



Kiddush is sponsored by the Kiddush Club



Shalosh Seudos is sponsored by the Shalosh Seudos Club

Schedule

<u>Friday, December 1st (13th Kislev)</u>		<u>Tuesday, December 5th (17th Kislev)</u>	
Candle Lighting	4:31 P	Daf Yomi	6:00 A
Mincha	4:35 P	Shachris	7:00 A
		Tomer Devorah for women	12:00 N
<u>Shabbos, December 2nd (14th Kislev)</u>		Mincha/Maariv	4:35 P
Shachris	9:00 A	Late Maariv	7:50 P
No BISLI		Kollel Night Seder	after Late Maariv
<i>See Page 2 for additional Learning programs</i>			
Daf Yomi	3:25 P	<u>Wednesday, December 6th (17th Kislev)</u>	
Minchah	4:25 P	Daf Yomi	6:00 A
Maariv/Havdala	5:31 P	Shachris	7:00 A
Parent/Child Learning starts	6:00 P	Mincha/Maariv	4:35 P
		Late Maariv	7:50 P
<u>Sunday, December 3rd (15th Kislev)</u>		Kollel Night Seder	after Late Maariv
Daf Yomi	7:00 A		
Shachris	8:00 A	<u>Thursday, December 7th (18th Kislev)</u>	
Mincha/Maariv	4:35 P	Daf Yomi	6:00 A
Kollel Night Seder	8:00 P	Shachris	6:45 A
		Mincha/Maariv	4:35 P
<u>Monday, December 4th (16th Kislev)</u>		Late Maariv	7:50 P
Daf Yomi	6:00 A	Kollel Night Seder	after Late Maariv
Shachris	6:45 A		
Mincha /Maariv	4:35 P	<u>Friday, December 8th (19th Kislev)</u>	
<i>Start V'sain Tal u'Matar</i>		Daf Yomi	6:00 A
Late Maariv	7:50 P	Shachris	7:00 A
Daf Yomi	after Late Maariv	Candle Lighting	4:31 P
Partners in Torah	8:00 P	Mincha	4:35 P

CLASSES FOR EVERYONE

DAF YOMI

Morning Class: Sundays at 7:00 AM, weekdays at 6:00 AM
with Rabbi Loiterman

Evening Class: Sunday through Thursday after Late Ma'ariv

Shabbos & Yom Tov: both classes meet together one hour before Mincha with Rabbi Loiterman

BNOS

Shabbos Afternoon 3:15 - 4:15

For girls from Kindergarten to 6th Grade in the Fred Aron Education Wing

SHABBOS LEARNING FOR BOYS

Grades 5th - 8th Gemara class with Rabbi Harpaz at his home at 3:00 PM

Grades 1st - 4th Pasha with Rabbi Lipman at shul 30 minutes before Mincha

PARENT-CHILD LEARNING

Motzei Shabbos

Join us once again for our beautiful Parent-Child learning each Motzei Shabbos. Inspiring atmosphere, beautiful learning, and exciting prizes.

PARTNERS IN TORAH

Mondays from 8:00 PM to 9:00 PM

Meets at the JCC in Room 238

KOLLEL NIGHT SEDER FOR MEN

Sundays, Tuesdays, Wednesdays & Thursdays following the Late Maariv
Held in the Bnai Israel Minyan Room

TEFILLA: WORD BY WORD

Starting Monday, December 4th

Rabbi Zitter will be offering an exciting daytime class on prayer beginning this week. Classes will take place on Monday and Wednesday afternoons at 3:30. Guaranteed to be a fascinating learning experience.

Women's Tuesday Noon Learning Class

The sefer Tomer Devorah is being studied.

TALMUD CLASS - 75 minutes before Mincha

Tuesday evenings: With Gershon Aronoff - Megilla

RABBI GODER OPEN BEIS MEDRASH LEARNING NIGHT

Wednesdays after Maariv at B'nai Israel

Join one of several informal study groups being offered.

SISTERHOOD FLOWER FUND

The Sisterhood provides fresh flowers for the Bimah for every Yom Tov. Contributions to the Bnai Israel Sisterhood "flower fund" can be mailed to Irene Mazel or Frances Berger.

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YAK 2018 SENIORS FUNDRAISER

Please support the Yeshiva Aish Kodesh Seniors by buying their delicious dips. Flavors available: Onion, roasted garlic, olive, jalapeno with many more to come. Each container of dip is \$4.50. All products are made in the yeshiva kitchen. All orders should be placed before 8:00 AM on Thursdays by emailing: yakseniors2018@gmail.com

BINA HIGH SCHOOL GIFT BAZAAR

This Sunday, December 3rd at Bnai Israel from 11:00 AM to 4:00 PM

Variety of vendors and crafters - all in one place!

Gift items, "kid items", jewelry and food will be for sale. Tell your friends and neighbors! A generous portion of each sale will be donated to BINA High School. For more information, please contact Andie Pollock.

CEMETERY CLEANUPS: DECEMBER 10TH

BNAI ISRAEL CEMETERY

On Sunday December 10th, we are looking for volunteers to come out to the B'nai Israel cemetery. Most of the work will be removing overgrowth. We will plan to be there from 9:30 to noon. Please bring equipment and see Rabbi Haber or Adam Goldberg for more details. Following this project...

MIKRO KODESH CEMETERY

Grave Grooming Sunday, December 10 | 12:30pm 2295 Berkley Ave, Chesapeake
We need your help! Bring your friends, gardening gloves, and rakes because the Mikro Kodesh (aka the Berkley Cemetery) in Chesapeake has become overgrown with weeds and unruly shrubs. Perform a mitzvah with Hands on Tidewater, December 10 at 12:30pm. Street parking is available off Kemet Rd. Rain date: January 7.

BINA HIGH SCHOOL PRE-CHANUKA CELEBRATION

Monday, December 11th

Start your Chanuka celebrations a day early! Come spend an evening relaxing with family, friends, & community. The menu will be:

Chicken Lo Mein

Hot Dogs for kids

Salad

Vegetable

Latkes

Sufganiyot

Ices

Prices: Adults: \$12.50 Children (4 - 11 years): \$7.50 Family Price: \$55.00

Please RSVP to BINA HIGH SCHOOL: 627-2462 or to apollock@binahighschool.com

CHAI KIDDUSH - CHANUKA EDITION

Shabbos, December 16th

Join the Bnai Israel family in celebrating Chanuka by becoming a sponsor of the Chai Kiddush. Each sponsorship is \$18.00. Please have your sponsorships into the Bnai Israel office by Thursday, December 14th.

"HANUKAH ON ICE"

Motzei Shabbos, December 16th at 7:00 PM

Teddy Bear Toss, Post-game Skate with the Players, Candle Lighting Ceremony and Kosher Food (under the Vaad HaKashrus of Tidewater).

The Norfolk Admirals vs. the Orlando Solar Bears

\$14 per ticket. To purchase go to admiralgrouops.com, enter code: B'NAI

Tickets are **NOT** available on day of game, pick up is at "Will Call"

For more information, please contact sami@norfolkadmirals.com or (757) 640-1212, Ext. 24

4TH ANNUAL KOLLEL PARTY

Sunday, December 17th at 6:30 PM

Join the Kollel for music, Chanuka crafts, delicious food, exciting stories and moving Divrei Torah. Cost: \$8.00 per person, Family: \$40.00

KABBALAH

Join the Norfolk Kollel for a 6 week Kabbalah course. Discover ancient mystical Jewish teachings and how they apply to our lives today.

All the classes will take place at the Simon Family JCC. There are two options:

1) **Tuesday Evenings at 7:30 PM** (Evening class dates are December 5, 12, 19, January 9, 16, and 23)

2) **Wednesday Lunch at 12:30 PM** (Remaining day class dates are: December 6, 13, 20, January 10, and 17) There will be boxed lunches available for \$8.00.

For more information, please contact Rabbi Gavriel Rudin at 757-386-3274 or email him at rabbirudin@norfolkkollel.com

Thank You to our Contributors

To Frances Berger & Nathan Berger for their contribution in memory of Bernard (Buddy) Kahn.

To Kevin & Amy Lefcoe for their contribution in memory of Amy's grandfather, John Henry Ehrlich.

To Henrietta Schatz for her contribution to the Bnai Israel Congregation.

To Aaron & Ruth Cohen for their contribution to the Bridge-Sturman Fund for the Refuah Shelaima of Rabbi Sholom Mostofsky.

To Aaron & Ruth Cohen for their contribution to the Bridge-Sturman Fund for the Refuah Shelaima of Jackie Richels.

For the Week of Shabbos, December 2nd through Friday, December 8th

BIRTHDAYS

Gila Chava Einhorn		12/2	Yosef Harpaz	12th	12/5
Nechama Stein	3rd	12/2	Yaakov Shalom Ohana	3rd	12/5
Helen Aleck		12/4			

ANNIVERSARIES

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YAHRTZEITS

Marcus Aronoff	12/2	Louis Weisman	12/4	Doris Pollock	12/6
Anne Kessler	12/2	Bernard Barban	12/5	Charles Meyer	12/7
Morton Samuels	12/2	Leonard Legum	12/5	Ethel Schwitzer	12/7
Sarah Soroko	12/2	Jerry Malbin	12/5	Kathleen Low	12/8
Dorothy Goldstein	12/4	Emilia Schloss	12/5	A. Sol Weger	12/8
Joseph A. Goldstein	12/4	Charles Gelb	12/6	Abraham Wellman	12/8
Morris Kurzer	12/4	Jacob Kreger	12/6		

REFUAH SHELAIMA

Women

Men

Shoshana bas Miriam Vittel Zilke bas Leah Leah Adina bas Chaya Esther Yochana bas Chana Nava bas Fruma Leah Basha Leiba bas Baila Fruma Simcha bas Tzipporah Malka Esther bas Devorah Devorah bas Ruchel Sara Bas Sara Miriam Rochel bas Chava Elisheva Kayla Dodie bas Rochel Bracha Rochel Bracha bas Baila Tirtze Sorah bas Rochel Bracha Rivka Tehilla bas Sarah Hinda bas Dena Shula bas Carmela Eliana Chaya bas Nacha Adi Simcha bas Penina Leah Gilsom Gila bas Tzipporah Tzipporah bas Gilsom Gila Aida Batya bas Etta Chaya Tova Gittel bas Shulamis Sima Elka Gittel bas Basya Chana Yitta bas Bryna Yehudis bas Irma Bayla Mishka bas Devora Malka Chana bas Ruchel Miriam bas Tzipora Chaya Raizel bas Dena Chana bas Sarah Devora Leah bas Civet Elkie Samecha Yehudis bas Esther	Reva Raza bas Malka Shoshana bas Netta Adi Bat Miriam Chana Leah bas Fraydel Ruth bas Sarah Chaya bas Ruchel Tinokes bas Esther Hadassah Sheva bas Rivka Chaya Ruchel bas Zeld Shira bas Sarah Nechama Getzel bas Rachel Ruchama Malka Briendel bas Shaina Shifra Miriam bas Chava Leah Aviva bas Masha Rochel bas Tova Chaya Rochel bas Esti Rivka Rivka bas Chaya Ruchel Rivka bas Yocheved Tzippora Aviva bas Rivka Devora Rivka bas Tzipora Raizel Shoshana bas Faiga Leah Chana Shifra bas Freidel Orly Rachel Bat Yehudit Rus Leah Rivka bas Sarah Yehudis bas Chana Leah Tye Miriam bas Zehavit Yehudis Sima bas Alta Ruchel Chaya bas Ruchel Chana Rochel bas Sara Ginendal Sarah bas Perel Devorah Rivka bas Tzipora Chana Bracha bas Sara	Shalom Boruch ben Masha Yehuda ben Chasha Ruchel Moshe Yechezkel Halevi ben Sara Malka Reuven Simcha ben Naomi Rus Yonah Michael Alter ben Esther Sarah Shlomo Yaakov Yonason ben Chana Raizel Aryeh Nachman HaCohen ben Ita Shlomo ben Tzipporah David Shlomo ben Rivka Tehilla Noach HaLevi ben Miriam Koppel ben Bayla Yonatan ben Rivka Abraham ben Iza Yoel Meir ben Chaya Yehudah Ben Batya Rafael Messod ben Naomi Sarah Eliezer ben Sara Avraham Beryl HaLevi ben Miriam Yissachar ben Rachel Binyamin Leib ben Rachel Chana Zecharia Avraham ben Devorah Rivka Nosson Yitzhak Ben Leah Moshe ben Raizel Eliezer ben Penina Kaila Meir Yehoshua ben Penina Kaila Beryl ben Chava Shmuel Yeruchem ben Baila Eitan ben Sarah Yehoshua ben Nechama Aliza Menachem ben Tzipka Avraham ben Chana Asher Eliyahu ben Leah Akiva Hillel Ben Cooki Tziporah Feige Gittel Yehuda Herschel ben Chaya Leah Dovid Leshem ben Esther	Chaim Yaakov Dovid ben Avigail Abba ben Tzipora Pesach ben Baila Dovid Avraham ben Miriam Yosef Aaron ben Keren Shoshana Robert ben Jean Rachmiel Leib ben Mordechai HaLevi Chaim Rafael Yoel ben Shayna Golda Daniel Yosef ben Miriam Aaron Emanuel ben Tzippora Michael Dovid ben Rivka Moshe Yosef ben Esther Reuven HaCohen ben Sarah Eitan Shmuel bas Chana Leah Eliezer Yehuda ben Chana Shaindel Yisroel Shmuel ben Sarah Chaim Avraham ben Feiga Chaim Shmuel ben Rivka Eliyahu Aron ben Hudel Sholom Yehuda ben Fayga Tinok ben Rochel Shlomo Yoel ben Chaya Leah Chanina Getzl ben Chana Fradel Meyer Yisroel Hirsch ben Zahava Zippora Yitzchak ben Emma Shlomo ben Naomi Eliyahu Yaakov ben Sarah Roiza Yitzhak Mordechai ben Yehudis Sima
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THE B'NAI ISRAEL CALENDAR AT A GLANCE

Week of December 3rd through December 9th

Sunday, December 3rd: BINA Gift Bazaar in Richels Hall at Bnai Israel

Week of December 10th through December 16th

Monday, December 11: Bina High School Pre-Chanuka community celebration in Richels Hall at Bnai Israel

Tuesday, December 12th: First night of Chanuka

Shabbos, December 16th: Chai Kiddush: *Chanuka Edition*

Motzei Shabbos, December 16th: *Chanuka on Ice with the Norfolk Admirals* at Scope. Tickets are \$14 each with code: Bnai.

Week of December 17th through December 23rd

Sunday, December 17: Norfolk Kollel Chanuka Celebration in Richels Hall at Bnai Israel.

Tuesday, December 19th: Last night of Chanuka

Week of December 24th through December 30th

Monday, December 25th: Chasuna of Leah Mostofsky & Eli Krischer

Thursday, December 28th: Asara B'Teves (Fast Day)

Shabbos, December 30th: Shalosh Seudos Sheva Brachos - Leah & Eli in Richels Hall at Bnai Israel

Week of December 31st through January 6th

HE WHO FIGHTS ANGELS AND WINS

By Rabbi Sender Haber

Yaakov fought with an angel and won. As he left he was given the name "Yisroel" which basically means "he who fought with an angel and won."

This should strike us as a little bit strange. When Avram's name was changed to Avraham, we took it very seriously. Nobody calls Avraham Avram or Sarai Sara or Yehoshua Hoshea, but Yaacov is different. Everyone calls him Yaacov. He kept his first name and even the Torah refers to him as Yaacov many times after the change.

The Maharsha explains that Avrohom completely changed when he received his new name. Avram could not have children. Avraham could. Avram was limited to Aram. Avraham would have influence over the entire world. The same applied to Sarah.

Yaacov was different. He was given the name Yisroel because he won the battle, but that didn't change his entire persona. We are human. Sometimes we win and sometimes we don't. The very next morning Yaacov met with Eisav contritely. He bowed before him he called himself a servant. He gave him gifts and as if he owed them.

What happened to the man who fights with angels?!

Rav Avraham Shmuelevitz explains that we need to get used to this in life. We don't just beat the bad guy once and then relax for the rest of our days. We are in a constant battle with the Yetzer Hora and with ourselves. Every day is a struggle to do what is right. We think that it is easy for great people, but even Yaacov had to deal with Eisav and the Torah tells us that even he was scared.

Someone once asked Rav Elyashiv if the Yetzer Hora – the inclination to sin - gets weaker with age. He responded with total seriousness: "The first hundred years are the hardest".

We go through our lives waiting for life to get easy. Life does get better, it gets more fulfilling, and it gets happier, but it does not necessarily get easy.

That is the lesson of Yaacov's name. He beat the angel and earned the name Yisroel, but he remained Yaacov.