

**Thacher Speaker Series – Monday, January 29 @ 7:00 p.m.
Thacher Montessori School, 1425 Blue Hill Avenue, Milton, MA**

**Who's Raising Our Kids?
Nurturing Human Values
in a Digital World**

Sharon Maxwell, Ph.D.

Award-winning author of *THE TALK: A Breakthrough Guide to Raising Healthy Kids in an Oversexualized, Online, In-Your-Face World* (Avery, 2008)



The developing brain is an interactive work in progress, constantly engaging with the environment, creating a universe of connections that become how we understand ourselves, the world, and our place in the world.

From smartphones to laptops, from texting to snapchat, media technology delivers to our children a new cyber environment, providing an infinite source of information, stimulation, and opportunities for communication. This environment is having a profound impact on how our children think about themselves and is changing the way our children socialize and communicate. How do we best use this amazing resource to enhance our lives? How do we keep it from shaping our children and undermining the values we want to impart?

Dr. Maxwell shows parents how kids are using and abusing media technology and helps parents set balanced, realistic guidelines that bring the internet into alignment with family schedules and values.

What Your Kids Need
to Hear FROM YOU
About Sex

The Talk

A Breakthrough Guide to Raising
Healthy Kids in an Oversexualized,
Online, In-your-face World



SHARON MAXWELL, Ph.D.

Dr. Maxwell is an award-winning author, educator, and practicing clinical psychologist. Her work has been featured in TIME Magazine, US News and World Report, USA Today, Working Mother, The Boston Globe, on NPR, Oprah and Friends, and Fox News. The Boston Parents Paper voted Dr. Maxwell a 2009 Family Advocate of the Year.

"Dr. Maxwell gives practical guidance on sharing values with children. Her focus on teaching self-discipline and developing self-control is a refreshing counterpoint to a pop culture that says we should have it all right now. I highly recommend The Talk to every parent."

—Dr. Alvin F. Poussaint, Professor of Psychiatry and Faculty Associate Dean for Student Affairs at Harvard Medical School.

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