



Mazel Tov to Adina Mostofsky on her Shabbos Kallah & her upcoming wedding

This Shabbos's Kiddush is sponsored by Dr. Behrooz & Trudy Dayanim in memory of Yechezkel ben R' Meir Moshe Dayanim (Behrooz's brother and Tavas bas Yechezkel Dayanim (Behrooz's mother)



The Shalosh Seudos this week is sponsored by the Bnai Israel community in honor of the Sheva Brachos of Eliana & Merric Srour

Schedule for the week

Friday, December 30th (1st Teves)

Rosh Chodesh Teves/6th Day of Chanuka/7th Night

Early Mincha	12:45 P
Mincha/Kabalas Shabbos/Maariv	4:35 P
Chanuka Lighting	after 3:58 P
Shabbos Candle Lighting	4:40 P
Oneg & Siyum at Haber Household	

Shabbos, December 31st (2nd Teves)

7th Day of Chanuka / 8th Night

Shachris	9:00 A
BISLI	10:00 A
Shabbos Kallah at Mostofsky	2:30 P
Daf Yomi	3:30 P
Mincha	4:30 P
Maariv/Havdala	5:42 P

Sunday, January 1st (3rd Teves)

8th Day of Chanuka

Daf Yomi	7:00 A
Shachris	8:00 A
Mincha/Maariv	4:45 P

Monday, January 2nd (4th Teves)

Daf Yomi	6:00 A
Shachris	6:45 A
Mincha /Maariv	4:45 P
Late Maariv	7:50 P
Daf Yomi - right after Late Maariv	
Partners in Torah (JCC)	8:00 P

Tuesday, January 3rd (5th Teves)

Daf Yomi	6:00 A
Shachris	7:00 A
Tehillim Class for Women	12:00 N
Minchah / Maariv	4:45 P
Gemara Shiur	6:00 P
Late Maariv	7:50 P
Daf Yomi - right after Late Maariv	

Wednesday, January 4th (6th Teves)

Daf Yomi	6:00 A
Shachris	7:00 A
Minchah / Maariv	4:45 P
Late Maariv	7:50 P
Daf Yomi - right after Late Maariv	

Thursday, January 5th (7th Teves)

Daf Yomi	6:00 A
Shachris	6:45 A
Mincha / Maariv	4:45 P
Parsha Prep with the Kollel	7:00 P
Late Maariv	7:50 P
Daf Yomi - right after Late Maariv	

Friday, January 6th (8th Teves)

Daf Yomi	6:00 A
Shachris	6:45 A
Mincha/Kabalas Shabbos/Maariv	4:45 P
Shabbos Candle Lighting	4:46 P

CLASSES FOR EVERYONE

DAF YOMI

Morning Class: Sundays at 7:00 AM,
Weekdays at 6:00 AM with Rabbi Loiterman

Evening Class: Sunday through Thursday after Ma'ariv
Shabbos and Yom Tov: both classes meet together one hour before Mincha with Rabbi Loiterman

PARTNERS IN TORAH

Mondays from 8:00 PM to 9:00 PM
Partners in Torah, **for both men and women**, now meets at the JCC, in Room 238.

TEHILLIM CLASS FOR WOMEN

Tuesdays at noon

Join Amy Lefcoe and other women of the community as they delve into the meaning of the Psalms of King David.

TALMUD CLASSES

Tuesday evenings: With Gershon Aronoff - Megilla

GODER OPEN BEIS MEDRASH LEARNING NIGHT

Wednesdays after Maariv at B'nai Israel
Join one of several informal study groups being offered.

PARSHA PREP WITH THE NORFOLK KOLLEL THURSDAYS AT 7:00 PM

Get ready for Shabbos with a good vort.
Open to both men and women

SHABBOS SHEVA BRACHOS FOR YUDI & ADINA NATHAN

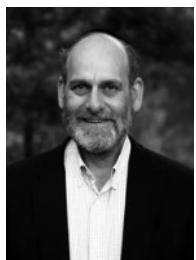
Shabbos Chanuka, January 7th

The B'nai Israel community will be hosting shalosh seudos Sheva Brachos on January 7th in honor of Yudi & Adina (Mostofsky) Nathan. Please consider contributing by making a dish at shul or becoming a sponsor for this event. Please contact Chamie Haber for more information.

"Unwrapping the Gift"

January 15th at 7:00

Join us as we spend an evening with Rachel Goldbaum, exploring the benefits and blessings of observing the traditional practices of Jewish marriage.



TIDEWATER TOGETHER: COMMUNITY SCHOLAR IN RESIDENCE PROGRAM

February 2 - 5, 2017

The annual Tidewater Together Scholar in Residence program will be featuring Mr. Alan Morinis of The Mussar Institute. The opening program on Thursday, February 2, 2017, will be taking place at B'nai Israel. More details will be available as the time comes closer.

DATE WITH THE STATE - RICHMOND GENERAL ASSEMBLY

Wednesday, February 8, 2017 From 7:00 AM to 4:00 PM

The Governor, Lieutenant Governor & Attorney General have all been invited. Will you be there to meet them and make our collective voice heard? Share and discuss issues important to you, our Jewish community & Hampton Roads: Support for our institutions serving the elderly & impoverished • Social services Health care • The Virginia-Israel Advisory Board • And More!

B'NAI ISRAEL SCHOLAR IN RESIDENCE PROGRAM

February 10 - 11, 2017 (Parshas Beshalach / Tu B'Shevat)

Rabbi Menachem Nissel, an acclaimed author and teacher will be joining us as our scholar in Residence. Please mark your calendars. We are planning a Friday night Oneg, a special Tu B'Shvat Shabbos Lunch and a Melave Malka. More details to come.



THE CANDY CORNER AT BINA

The Candy Corner at BINA is once again open, selling candy wheels which are perfect for hostess gifts. Small wheels are \$12, medium wheels are \$14 and the large wheels are \$16. Please contact Andie Pollock directly or email info@binahighschool.com to order.

Thank You to our Contributors

To Dr. & Mrs. Robert Centor for their donation to the Cemetery Fund in memory of Sam & Giza Horowitz

To Gregg & Rena Trestman for their donation of a sidur in memory of Michael Wolasky, Rena's father.

To Stuart Brenner for his donation in memory of Marcus Aronoff, his uncle

To Eileen Berman for her donation in memory of her mother, Mitzi Berman

To Suzanne & Jack Voystock, Shayna & Jacob Mazel for their donation in memory of their grandfather, William Mazel on his yahrtzeit. May his neshama have an aliya.

To Rabbi & Mrs. Sender Haber to Robert Lehman in memory of his mother, Gladys Lehman.

To Anna Karp for her donation in memory of her daughter, Lisa Karp.

To Gershon & Chana Leah Rothman for their donation to the Eruv Fund in memory of Yoel Blumenthal, brother of Tehilla Mostofsky.



Thank You!

Thank You to everyone who contributed to the 2016 Eruv appeal. It is thanks to you that we have the funds to keep our Eruv updated and operational each and every Shabbos. A particular thank you to families who generously donated \$100 or more: **(list as of 12/30/16)**

Jeanene Anker
Avraham & Patricia Ashkenazi
Jon & Susan Becker
Robert & Darcy Bloch
Jeff & Amy Brooke
Mrs. Esther Sarah Carroll
Yehuda & Chana Chakoff
Aaron & Ruth Cohen
Nathan & Leora Drory
Rabbi Sender & Chamie Haber
Shmuel & Shira Itzhak
Kevin & Amy Lefcoe
Rabbi Gershon & Sara Litt
Joey & Carol Miller
Michael & Marcy Mostofsky
Rabbi Shalom & Tehilla Mostofsky
Jason & Dr. Alison Ohana
Benn & Jackie Richels

Gershon & Chana Leah Rothman
Mrs. Ruth Rothman
Dr. Gedalia & Jodi Schwartz
Barney & Bette Lou Siegel
Drs. Gary & Laurie Siegel
Larry & Pam Sifen
Jordan & Laurie Slone
Norman & Dorothy Slone
Kevin & Brenda Snashall
Rabbi Yisroel & Michal Stein
Rabbi Avraham Moshe & Leah Weinreb
Dr. Michael & Brina Weissman
Ken & Debbie Wilson
Mrs. Susan Wilson
Aharon & Baila Zharnest
Mike & Naomi Zelikovich
Mr. Herb Zukerman

A Special thank you as well to Rabbi Mostofsky, Gershon Aronoff and the rest of the Eruv team for their constant and consistent dedication to the Eruv.

BIRTHDAYS

Gillian Blais	12/31	Robert Guterman	1/3	Boris Cohen	1/6
Gregg Trestman	12/31	Ayelet Itzhak	1/4	Rivki Katz	1/6
Herbert Zukerman	12/31	Bruce Berman	1/5	Nachman Mostofsky	1/6
Natalie Aron	1/2	Chama Rudin	6th	Jodi Schwartz	1/6

ANNIVERSARIES

Mr. & Mrs. Mikhail Zelikovich	11th	12/31
Rabbi & Mrs. Mordechai Loiterman	20th	1/5

YAHRTZEITS

Marian Coplon Baydush	12/31	Bertha Sutton	1/3
Leon Brodsky	12/31	Michael Alan Miller	1/4
Yechezkel Dayanim	12/31	Rosa Leiderman	1/5
Joseph Goldblatt	12/31	Leah Aronson Slomowitz	1/5
Sylvia Galen	1/1	Bessie Anne Streen	1/5
Louis Beryl Goodman	1/1	Sophia Levinson	1/6
Ralph M. Levy	1/1	Esther Stark	1/6
Morris Baras	1/2		
Lillie Mand	1/2		

REFUAH SHELAIMA

Women

Shoshana bas Miriam	Aida Batya bas Etta
Vittel Zilke bas Leah	Esther bas Devora
Leah Adina bas Chaya Esther	Chaya Tova Gittel bas Shulamis Sima
Yochana bas Chana	Elka Gittel bas Basya
Nava bas Fruma Leah	Shoshana bas Leah
Basha Leiba bas Baila Fruma	Sora bas Miriam Rivka
Zelda Mira bas Fruma Ella	Chaya Ruchel bas Esti Rivka
Simcha bas Tzipporah	Chana Yitta bas Bryna
Malka Esther bas Devorah	Yehudis bas Irma
Devorah bas Ruchel	Bayla Mishka bat Devora
Tzippora Aviva bas Rivka	Malka Chana bas Ruchel
Devorah Rivka bas Tzipora	Miriam bas Tzipora
Miriam bas Etta	Chaya Raizel bas Dena
Sara Bas Sara	Chana bas Sarah
Shulamis bas Sora	Devora Leah bas Civet Elkie
Bryna Leah bas Faiga Rochel	Samecha Yehudis bas Esther
Miriam Rochel bas Chava Elisheva	Chana Shifra bas Freidel
Kayla Dodie bas Rochel Bracha	Reva Raza bas Malka
Rochel Bracha bas Baila	Shoshana bas Netta
Tirtze Sorah bas Rochel Bracha	Miriam Shaindel bas Chava Devora Yutta
Rivka Tehilla bas Sarah	Adi Bat Miriam
Miriam Zelda bas Freida Gittel	Chana Leah bas Fraydel
Hinda bas Dena	Ruth bas Sarah
Shula bas Carmela	Chaya bas Ruchel
Eliana Chaya bas Nacha	Esther Malka bas Sora
Sara Shayna bat Elisheva	Tamar Adina bas Keena Shulamis
Adi Simcha bas Penina Leah	Tinokes bas Esther Hadassah
Chaviva Sarah bas Ahuva Tzivia	
Gilsom Gila bas Tzipporah	
Tzipporah bas Gilsom Gila	

Men

Shalom Boruch ben Masha	Shlomo Yitzchak ben Elka
Yehuda ben Chasha Ruchel	Yehoshua ben Nechama Aliza
Moshe Yechezkel Halevi ben Sara Malka	Menachem ben Tzipka
Reuven Simcha ben Naomi Rus	Avraham ben Chana
Yonah Michael Alter ben Esther Sarah	Asher Eliyahu ben Leah
Shlomo Yaakov Yonason ben Chana Raizel	Chaim ben Ruth
Aryeh Nachman HaCohen ben Ita	Akiva Hillel ben Tzipora Gittel
Shlomo ben Tzipporah	Yehuda Herschel ben Chaya Leah
David Shlomo ben Rivka Tehilla	Dovid ben Chaya
Noach HaLevi ben Miriam	Dovid Leshem ben Esther
Yehuda Pinchas ben Asna	Chaim Yaakov Dovid ben Avigail
Koppel ben Bayla	Abba ben Tzipora
Yonatan ben Rivka	Pesach ben Baila
Yoel Meir ben Chaya	Dovid Avraham ben Miriam
Yoseph Shalom ben Bluma Devorah	Chaim Tzvi ben Golda Gila
Yehudah Ben Batya	Yosef Aaron ben Keren Shoshana
Rafael Messod ben Naomi Sarah	Robert ben Jean
Eliezer ben Sara	Rachmiel Leib ben Mordechai HaLevi
Avraham Beryl HaLevi ben Miriam	Yehuda Sema ben Alta Ruchel
Moshe ben Dovid	Chaim Rafael Yoel ben Shayna Golda
Yissachar ben Rachel	Daniel Yosef ben Miriam
Binyamin Leib ben Rachel Chana	Aaron Emanuel ben Tzippora
Mordechai Chai ben Bracha Yehudis	Shmuel Aharon ben Yehudis
Zecharia Avraham ben Devorah Rivka	Michoel Dovid ben Rivka
Nosson Yitzhak Ben Leah	Moshe Yosef ben Esther
Moshe Avraham ben Minna Masha Chaya	Binyamin ben Pinchus
Moshe ben Raizel	Shmuel ben Rivka
Eliezer ben Penina Kaila	Reuven ben Sarah
Meir Yehoshua ben Penina Kaila	Eitan Shmuel bas Chana Leah
Beryl ben Chava	Eliezer Yehuda ben Chana Shaindel
Shmuel Yeruchem ben Baila	
Eitan ben Sarah	

The Gratitude Attitude

By TorahLab

A great rabbi was once riding in a taxi. As the car approached its destination, the driver, in an effort to honor his esteemed passenger offered to waive the fee. The rabbi declined and insisted on paying the full amount. "If I don't pay you now", he explained, "I will be indebted to you for the rest of my life".

There is more to gratitude than just saying thank you. There is an obligation to appreciate, to recognize that we have been lucky enough to be the recipient of something good. We should realize that we might have just experienced, albeit in a minuscule way, one of the events that will shape the rest of our life.

Chanukah is about praise, we thank God for the miracles that he performs and we advertise it to the world. We sing songs of praise and we eat oily food to remember an amazing chapter in Jewish history.

Together as a nation we thank and praise G-d for the miraculous defeat of a large army in the hands of a small one, of a strong military in the hands of a weak one, and most importantly an unholly nation in the hands of a holy one. And of course we tell the story of the small flask of oil which burnt for no less than eight days.

If praising were easy this would be extremely convenient, but the in truth, praise when it is done correctly, can be one of the most difficult things we ever do.

In order to praise we need to appreciate. It would seem to me that before we can actually praise we need to first realize our potential, praising is about discovering how great we are, what we have been given, and how much we can accomplish. We can only celebrate our great luck after we've seen it in all its glory. Basically, Chanukah is about taking inventory. It is about measuring our potential against our actual efforts and accomplishments.

If I had to pick one line of Maoz Tzur that jumps out at me and sits on my conscience year after year, it would be the second last line of the second last paragraph: "U'menosar kankanim naaseh nes lashoshanim" "And from the remnant of the flasks, a miracle was wrought upon the roses (i.e. Israel)".

All this celebration is credited to the 'remnant of the flasks'.

No massive movement, no imaginative discovery, no great strategies, just some residual oil trying its best to activate its full potential. The Macabbi's too, weren't a mighty or particular-

ly impressive army. They were just a handful of good people who knew what had to be done and did what they could about it.

Gratitude is an acquired trait. Rabbi Moshe Chaim Luzzato in the eighth chapter of his classic, 'Path of the Just', comments that the most effective tool in spiritual growth and consciousness is for a person to develop a sense of awareness of the goodness that surrounds him and great kindnesses that he is constantly experiencing. He goes so far as to say that if a person would realize how truly "lucky" he is and how much good is bestowed upon him every minute of every day, it is inevitable that he will use his newfound wealth in service of God and the people around him.

Inasmuch as praise is a manifestation of gratefulness, we are only capable of praising to the extent that we can appreciate that which we have received.

The Talmud records an age-old argument between two contemporary schools of thought, the house of Shammai and the House of Hillel. According to Beis Shammai, Chanukah should begin with the kindling of all eight candles on the Menorah. Beis Shammai felt that we should waste no time waiting before celebrating the full extent of the miracle. We, however, follow the opinion of Beis Hillel who felt otherwise. We light one candle the first night and add one more every night thereafter. Celebration and praise are levels and goals to be arrived at, one step at a time. Because true praise and admiration can only happen if they are the result of quality time spent in true introspection and appreciation.

And besides, hopefully our inventory taking will inspire us to take positive action, and we all know that growth is most meaningful when we take one step at a time.