon

The Rev. Marie Swayze

After a period of reflective silence following the homily we stand and sing the Nicene Creed:

Nicene Creed, Hymnal 1982, S105

Calvin Hampton (1938-1984)

Intro

We be-lieve in one God, the Fa-ther, the Al - might-y,
ma-ker of hea-ven and earth, of all that is, seen and un - seen. We be-lieve in
one Lord, Je-sus Christ, the on-ly Son of God, e - ter-nal-ly be-got-ten of the Fa-ther,
God from God, Light from Light, true God from true God, be - got - ten, not
made, of one Be-ing with the Fa-ther; through him all things were made. For us and for

our sal - va-tion he came down from heav-en, by the pow-er of the Ho-ly Spi-rit
 he be-came in-car-nate from the Vir-gin Ma-ry, and was made man.
 For our sake he was cru-ci-fied un-der Pon-tius Pi-late; he suf-fered death
 and was bur-ied. On the third day he rose a-gain in ac-cord-ance with the Scrip-tures;
 he a-scend-ed in-to hea-ven and is seat-ed at the right hand of the Fa-ther. He will come a-
 - gain in glo-ry to judge the liv-ing and the dead, and his king-dom will have no end.
 We be-lieve in the Ho-ly Spi-rit, the Lord, the giv-er of life, who pro-ceeds from the
 Fa-ther and the Son, with the Fa-ther and the Son she is wor-shipped and glo-ri-fied. She has
 spo-ken through the pro-phets. We be-lieve in one ho-ly cath-o-lic and a-po-sto-lic Church.
 We ac-know-ledge one bap-tism for the for-give-ness of sins. We look for the re-sur-
 - rec-tion of the dead, and the life of the world to come. A-men. A-men.

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Prayers of the People

Form II, BCP, p 385, adapted

Please offer your prayers after each petition, either silently or aloud.

The Celebrant concludes with a collect. Response: **AMEN.**

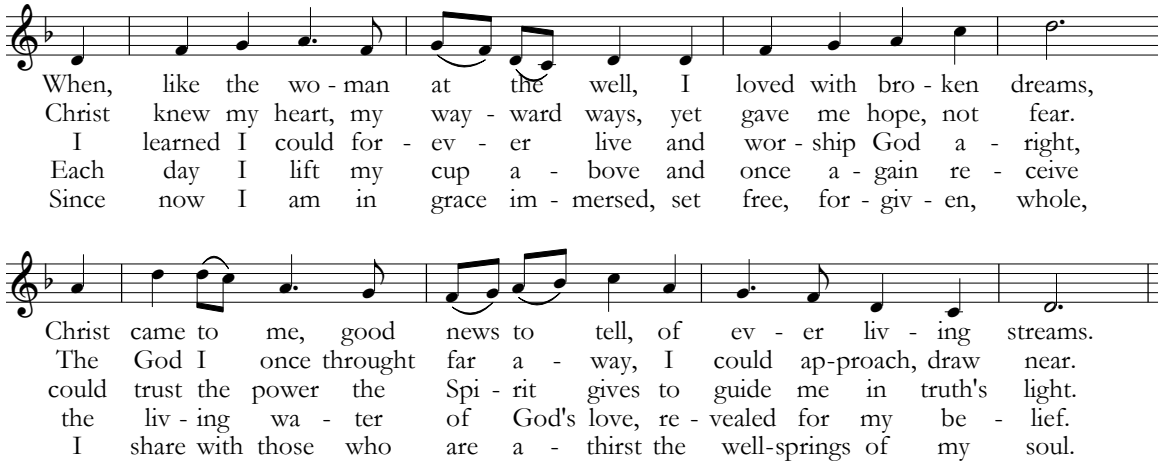
Celebrant: The peace of the Lord be always with you.

People: **And also with you.** *We share a sign of peace with those around us.*

Announcements

Offertory Hymn

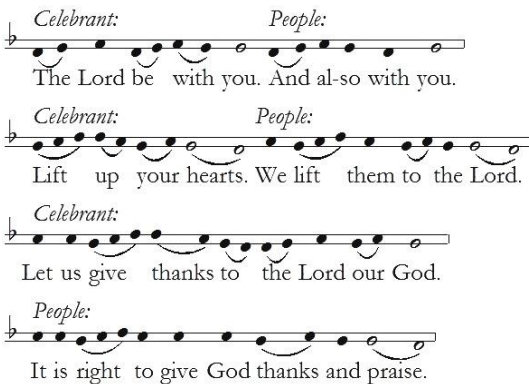
Detroit



When, like the wo - man at the well, I loved with bro - ken dreams,
Christ knew my heart, my way - ward ways, yet gave me hope, not fear.
I learned I could for - ev - er live and wor - ship God a - right,
Each day I lift my cup a - bove and once a - gain re - ceive
Since now I am in grace im - mersed, set free, for - giv - en, whole,
Christ came to me, good news to tell, of ev - er liv - ing streams.
The God I once thought far a - way, I could ap - proach, draw near.
could trust the power the Spi - rit gives to guide me in truth's light.
the liv - ing wa - ter of God's love, re - vealed for my be - lief.
I share with those who are a - thirst the well-springs of my soul.

Words: Edith Sinclair Downing Copyright © 1998 Selah
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Music: Detroit from Supplement to Kentucky Harmony, 1820

The Great Thanksgiving



Celebrant: The Lord be with you. And al - so with you.
People:
Celebrant: Lift up your hearts. We lift them to the Lord.
People:
Celebrant: Let us give thanks to the Lord our God.
People:
It is right to give God thanks and praise.

Eucharistic Prayer A, Book of Common Prayer p. 361

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Cantor: Ho - ly, All: ho - ly, ho - ly Lord, God of pow'r and might,
hea - ven and earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

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We give thanks to you, O God, for the goodness and love which you have made known to us ...

At the acclamation in the prayer:

Therefore, according to his command, O Father:

We remember his death, We proclaim his resurrection, We await his coming in glory;

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours,
Almighty Father, now and for ever.

A-men.

The Lord's Prayer S148

Ambrosian Chant, harmonized by Mark Howe

Our Fa-ther in hea-ven, hal-lowed be your name, your King-dom come, your will be done,
on earth as in hea-ven. Give us to-day our dai-ly bread. For-give us our sins,
as we for-give those who sin a-gainst us. Save us from the time of tri-al,

and de - liv - er us from e - vil. For the king - dom, the power and the

glo - ry are yours. Now and for ev - er. A - men

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The Celebrant breaks the consecrated Bread. A period of silence is kept. Then is sung:

Fraction Anthem: Agnus Dei

Plainsong, Mass 18

Cantor: A - gnus De - i, qui tol - lis pec - ca - ta mun - di: mi - se - re - re no - bis.
All: A - gnus De - i, qui tol - lis pec - ca - ta mun - di: mi - se - re - re no - bis.
All: A - gnus De - i, qui tol - lis pec - ca - ta mun - di: do - na - no - bis pa - cem.

Lamb of God, who takes away the sin of the world, have mercy. Grant us peace.

Please join in singing communion hymn:

Communion Hymn 321 St. 1 & 3

Rockingham

My God, thy ta - ble now is spread, thy cup with love doth o - ver - flow;
 Drawn by thy quick - ening grace, O Lord, in count - less num - bers let them come

be all thy chil - dren thith - er led, and let them thy sweet mer - cies know.
 and gath - er from their Fa - ther's board the Bread that lives be - yond the tomb.

Words: Philip Doddridge 1-3

Music: melody from Second Supplement to Psalmody in Miniature, ca. 1780

RECEIVING COMMUNION: The altar in our church belongs to God. All are welcome and encouraged to come forward during the distribution of Holy Communion.

To receive communion, stand or kneel at the rail, stand against the plaster wall inside the rail, or notify an usher that you need to have communion brought to you at your seat. After you receive communion at (or inside) the rail, please remain in place until the chaliceist says “Go in peace.” The response after receiving each kind (bread and wine) is “Amen,” or you may remain silent. If you wish to receive a blessing instead of communion, please cross your arms over your chest before the Bread comes by.

We do not practice “intinction,” that is, dipping bread in wine. If you do not wish to drink from the chalice, please cross your arms over your chest so the chaliceist knows this. Receiving the Sacrament in either kind alone constitutes a full and valid Communion.

Gluten-free wafers are available; simply ask the person distributing the Bread.

Saint John's is committed to achieving the full inclusion of all people in Christ's Body, the Church. Please feel free to ask the rector if you have any questions.

The choir will sing a canon during communion, with words by the 13th century Sufi mystic poet Rumi. The music is by Berkeley composer, singer, music leader and impresario Dale Zola. This music was recommended to me (as good words for Lent) by Ana Hernandez and is found in the Threshold Choir Songbook (a choir that sings for those near death):

Come, come who-ever you are, worshipper, wanderer, lover of leaving. Ours is not a caravan of despair. Though you have broken your vows a thousand times Come, come again come.

At the Postcommunion and Going Forth for Ministry

Celebrant Let us pray.

People **Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Celebrant The Lord be with you

People **And also with you.**

Blessing **Amen.**

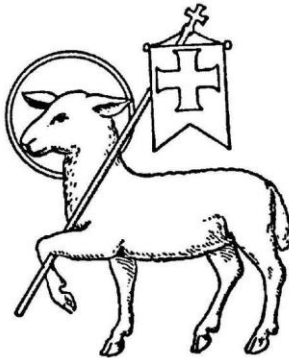
Hymn 649 in Procession

Dickenson College

Priest: Let us bless the Lord. *People:* Thanks be to God.

O Lamm Gottes, unschuldig BWV 618 Johann Sebastian Bach (1685-1750)

If you leave during the Music, please do so quietly so as not to disturb those who remain to listen.



Weekly on Thursdays from 6-6:30 pm
March 2, 9, 16, 23, 30 and April 6

WEEKLY CALENDAR

Sundays	8 am Eucharist, Rite 1 9:15 am Adult Forum (Thompson Room) 10:30 am Sung Eucharist, Rite 2 with choir 7:30 pm Sunday & Sober Alcoholics Anonymous
Mondays	9-noon Ms. Fixits Women tend to the fabric of the church. 6 pm Women's Cursillo Reunion Group (1st and 3rd Mondays) 7 pm Bible Study First Monday of the month led by Lynn Runnells. 978.515.7167
Tuesdays	5 pm Free Harvest Meals, sponsor: Cape Ann Interfaith Comm.
Wednesdays	7 am Men's Bible Reflection, (Bible study) 9:30 am Recovery Safe Spaces
Thursdays	7 pm Fish City Alcoholics Anonymous 4:30-5:45 pm Choir School Children from ages 5-13. 6 pm Evensong First Thursday of the month. 6 pm Choir dinner 7-8:30 pm Parish Choir rehearsal.
Fridays	8:30 am Grace Center, an open drop-in center
Saturdays	Action Shelter Lunch-Making carolynkstewart@comcast.net 5 pm "Art Service" First Saturday of the month. 8 pm Big Book Alcoholics Anonymous

Saint John's Episcopal Church—StJohnsGloucester.org

48 Middle Street, Gloucester, Massachusetts 01930-5795

Parish Office Telephone: 978-283-1708—WiFi password: 48MiddleSt

Parish Office Hours: Monday – Thursday: 8am-noon during which the Church is open for prayer and meditation.

Alan McIntosh Gates, Bishop of Massachusetts & Gayle E. Harris, Bishop Suffragan

The Rev. Bret Bowie Hays, Rector
Mark Edward Nelson, Music Director
Jay DiPrima, Director of Youth Ministry
Betsy Levick, Parish Administrator
Marjorie I. Bishop, Church Assistant
Staff e-mail: first name+@stjohnsgloucester.org
Cloe the Dog, Parish Mascot

Wardens: Gwen Kopka & Paul McGeary
Clerk: Geoffrey Pope
Treasurer: Karen Kasper
Assistant Treasurer: Sue Lupo
VESTRY
2018 – Len Berry, Tom Chmura, Carole Secrest
2019 – Connie DeSimone, Joan Gorga, Lynn Runnells
2020 – Pat Earle, Nancy Harrison, Jim LaBelle

Lent, Holy Week and Easter Day

Evensong Thursdays beginning March 2

Palm Sunday: April 9—8 & 10:30

Maundy Thursday, April 13—7:30 pm

Good Friday, April 14—noon (Stations) & 7:30 pm (Liturgy)

Great Vigil of Easter, Saturday, April 15—7:30 pm

Easter Day, Sunday April 16—8 & 10:30