

From: "Remes, John"

Date: February 9, 2018 at 2:34:38 PM CST

To: kare-everyone

Subject: Jane Helmke

Today I have heard from Jane that she will not be returning to KARE as News Director so that she can continue to spend more time with Teresa and family.

It goes without saying that this is a difficult decision for Jane. We are all very familiar with Jane's commitment, long hours and passion for all things KARE 11, but it is the right decision given family priorities.

Jane will be in the station early next week so you will be able to connect with her personally. In the meantime Stacey Nogy will continue to be in charge of day to day running of KARE's newsroom.

From Jane: *Journalism has never been just a job. It is an honor and a great responsibility. I am so fortunate to have spent the past 35 years with the best people at the best television station in the country...who know how to have a little fun too! I look forward to seeing you early next week to tell you in person how special you are to me and how very proud I've been to stand next to each of you for our community. #ForeverAFan #RockOn*

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And this from Jane's Facebook page:

Hello friends and family. It is hard to believe my television journalism career has spanned 35 years at KARE 11. Wow! It has been an extraordinary ride with the very best people at one of the best stations in the country. Today it was announced that I am stepping aside to spend more time with my family. It was a difficult decision for me because I have been so lucky to love my team, my station and my job...in fact, I could not be more proud of their outstanding work just last week during the Super Bowl. It is also an incredible blessing to have this opportunity and time to be fully present with my partner and children. We intend to focus on being joyful every day and doing those things "we always wanted to do" together over the next few months. So...there will be more to come and many thank you's to write on this life/career turn I'm sure, but until then: [#RockOn](#).