



Saco Age Friendly



Volunteer & Wellness Fair

You are invited to participate in our Age Friendly Saco Volunteer & Wellness Fair! At this forum we plan to discuss “next steps” to make Saco a more Age Friendly Community, as well as present an overview of subcommittees that will be formed to address the needs defined by the community survey results. Subcommittees include but are not limited to: The Handyman Service, Communications, Social Events, and Data Base. There will also be a luncheon sponsored by Atlantic Heights, as well as a community health and wellness fair with vendors and providers of services such as blood pressure screenings and flu shots.

Thank you to our event sponsors:
Atlantic Heights & The Hampton Inn Saco



When: Saturday, November 4th, 2017

Where: Saco Community Center

Time: 11:00AM-2:30PM

Fee: FREE to attend but you must preregister so that we can plan for the lunch!

Register: www.sacorec.com or by calling the Community Center office at 283-3139