



This week's kiddush is sponsored by in honor of Irene Ullman's upcoming 80th birthday by her children: Michael, Eric & Wendy.



Shalosh Seudos is sponsored by Dr. Behrooz & Trudy Dayanim in memory of Behrooz's sister, Farangis Dayanim on her yahrtzeit.

Schedule for the week

<u>Friday, June 30th (6th Tamuz)</u>		<u>Tuesday, July 4th (10th Tamuz)</u>	
Shabbos Candle Lighting	7:00 P*	Daf Yomi	7:00 A
Mincha/Kabalas Shabbos/Maariv	7:00 P	Shachris	8:00 A
Shabbos, July 1st (7th Tamuz)		Minchah / Maariv	8:10 P
Shachris	9:00 A	Daf Yomi - right after Maariv	
PLEASE SEE PAGE 2 FOR ADDITIONAL SHABBOS CLASSES			
Women's Shabbos Class at Itzhak home	5:00 P	Daf Yomi	6:00 A
Daf Yomi	7:00 P	Shachris	7:00 A
Pirkei Avos Class with Rabbi Haber	7:10 P	Minchah / Maariv	8:10 P
Mincha	8:00 P	Rabbi Goder Beis Medrash - after Maariv	
Maariv / Havdala	9:14 P	Daf Yomi - after Maariv	
Sunday, July 2nd (8th Tamuz)		Thursday, July 6th (12th Tamuz)	
Daf Yomi	7:00 A	Daf Yomi	6:00 A
Shachris	8:00 A	Shachris	6:45 A
Mincha / Maariv	8:10 P	Minchah / Maariv	8:10 P
Monday, July 3rd (9th Tamuz)		Daf Yomi - after Maariv	
Daf Yomi	6:00 A	Friday, July 7th (13th Tamuz)	
Shachris	6:45 A	Daf Yomi	6:00 A
Mincha / Maariv	8:10 P	Shachris	7:00 A
Daf Yomi - right after Maariv		Shabbos Candle Lighting	7:00 P*
Partners in Torah @ JCC	8:15 P	Mincha/Kabalas Shabbos/Maariv	7:00 P

**Until September 15th we will be making an early Shabbos with Mincha at 7:00 PM.*

Candle Lighting will be at 7:00 PM, but no later than 7:20 PM.

CLASSES FOR EVERYONE

DAF YOMI

Morning Class: Sundays at 7:00 AM

Weekdays at 6:00 AM with Rabbi Loiterman

Evening Class: Sunday through Thursday after Ma'ariv

Shabbos & Yom Tov: both classes meet together one hour before Mincha with Rabbi Loiterman

SHABBOS LEARNING FOR BOYS

Grades 5th - 8th Gemara class with Rabbi Harpaz at his home at 3:00 PM

Grades 1st - 4th with Rabbi Lipman at shul 30 minutes before Mincha

Grades 5th - 9th Mishnayos Shiur with Rabbi Harpaz at shul 30 minutes before Mincha.

PIRKEI AVOS WITH RABBI HABER

Shabbos afternoons, 50 minutes before Mincha

How Pirkei Avos influenced the lives of the Rebbes; how Pirkei Avos should influence our lives.

PARTNERS IN TORAH:

Mondays from 8:00 PM to 9:00 PM

For both men and women, meets at the JCC in Room 238

Women's Learning Class

Tuesdays 12:00 Noon - no class from June 27th till July 11th

Deepening your Emunah through the 6 constant mitzvos based on the teaching of Rabbi Noach Weinberg, zt"l

TALMUD CLASSES - 75 minutes before Mincha

Tuesday evenings: With Gershon Aronoff - Megilla

RABBI GODER OPEN BEIS MEDRASH LEARNING NIGHT

Wednesdays after Maariv at B'nai Israel

Join one of several informal study groups being offered.

WOMEN'S SHABBOS CLASS

Shabbos, June 24th at 5:00 PM

This week's Women's Shabbos class will take place at the home of Shira Itzhak.

This week's class will be given by one of the young women from Project SEED.

THE SEED GIRLS

Our SEED girls are here until Sunday, July 23! They will be at Partners in Torah every Monday and will host a women's program every Tuesday at 7:00 PM. Please make every effort to meet them while they are here and to attend their programming. If you would like to host them for a meal, please contact Rivki Katz.

DISCOVERY PROGRAM: WHY BE JEWISH IN THE 21ST CENTURY

Monday July 10th - Mincha at 6:30 PM followed by the Seminar at Bnai Israel

On Monday, July 10th, please join the Norfolk Kollel as they host a Discovery Seminar. Discovery is a popular and powerful seminar which explores the basis of the Jewish belief.

Over one hundred thousand Jewish worldwide have been amazed by Discovery's intelligent and fascinating presentation of Judaism and its relevance today.

Leading the Discovery seminar is Rabbi Ariel Shoshan. Rabbi Shoshan has been the Rabbi of Ahavas Torah, the Scottsdale Torah Center since its 2004 founding. A native of Chicago, Rabbi Shoshan is a graduate of both Ner Israel Rabbinical College and the University of Maryland - Baltimore County. He served as the director of the Phoenix Community Kollel from 2002 through 2007 and is a member of the teaching faculty at both Yeshiva High School of Arizona and Torah Day School of Phoenix. In recent years, he had lectured extensively for Shearim Torah High School, Ner L'Elef Rabbinic Training, JAC (Jewish Arizonans on Campus), and for communities in 13 states and four countries. For more information about this seminar, please contact the Norfolk Kollel.

On **Wednesday, July 12th**, Rabbi Shoshan will give a special talk: *Why I gave up a kidney: Feeling for others*. A meaningful talk to begin the "Three Weeks."

LAUGHTER ON THE LAWN

Elon Gold, an observant Jewish comedian, will be visiting Virginia Beach as part of his Pro-Semite tour. He has been featured and hosted in many prestigious venues including the Chabad Telethon and performed at the UN and AIPAC.

Laughter on the Lawn is free and open to the entire community and will be held on the back lawn of the Simon Family JCC on Thursday, August 3, at 6:30 PM.

Supervised kosher sushi, a spiked lemonana, and drinks will be available for purchase. An RSVP is required due to limited seating. For more information, or to RSVP, please visit www.laughteronthelawn.gr8.com

CEMETERY ACCESS

There is now a lock on the Bnai Israel Cemetery. For access, or any questions about the cemetery, please contact the office or Rabbi Haber.

HANDS-ON CEMETERY COMMITTEE

As part of our ongoing cemetery refurbishment project, we are assembling a group of volunteers to join us on Sunday mornings during the summer to clean up landscaping and repair stones. Please register your interest with the office or Rabbi Haber.

Thank You to our Contributors

To Joe & Irene Weintrob for their contribution of a siddur in honor of the 80th birthday of Irene Ullman.

To Irene Ullman for her contribution in honor of Michal Raizel Murkoff - granddaughter of Rabbi Sholom & Tehilla Mostofsky.

To Mr. & Mrs. Benjamin Berlin for their contribution in honor of Rabbi Haber and the team who went to the OU Community Fair.

To Ellyn-Mae Friedman for her contribution in honor of Irene Ullman's big birthday.

To Susan Wilson for her contribution in honor of Michal Raizel Murkoff - granddaughter of Rabbi Sholom & Tehilla Mostofsky.

To Irene Mazel for her contribution to the Cemetery Fund in memory of her brother-in-law, Philip Mazel.

To Irene Mazel for her contribution in honor of her grandson, Jacob Daniel Mazel, on his graduation from Yeshiva University. Jacob is the son of Dr. David and Jodi Mazel.

To Jeanene Anker for her contribution in honor of Yehudah & Helen Griffin for their Shabbos hospitality.

To Roberta Alperin for her contribution of a Siddur in honor of Irene Ullman's 80th birthday.

To Henrietta Schatz for her contribution to the Yahrtzeit Fund in memory of her husband Jack Schatz and her sister-in-law, Judith Schatz.

To Dr. David & Pnina Rosenberg for their contribution of a Siddur in memory of Pnina's father, Tzion ben Soshana.

To Dr. David & Pnina Rosenberg for their contribution of a Siddur in memory of Pnina's mother, Hana bat Yamna

To Rabbi & Mrs. Sender Haber for their contribution in memory of Mrs. Toba Rita Spitzer, mother of Alex Pomerantz.

To Drs. Gary Siegel and Laurie Goldsticker for their contribution in honor of Yehudah & Helen Griffin.

To Drs. Gary Siegel and Laurie Goldsticker for their contribution in honor of Irene Ullman's 80th birthday.

To Lichrisha Harris for her contribution to Bnai Israel.

To Kevin Snashall for his contribution to the Kiddush Club.

To Kevin Snashall for his contribution to the BISLI program (Children's Shabbos program).

To Kevin Snashall for his contribution to the Bnai Israel General Fund.

To Kevin Snashall for his contribution to the classes held at Bnai Israel

To Kevin Snashall for his contribution to the Eruv Fund.

For the Week of Shabbos, July 1st through Friday, July 7th

BIRTHDAYS

Gershon Aronoff		7/1	Irene Ullman		7/4
Malka Edery	18th	7/1	Dovid Shimon Litt	3rd	7/5
Hannah Rosalie Yarow		7/1	Benn Richels		7/5
Jeffrey Brooke		7/2	Nat Sims		7/6
Elisheva Rena Mostofsky	20th	7/3			

ANNIVERSARIES

Rabbi & Mrs. Shmuel Katz	6th	7/3
Mr. & Mrs. Robert Bloch	30th	7/5

YAHRTZETS

Tzion Keter	7/1	David Saks	7/4
Molly Schwartz	7/1	Samson Frohlich	7/5
Belle Wellman	7/1	Bernard Loren	7/6
Nandor Lazar	7/2	Samuel Wellman	7/6
Benjamin Jack Levy	7/2	Sylvia Sandler Levy	7/7
Louis M. Buckman	7/3		

REFUAH SHELAIMA

Women

Shoshana bas Miriam	Devora Leah bas Civet Elkie
Vittel Zilke bas Leah	Samecha Yehudis bas Esther
Leah Adina bas Chaya Esther	Reva Raza bas Malka
Yochana bas Chana	Shoshana bas Netta
Nava bas Fruma Leah	Adi Bat Miriam
Basha Leiba bas Baila Fruma	Chana Leah bas Fraydel
Simcha bas Tzipporah	Ruth bas Sarah
Malka Esther bas Devorah	Chaya bas Ruchel
Devorah bas Ruchel	Tinokes bas Esther Hadassah
Sara Bas Sara	Sheva bas Rivka
Miriam Rochel bas Chava Elisheva	Chaya Ruchel bas Zelda
Kayla Dodie bas Rochel Bracha	Shira bas Sarah
Rochel Bracha bas Baila	Nechama Getzel bas Rachel
Tirtze Sorah bas Rochel Bracha	Ruchama Malka Briendel bas Shaina
Rivka Tehilla bas Sarah	Shifra
Hinda bas Dena	Miriam bas Chava
Shula bas Carmela	Kayla Devora bas Shayna Meryl
Eliana Chaya bas Nacha	Leah Aviva bas Masha
Adi Simcha bas Penina Leah	Rochel bas Tova
Gilsom Gila bas Tzipporah	Chaya Rochel bas Esti Rivka
Tzipporah bas Gilsom Gila	Rivka bas Chaya Ruchel
Aida Batya bas Etta	Rivka bas Yocheved
Chaya Tova Gittel bas Shulamis Sima	Tzippora Aviva bas Rivka
Elka Gittel bas Basya	Devora Rivka bas Tzipora
Chana Yitta bas Bryna	Yehudis Sema bas Alta Ruchel
Yehudis bas Irma	
Bayla Mishka bas Devora	
Malka Chana bas Ruchel	
Miriam bas Tzipora	
Chaya Raizel bas Dena	
Chana bas Sarah	

Men

Shalom Boruch ben Masha	Akiva Hillel Ben Cooki Tziporah Feige
Yehuda ben Chasha Ruchel	Gittel
Moshe Yechzekel Halevi ben Sara Malka	Yehuda Herschel ben Chaya Leah
Reuven Simcha ben Naomi Rus	Dovid Leshem ben Esther
Yonah Michael Alter ben Esther Sarah	Chaim Yaakov Dovid ben Avigail
Shlomo Yaakov Yonason ben Chana Raizel	Abba ben Tzipora
Aryeh Nachman HaCohen ben Ita	Pesach ben Baila
Shlomo ben Tzipporah	Dovid Avraham ben Miriam
David Shlomo ben Rivka Tehilla	Yosef Aaron ben Keren Shoshana
Noach HaLevi ben Miriam	Robert ben Jean
Koppel ben Bayla	Rachmiel Leib ben Mordechai HaLevi
Yonatan ben Rivka	Yehuda Sema ben Alta Ruchel
Abraham ben Iza	Chaim Rafael Yoel ben Shayna Golda
Yoel Meir ben Chaya	Daniel Yosef ben Miriam
Yehudah Ben Batya	Aaron Emanuel ben Tzippora
Rafael Messod ben Naomi Sarah	Michoel Dovid ben Rivka
Eliezer ben Sara	Moshe Yosef ben Esther
Avraham Beryl HaLevi ben Miriam	Reuven HaCohen ben Sarah
Yissachar ben Rachel	Eitan Shmuel bas Chana Leah
Binyamin Leib ben Rachel Chana	Eliezer Yehuda ben Chana Shaindel
Zecharia Avraham ben Devorah Rivka	Yisroel Shmuel ben Sarah
Nosson Yitzhak Ben Leah	Yehudah ben Chana Leah
Moshe ben Raizel	Chaim Avraham ben Feiga
Eliezer ben Penina Kaila	Chaim Shmuel ben Rivka
Meir Yehoshua ben Penina Kaila	Eliyahu Aron ben Hudel
Beryl ben Chava	Sholom Yehuda ben Fayga
Shmuel Yeruchem ben Baila	Tinok ben Rochel
Eitan ben Sarah	Shlomo Yoel ben Chaya Leah
Yehoshua ben Nechama Aliza	Chanina Getzl ben Chana Fradel
Menachem ben Tzipka	
Avraham ben Chana	
Asher Eliyahu ben Leah	

THE B'NAI ISRAEL CALENDAR AT A GLANCE

Week of June 18th through 24th

Shabbos, June 24th: Rosh Chodesh Tamuz

Shabbos, June 24th: Kiddush - In honor of Michal Raizel Murkoff and the entire Mostofsky family.

Shabbos, June 24th: Shalosh Seudos in memory of Farangis Dayanim by Dr. Behrooz & Trudy Dayanim

Week of June 25th through July 1st

Sunday, June 25th: Rosh Chodesh Tamuz

Monday, June 26th: Start of Camp Ruach at Bnai Israel

Shabbos, July 1st: Kiddush in honor of Irene Ullman's 80th birthday

Week of July 2nd through July 8th

Monday, July 3rd - Friday, July 7th: Camp Ruach continues

Shabbos, July 7th: Kiddush by Toras Chaim

Week of July 9th through July 15th

Monday, July 10th - Friday, July 14th: Camp Ruach continues

Monday, July 10th - Discovery Program with Rabbi Ariel Shoshan

Tuesday, July 11th - Fast Day: Shiva Asar b'Tamuz, beginning of "The Three Weeks"

Wednesday, July 12th - "Why I gave up a kidney: Feeling for others," a meaningful talk to begin the "Three Weeks" with Rabbi Ariel Shoshan

Week of July 16th through July 22nd

Monday, July 17th - Friday, July 21st: Camp Ruach (camp ends on July 21st)

Week of July 23rd through July 29th

Week of July 30th through August 5th

Monday, July 31st: Erev Tisha B'Av - reading of Eicha

Tuesday, August 1st: Tisha B'Av

Thursday, August 3rd: Laughter on the Lawn - with Elon Gold.

Stay the Course

By Rabbi Sender Haber

The Jewish people complained to Moshe that they had no water and Hashem told Moshe Rabbeinu to speak to a rock. Moshe, we are told, did not do exactly as he was commanded, rather than speaking to the rock he hit the rock.

Why didn't Moshe speak to the rock as commanded? After all, Hashem had said 'vedibartem el haselah' "speak to the rock"?

Rashi explains that Moshe did try speaking to the rock. He spoke to the rock in front of all of those complaining Israelites – but nothing happened. Moshe had to reconsider. This was an awful moment. The Jews were complaining and threatening to go back to Mitzrayim. He was trying to convince them otherwise, and it wasn't working.

Moshe decided that when Hashem said to speak to the rock he had meant to speak with it in rock language. After all, you can't have an effect on a rock by speaking to it. He took his staff – which Hashem had told him to bring – and hit the nearest rock. Sure enough, water came out.

Imagine that you are trying to get soda out of a soda machine. You put in your money but nothing comes out. You might start by calling the number on the machine and davening softly, but eventually you will just give in and kick the machine. We all do it.

Rav Elimelech Resnick of the Mir Yeshiva explains that Moshe Rabbeinu should never have given in. Hashem said, "I am punishing you because you did not believe in Me, to sanctify Me". Moshe should have stuck with the word of G-d.

Someone once came to Rav Elyashiv and quoted the Gemara that says that a person who has bad middos can't learn Torah properly. He explained that he knew a Torah scholar with bad Middos and suggested an alternate explanation of the Gemara.

Rav Elyashiv said: You may have the wrong understanding of a Torah scholar or the wrong understanding of Middos, but the Gemara is right. You can't just find an alternate explanation because the one you know of doesn't seem to be working. You need to have a little more Emunah, a little more faith.

I was once in the kosher section of Farm Fresh. There was a woman walking up and down the aisles who was clearly not Jewish and not a regular Kosher eater. I didn't know if she was looking for Gefilte Fish or Kishke or just the proper way to spell Keneidel. When she became aware of the rabbi in her midst she approached me for help.

She was looking for hamentachen. There were none in Farm Fresh, but I helpfully suggested that she make some on her own. I told her to use an upside down glass to cut the dough into circles and to put jelly in the middle of each circle. She looked at me like I was crazy. "No", she said, "they are supposed to be fruit filled triangles; not jelly filled circles". I tried to explain, but she walked away.

I tried to think about why it bothered me so much that this woman was going to make her hamentachen wrong. She was making them for a church group in the middle of June. Why was I being so frum about them?

I realized that it was probably because I felt like I had the true tradition in Hamentachen. The process and methodology that I shared with her came from my mother and presumably my grandmother and great-grandmother. We've been making hamentachen for thousands of years and will not take kindly to some woman in Farm Fresh reinventing the wheel (or the triangle).

Hamentachen are not very important, but so much of our tradition is. We have mitzvos and words of wisdom that have come from hashed, changed the world and withstood the test of time. Sometimes we get discouraged and frustrated, even embarrassed. We need to think of Moshe talking to the rock with all of the Jewish people grumbling. Nothing was happening but he should have stayed the course and continued talking.

We need to remember not to lose faith and to remain strong in following the ways of Hashem. We also need to thank Hashem for making it work and helping us out even when we falter.

Good Shabbos.