21st Annual
Diabetes Update

Continuing Physician Professional Development
Continuing Medical Education
Multi-Specialty Portfolio Program

Saturday, March 11, 2017  |  8 a.m. – 4 p.m.
Registration begins at 7:15 a.m.
John H. Ammon Medical Education Center
Christiana Hospital Campus, Newark, Delaware

Videoconferencing will be available at the Virden Retreat Center, University of Delaware campus, Lewes, Delaware through the sponsorship of the Delaware Diabetes Coalition. See registration details inside.
OVERVIEW
This 21st Annual Diabetes Update is a day long educational opportunity designed to provide an update on diabetes and diabetes related comorbidities, and to meet identified needs of diabetes clinicians in this area. This year’s symposium will examine an array of progressive topics, to include, Measures of Healthcare Quality, The Artificial Pancreas and Hypoglycemia Associated Autonomic Failure from this country’s foremost leaders in these areas. Additionally, content will focus on the management of gestational diabetes, Type 2 diabetes, diabetic neuropathy and motivational interviewing of the patient with diabetes.

TARGET AUDIENCE
This course is intended for endocrinologists, ophthalmologists, internal medicine and primary care physicians, as well as nurses and nurse practitioners, scientists, dietitians, physician assistants, and other health care professionals.

LEARNER OBJECTIVES
At the conclusion of this activity, participants will be better able to:

1. Identify approaches to care design that will improve performance on measures and outcomes for patients.
2. Implement an evidence-based approach in the selection of management strategies in pregnancy complicated by gestational diabetes.
3. Describe the clinical practice burden and epidemiological trends in Type 2 diabetes and pre-diabetes.
4. Demonstrate use of the AMA-CDC Prevent Diabetes STAT toolkit for health care professionals.
5. Describe approaches to improve autonomic nervous system and neuroendocrine and predict and identify barriers to optimal care.
6. Describe how often hypoglycemia occurs in Type 2 diabetes and the detrimental effects that it causes an individual.
7. Illustrate how diabetes infiltrates the kidneys and identify interventions to prevent renal infiltration.
8. Describe how a guiding style of communication can help improve patients’ management of chronic illnesses such as diabetes.
9. Identify at least one starting point for including a guiding style of communication in participant’s own practice.
7:15 a.m.  Registration and Continental Breakfast

8 a.m.  Welcome and Introduction
M. James Lenhard, M.D.
Section Chief, Endocrinology
Christiana Care Health System,
Newark, Delaware
Clinical Assistant Professor of Medicine
Jefferson Medical College,
Thomas Jefferson University,
Philadelphia, Pennsylvania

8:10 a.m.  Using Quality Measurement to Improve Patient Diabetes Outcomes
James A. Chase, MHA
President, Minnesota Community Measurement
Minneapolis, Minnesota

9 a.m.  Team-based Strategies for Complex Management of Diabetes in Pregnancy
Chloe A. Zera, M.D., MPH
Obstetrician & Gynecologist, Brigham and Women’s Hospital, Assistant Professor of Obstetrics, Gynecology and Reproductive Biology, Harvard Medical School
Boston, Massachusetts
9:50 a.m.  Bending the Diabetes Curve: 
Prevention in Action
*Katherine A. Kirley, M.D., MS*
Director of Chronic Disease Prevention
American Medical Association
Chicago, Illinois

10:40 a.m.  Break

11 a.m.  Faculty Panel: Challenges in Insulin Management 
of People with Diabetes
*Stephen Davis, M.D.*
Theodore E. Woodward Professor of Medicine,
Chairman Department of Medicine, University
of Maryland School of Medicine, Baltimore, Maryland
*Daniel A. Doyle, M.D.*
Chief and Director of Medical Education
Division of Endocrinology, AI du Pont Children’s Hospital
Wilmington, Delaware
*Cheryl Tuohy, FNP*
Lead NP, Metabolic Health Services
Christiana Care Health System, Wilmington, DE

12 Noon  Lunch

1 p.m.  Hypoglycemia and Diabetes: An Issue in Type 2 Diabetes
*Stephen Davis, M.D.*
Theodore E. Woodward Professor of Medicine,
Chairman Department of Medicine, University
of Maryland School of Medicine, Baltimore, Maryland

1:50 p.m.  The Bionic Pancreas: Worth the Wait
*Daniel A. Doyle, M.D.*
Chief and Director of Medical Education
Division of Endocrinology, AI du Pont Children’s Hospital
Wilmington, Delaware

2:40 p.m.  Update on Diabetic Nephropathy
*Collette J. Mehring, D.O.*
Nephrology Associates, PA
Christiana Care Health System
Wilmington, Delaware

3:20 p.m.  Motivational Interviewing for People with Diabetes
*Deborah H. A. Van Horn, Ph.D.*
Outcomes Director, Recovery Centers of America
King of Prussia, Pennsylvania
Adjunct Assistant Professor of Psychology (through 2012)
Department of Psychiatry, University of Pennsylvania
Philadelphia, Pennsylvania

4 p.m.  Conclusion

*To register at the Virden Retreat Center, University of Delaware, Lewes, Delaware, go to cchs.cloud-cme.com/diabetes2017*: 
Live videoconferencing will be available (for the first 50 people who register online) at Virden Retreat Center, University of Delaware campus, 700 Pilottown Road, Lewes, DE 19958. Please contact: Susan Polikoff, MS, CFRE, Executive Director, Delaware Diabetes Coalition, for details.
M. James Lenhard, M.D., Program Chair
Section Chief, Endocrinology, Christiana Care Health System, Wilmington, Delaware, Clinical Assistant Professor of Medicine, Jefferson Medical College, Thomas Jefferson University, Philadelphia, PA

Julie Garey, RD, CDE
Certified Diabetes Educator for Endocrinology Specialists Practice, Eugene du Pont Preventive Medicine & Rehabilitation Institute (PMRI), Christiana Care Health System, Wilmington, Delaware

Dorothy Hyatt, MSN, RN, CDE
Diabetes and Metabolic Diseases Center, Christiana Care Health System, Wilmington, Delaware

Brooke Jacob, MS, RD, CDE
Christiana Care Endocrinology Specialty Practice, Certified Diabetes Educator/Registered Dietitian, Christiana Care Health System, Newark, Delaware

C. J. Jones
Co-founder, Juvenile Diabetes Research Foundation First State Chapter, American Diabetes Association Leadership Board, Delaware Diabetes Coalition Executive Board, Wilmington, Delaware

Omar Khan, M.D., MHS
Medical Director for Community Health and Eugene du Pont Preventive Medicine & Rehabilitation Institute, Director, Global Health Track, Attending Physician, Department of Family & Community Medicine, Christiana Care Health System, Wilmington, Delaware

Carol Pashman, MS, RN
Director, Continuing Physician Professional Development/Continuing Medical Education, Christiana Care Health System, Newark, Delaware

Prakash Seshadri, M.D.
Clinical Staff Endocrinologist, Diabetes and Metabolic Diseases Center, Christiana Care Health System, Wilmington, Delaware

Amy Wachter, M.D.
Clinical Staff Endocrinologist, Diabetes and Metabolic Diseases Center, Christiana Care Health System, Wilmington, Delaware

Barbara A. Willey, RN, MSN, CDE
Clinical Education Specialist, Wilmington Veteran’s Administration (VA) Medical Center, Wilmington, Delaware

Christiana Care is a private not-for-profit regional health care system and relies in part on the generosity of individuals, foundations and corporations to fulfill its mission. To learn more about how you can support our mission, please visit christianacare.org/donors
REGISTRATION INFORMATION

PRE-REGISTRATION IS REQUIRED. All participants must go to cchs.cloud-cme.com/diabetes2017 and follow the prompts to register. REGISTRATION IS NOT CONFIRMED UNTIL ONLINE REGISTRATION IS SUBMITTED AND REGISTRATION FEE IS PROCESSED.

Christiana Care Health System (Medical-Dental staff and employees): $55 in advance ($75 “day of” registration, if seating permits)
Christiana Care Health System journal transfers cannot be accepted for payment of registration.

Non-Christiana Care employees: $75 in advance ($95 “day of” registration, if seating permits)

Full time students: $20

Christiana Care residents and fellows: No charge to attend.

If paying by check, make checks payable to: Christiana Care Health System. Indicate DIABETES2017 in the memo line. Include name, degree/credentials and email address of participant.

Mail to: Christiana Care Health System Continuing Medical Education, 4735 Ogletown-Stanton Road, MAP 2, Ste. 2112, Newark, DE 19713

Registration Deadline: February 24, 2017. Pre-registration required. Anyone needing to register after the deadline MUST REGISTER ONSITE at the event. Payment by check only will be permitted for onsite registration.

Christiana Care Continuing Medical Education will not refund registration fees in the event of cancellations.

Questions: Contact Robin Pugh at rpugh@christianacare.org.

ACCREDITATION: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MEDICUSCME and Christiana Care Health System. MEDICUSCME is accredited by the ACCME to provide continuing medical education for physicians.

DESIGNATION: MEDICUSCME designates this live activity for a maximum of 6.5 AMA PRA Category 1 credits(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

STATEMENT OF DISCLOSURE AND INDEPENDENCE: It is the policy of MEDICUSCME to ensure all its sponsored educational activities are planned, developed, and conducted in accordance with the ACCME policies. MEDICUSCME has Conflict of Interest and Disclosure policies that are designed to ensure that all sponsored educational activities are fair, balanced, independent and evidence-based.

AMERICAN NURSES CREDENTIALING CENTER: For information about nursing CNE’s contact Dorothy Hyatt at dhyatt@christianacare.org.

REGISTERED DIETITIANS: Christiana Care Health System is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive continuing professional education units (CPEUs) for completion of this program. For information contact Julie Garey at jgarey@christianacare.org.