



Welcome to all of our Guests

**Kiddush is sponsored by Nathan & Leora Drory in memory of Nathan's mother,
Miriam Drory**

Shalosh Seudos is sponsored by Shalosh Seudos Club

CLASSES FOR EVERYONE

DAF YOMI

Morning Class: Sundays at 7:00 AM, Weekdays at 6:00 AM with Rabbi Loiterman

Evening Class: Sunday through Thursday after Ma'ariv

Shabbos & Yom Tov: both classes meet together one hour before Mincha
with Rabbi Loiterman

SHABBOS LEARNING FOR BOYS—OFF TILL AFTER PESACH

Grades 5th - 8th with Rabbi Harpaz at his home at 3:00 PM

Grades 1st - 4th with Rabbi Lipman at shul 30 minutes before Mincha

Grades 5th - 8th Mishnayos Shiur with Rabbi Harpaz at shul 30 minutes before
Mincha.

PIRKEI AVOS WITH THE CHASSIDIM

How Pirkei Avos influenced the lives of the Rebbes; how Pirkei Avos should
influence our lives. Shabbos Afternoons beginning April 22nd. Class given by
Rabbi Haber.

PARTNERS IN TORAH: OFF TILL AFTER PESACH

Mondays from 8:00 PM to 9:00 PM

For both men and women, meets at the JCC in Room 238

TEHILLIM CLASS FOR WOMEN - OFF TILL AFTER PESACH

Tuesdays at noon

Join Amy Lefcoe and other women of the community as they delve into the
meaning of the Psalms of King David.

RABBI GODER OPEN BEIS MEDRASH LEARNING NIGHT- OFF TILL AFTER PASSOVER

Wednesdays after Maariv at B'nai Israel

Join one of several informal study groups being offered.

Schedule for April 7th to April 21st

Friday, April 7th (11th Nisan)

Shabbos Candle Lighting	7:15 P
Mincha/Kabalas Shabbos/Maariv	7:15 P

Shabbos, April 8th (12th Nisan) Shabbos HaGodol

Shachris	9:00 A
BISLI	10:00 A
Daf Yomi	5:00 P
Shabbos HaGodol Drasha: "The Egyptian/Jewish Problem: Why couldn't we just get along?"	6:00 P
Mincha	7:00 P
Maariv / Havdala	8:13 P

Sunday, April 9th (13th Nisan)

Daf Yomi	7:00 A
Shachris	8:00 A
Mincha / Maariv	7:20 P

Monday, April 10th (14th Nisan) Erev Pesach 1st Seder

Daf Yomi	6:00 A
Shachris	6:45 A
Siyum for the First Born following Shachris	

Last time to eat chometz 10:33 A

Last time to burn chometz 11:50 A

Mincha	7:15 P
Candle Lighting:	7:18 P
Earliest time to make Kiddush	8:15 P
Chatzos	1:06 A

Tuesday, April 11th (15th Nisan) 1st Day of Pesach

Shachris	9:00 A
Daf Yomi	6:20 P
Minchah	7:20 P
Shiur with Rabbi Rudin	
Maariv	8:15 P
Earliest time to light candles	8:16 P
Chatzos	1:06 A

Wednesday, April 12th (16th Nisan) 2nd Day of Pesach

Shachris	9:00 A
Women's class with A. Lefcoe: "Don't Take Pride, Take Pleasure" @ shul	5:00 P
Daf Yomi	6:15 P
Mincha	7:15 P
Shiur with Rabbi Cook	
Ma'ariv/Havdalah	8:16 P

Thursday, April 13th (17th Nisan) C"H 1

Daf Yomi	6:00 A
Shachris #1 (with tefilin)	6:35 A
Shachris #2	8:00 A
Yeshivas Bein Hazemanim	10:00 A
Mincha	7:20 P

Friday, April 14th (18th Nisan) C"H 2

Daf Yomi	6:00 A
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Shachris #1 (tefilin)	6:35 A
Shachris #2	8:00 A
Yeshivas Bein Hazemanim	10:00 A
Mincha	7:20 P
Candle Lighting (for Shabbos)	7:21 P

Shabbos, April 15th (19th Nisan) C"H 3

Shachris	8:30 A
Shir HaShirim	
Daf Yomi	6:10 P
Mincha	7:10 P
Maariv / Havdala	8:20 P

Sunday, April 16th (20 Nisan) C"H 4

Daf Yomi	7:00 A
Shachris	8:00 A
Yeshivas Bein Hazemanim	10:00 A
Candle Lighting	7:23 P
Mincha	7:25 P

Monday, April 17th (21st Nisan) 7th Day of Pesach

Shachris	9:00 A
Daf Yomi	6:25 P
Mincha	7:25 P
Candle Lighting	8:22 P
Ma'ariv	8:05 P

Tuesday, April 18th (22nd Nisan) - 8th Day of Pesach

Shachris	9:00 A
Yizkor not before	10:30 A
Daf Yomi	6:25 P
Mincha	7:25 P
Neilas HaChag	
Ma'ariv/Havdalah	8:23 P

Wednesday, April 19th (23rd Nisan)

Daf Yomi	6:00 A
Shachris 1	7:00 A
Shachris 2	8:00 A
Minchah / Maariv	7:30 P
Rabbi Goder Beis Medrash - after Maariv	
Daf Yomi - after Maariv	

Thursday, April 20th (24th Nisan)

Daf Yomi	6:00 A
Shachris 1	6:45 A
Shachris 2	8:00 A
Mincha / Maariv	7:30 P
Daf Yomi - right after Maariv	

Friday, April 21st (25th Nisan)

Daf Yomi	6:00 A
Shachris 1	7:00 A
Shachris 2	8:00 A
Mincha/Kabalas Shabbos/Maariv	7:00 P
Shabbos Candle Lighting (no later than 7:20 P)	7:00 P

COMMUNITY PROMOTION INITIATIVE

The committee would like to thank everyone for their support and for being a community to be proud of. As we enter the third week of our advertising blitz and gear up for OU Community fair after Pesach, we are in need of some small donations (\$18/\$36) to cover some incidental costs. Please speak with Rabbi Haber, Rabbi Stein, or Rabbi Rudin for more information. Donations can be made to the Rabbi's Discretionary Fund.

MAOS CHITTIN

As part of our preparation for Pesach, we are encouraged by Jewish Law to donate funds to ensure that others have the means to prepare Pesach as well. Please contribute to our local "Maos Chittin" fund by making your check to the "**Rabbi's discretionary fund**" and submitting it to Rabbi Haber or the office. Thank you to all who have contributed. We also gratefully acknowledge the support of the Orthodox Union in supplementing the Maos Chittim funds of our community.

THE MOSAICA HAGGADAH:INSPIRED BY SMART KIDS BY RABBI SENDER

It's here! Join Rabbi Sender & Chamie Haber and their charming family at their Pesach Seder and experience this wondrous night with this most special educational haggadah.

The Haggadah is available in Norfolk directly from Rabbi Sender Haber (rsh@bnaiisrael.org), The cost is \$20.00 per book.

TORAS CHAIM 8TH GRADE YEARBOOK

Please support Toras Chaim 8th grade girls. They diligently working to put together an amazing yearbook for Toras Chaim. Please support their efforts to make this the best yearbook yet! For ad forms, please contact the Toras Chaim office. Ads are do in by Thursday, April 27th.

A "SMALL" FUNDRAISER

Several years ago, Bnai Israel pushkes were distributed to the members of the shul. There are still a small number of the pushkes available for your home, so you can drop a coin or two in them. You'll be surprised how quickly they can fill up! You don't even have to count the coins if you don't want (although it's a good project to do with your kids), just bring the loose coins into the shul office and we'll do the work for you. If you need a pushke, just contact Michele, as we have a limited number of pushkes available.

A TASTE OF MUSSAR

Remaining Dates: 4/26, 5/3, Cost for series: \$36 at 12:30pm | Simon Family JCC

The Simon Family JCC will offer A Taste of Mussar, facilitated by Rabbi Gavriel Rudin. This introductory four-week course, developed by Dr. Alan Morinis, is a follow up to his discussions on the Jewish spiritual practice of Mussar offered during the recent Tidewater Today events. To register visit the Simon Family JCC front desk, call 321-2338.

ISRAELFEST AT THE JCC

Sunday, April 30th 11:00am-4:00pm at the Reba & Sam Sandler Family Campus

FREE and open to the community

Explore everything Israeli at the Simon Family JCC's biggest part of the year celebrating Yom Ha'Atzmaut, Israel's 69th birthday. Experience Israel through art, education, culture. food and entertainment. There's something for everyone!

Sample great Israeli cuisine and drinks, including Israeli beer and Lemonana

Explore the IDF obstacle course or demo a Krav Maga class

Visit a Travel to Israel booth

Ride a camel

- Browse crafts and jewelry from local artists in the Shuk/Marketplace
- Children can hop around in a bounce house or make arts & crafts

TORAS CHAIM FUNDRAISER FOR WOMEN

Sunday, April 30th from 6:30 to 9:30 PM

The Toras Chaim 7th & 8th grade classes are hosting a Ladies Only fundraiser at Color Me Mine on Colley Avenue. The cost to paint is \$10 per person and the cost of the pottery pieces you choose. Color Me Mine will donate half of all qualifying sales from at this event to Toras Chaim. Please RSVP to Ms. Chaya Tunkel (917 - 443-6598 by Friday, April 28th.

JFS Run, Roll, Stroll

Sunday, May 7th at 24th Street Park

Get your heart pumping with the Jewish Family Service of Tidewater's Run, Roll or Stroll. Sign up for the 8k run, 5k run/walk, 1 mile run/walk, or Sunday morning stroll on the boardwalk with other members of our community. Warm up pre-race with our JFit Personal Trainers. Hang around after for awards, prizes, food and drinks! Special subsidies available to Toras Chaim students.

JOIN THE UJFT PROFESSIONAL DIRECTORY

Application deadline: May 1

The Society of Professionals is creating a brand new directory that reflects the diversity, interests, and values of its membership.

The directory will have a permanent online presence on the homepage of the UJFT website, as well as be available in printed hardcopies that will be distributed this summer to Jewish agencies and businesses throughout the area.

For more information or to join: www.jewishva.org/societyofprofessionals

ANN ZUKERMAN SCHOLAR-IN-RESIDENCE

Shabbos of June 16th

We will be joined by Dr. David Lieberman. Dovid Lieberman, Ph.D., is a noted speaker and award-winning author with a renowned insight into the human condition. His 11 books, which have been translated into 26 languages and include two New York Times bestsellers, have sold more than 3 million copies worldwide. Blending the wisdom of Torah with cutting-edge research, Dr. Lieberman's writings and lectures captivate both scholar and layman alike, and are enjoyed by people at all levels and from all backgrounds. Stay tuned for details.

Thank You to our Contributors

To Jeanene Anker for her contribution in honor of Dr. Gedalia & Jodi Schwartz.

To Aaron & Ruth Cohen for their contribution to the Bridge-Sturman Fund for the refuah shelaima of Phyllis Lome.

To Eileen Berman for her contribution in memory of Larry Kurzer, son of Lillian Kozak.

To Eileen Berman for her contribution in memory of Julius Marcus.

To Ross & Verema Weinstein for their contribution in memory of Caroline Miller.

To Richard Stern for his contribution to Bnai Israel Congregation.

To Marty & Ina Mirman Leiderman for their contribution to the Eruv Fund in memory of beloved mother and grandmother, Rachel Tessler.

To Rabbi Mordechai & Ariella Loiterman for their contribution to the Eruv Fund.

To Bernard (Buddy) Kahn for his contribution in memory of his mother, Hannah Kahn.

To Claude & Marlene Miller for their contribution in honor of Norman Cohen - for all he does for them & others.

BIRTHDAYS

Nancy Berman	4/8	Rabbi Avram Rubin	4/14	David Blais	4/18
Louis Schlain	4/11	Donald Hornstein	4/15	Dalya Miller 18th	4/20
Mendel Weinreb 13th	4/12	Henna Lefkovitz 8th	4/15	Dr. Earl Pollock	4/20
Trudy Dayanim	4/13	Edie Schlain	4/15	Miriam Gittel Bridge 6th	4/21
Gershon Yosef Rothman	4/13	Binyomin Zelikovich 10th	4/16		
Rena Rudin 3rd	4/13	Susan Becker	4/17		

ANNIVERSARIES

Mr. & Mrs. Michael Mostofsky	12th	4/10	Mr. & Mrs. Michael Aschkenas	28th	4/14
Mr. Jason & Dr. Alison Ohana	9th	4/13	Mr. & Mrs. Gerald Jaffe	66th	4/19

YAHRTZEITS

Ella Blumenthal	4/8	Harry L. Fine	4/13	Sol Goldblatt	4/18
Miriam Drory	4/8	Harriet Klavan	4/13	Jennie Chalem	4/19
Esther Gelfand	4/8	Fannie Schlain	4/13	Annie Minnie Salber	4/19
Ryan Paige Segel	4/8	Samuel Sobel	4/13	Sylvia Glick	4/20
Abraham Bornstein	4/9	Esther Aschkenas	4/14	Rae Rines	4/20
Karl Japha	4/10	Mina Caplan	4/14	Hilda Sacks	4/20
Joseph Kessler	4/10	Solomon Tasgal	4/14	Menachem Carroll	4/21
Rebecca Loren	4/10	Earnestine Aschkenas	4/15	Helen Epner Lapping	4/21
Joseph Postove	4/10	David Schwartz	4/16	Arthur Rines	4/21
Daniel Nathan Goldstein	4/11	Guerte Barban	4/17		
David Kruger	4/12	Pasha Putterman	4/17		

REFUAH SHELAIMA

Women

Shoshana bas Miriam	Bayla Mishka bat Devora
Vittel Zilke bas Leah	Malka Chana bas Ruchel
Leah Adina bas Chaya Esther	Miriam bas Tzipora
Yochana bas Chana	Chaya Raizel bas Dena
Nava bas Fruma Leah	Chana bas Sarah
Basha Leiba bas Baila Fruma	Devora Leah bas Civet Elkie
Simcha bas Tzipporah	Samecha Yehudis bas Esther
Malka Esther bas Devorah	Reva Raza bas Malka
Devorah bas Ruchel	Shoshana bas Netta
Tzippora Aviva bas Rivka	Adi Bat Miriam
Devorah Rivka bas Tzipora	Chana Leah bas Fraydel
Sara Bas Sara	Ruth bas Sarah
Miriam Rochel bas Chava Elisheva	Chaya bas Ruchel
Kayla Dodie bas Rochel Bracha	Tinokes bas Esther Hadassah
Rochel Bracha bas Baila	Sheva bas Rivka
Tirtze Sorah bas Rochel Bracha	Chaya Ruchel bas Zelda
Rivka Tehilla bas Sarah	Shira bas Sarah
Hinda bas Dena	Nechama Getzel bas Rachel
Shula bas Carmela	Ruchama Malka Briendel bas
Eliana Chaya bas Nacha	Shaine Shifra
Adi Simcha bas Penina Leah	Miriam bas Chava
Gilsom Gila bas Tzipporah	Fayga bas Leah
Tzipporah bas Gilsom Gila	Kayla Devora bas Shayna Meryl
Aida Batya bas Etta	
Chaya Tova Gittel bas Shulamis Sima	
Elka Gittel bas Basya	
Shoshana bas Leah	
Chana Yitta bas Bryna	
Yehudis bas Irma	

Men

Shalom Boruch ben Masha	Yehoshua ben Nechama Aliza
Yehuda ben Chasha Ruchel	Menachem ben Tzipka
Moshe Yechezkel Halevi ben Sara Malka	Avraham ben Chana
Reuven Simcha ben Naomi Rus	Asher Eliyahu ben Leah
Yonah Michael Alter ben Esther Sarah	Chaim ben Ruth
Shlomo Yaakov Yonason ben Chana Raizel	Dan Akiva Hillel Ben Cooki Tziporah Feige Gittel
Aryeh Nachman HaCohen ben Ita	Yehuda Herschel ben Chaya Leah
Shlomo ben Tzipporah	Dovid Leshem ben Esther
David Shlomo ben Rivka Tehilla	Chaim Yaakov Dovid ben Avigail
Noach HaLevi ben Miriam	Abba ben Tzipora
Koppel ben Bayla	Pesach ben Baila
Yonatan ben Rivka	Dovid Avraham ben Miriam
Abraham ben Iza	Yosef Aaron ben Keren Shoshana
Yoel Meir ben Chaya	Robert ben Jean
Yoseph Shalom ben Bluma Devorah	Rachmiel Leib ben Mordechai HaLevi
Yehudah Ben Batya	Yehuda Sema ben Alta Ruchel
Rafael Messod ben Naomi Sarah	Chaim Rafael Yoel ben Shayna Golda
Eliezer ben Sara	Daniel Yosef ben Miriam
Avraham Beryl HaLevi ben Miriam	Aaron Emanuel ben Tzippora
Moshe ben Dovid	Michael Dovid ben Rivka
Yissachar ben Rachel	Moshe Yosef ben Esther
Binyamin Leib ben Rachel Chana	Reuven ben Sarah
Zecharia Avraham ben Devorah Rivka	Eitan Shmuel bas Chana Leah
Nosson Yitzhak Ben Leah	Eliezer Yehuda ben Chana Shaindel
Moshe ben Raizel	Yisroel Shmuel ben Sarah
Eliezer ben Penina Kaila	Yehudah ben Chana Leah
Meir Yehoshua ben Penina Kaila	Chaim Avraham ben Feiga
Beryl ben Chava	Chaim Shmuel ben Rivka
Shmuel Yeruchem ben Baila	Eliyahu Aron ben Hudel
Eitan ben Sarah	

THE B'NAI ISRAEL CALENDAR AT A GLANCE

Week of April 9th through April 15th

Monday, April 10th: Erev Pesach, burn Chometz

Monday, April 10th - Shabbos, April 15th: Passover (continues next week)

Week of April 16th through April 22nd

Sunday, April 16th - Tuesday, April 18th: Passover

Shabbos, April 22nd: Pirkei Avos with the Chassidim

Week of April 23rd through April 29th

Sunday, April 23rd: Yom HaShoah

Wednesday, April 26th: Taste of Mussar at the JCC (12:30 PM) - 3rd of 4 classes

Week of April 30th through May 6th

Sunday, April 30th: IsraelFest at JCC

Sunday, April 30th: OU Community Fair (NYC)

Sunday, April 30th: Toras Chaim Fundraiser for women: Color Me Mine from 6:30 to 9:30 PM

Monday, May 1st: Yom HaZikaron

Tuesday, May 2nd: Yom HaAtzmaut

Wednesday, May 3rd: Taste of Mussar at the JCC (12:30 PM) - 4th of 4 classes

FREEDOM

By Rabbi Sender Haber

After a week of celebrating freedom it is worthwhile to take a few moments to examine the idea of freedom and how it can have an impact on our lives beyond Pesach.

The Gemara in Pesachim tells a story about Rav Nachman and his slave named Daru. At the seder Rav Nachman asked Daru how he would react if his master set him free and gave him thousands of dollars in gold and silver. Daru said that he would jump for joy and praise his master. Rav Nachman said "with your words we have fulfilled the obligation of asking the Mah Nishtana". He skipped Mah Nishtana and continued the seder with "Avadim Hayinu"

Rav Moshe Feinstein (Drush 12, 1929) asks a very simple question. How was Daru's statement about freedom a fulfillment of Mah Nishtana? If anything, it was a fulfillment of Avadim Hayinu? Daru's statement was explaining why we celebrate, not asking why things are different.

Rav Moshe quotes another Gemara about Daru. In Bava Kama Rav Nachman writes that if he were to lose Daru he would incur absolutely no financial loss because Daru was not worth his food and board. Daru's only skill was dancing at parties and people who dance at parties do not make enough money to support themselves. Daru was lucky to be a slave because otherwise he would have starved to death.

When Daru was jumping for joy but he had no idea what he was getting himself into. He was dependent upon Rav Nachman to support him. Even with the thousands of dollars in gold that he would receive, he would eventually run out of money and find himself with nothing to eat and nowhere to sleep.

When the Jewish people left Mizrayim the Matzah was the one thing that didn't work out. Everyone who deserved to leave left, the Egyptians were unable to touch us, and we got to keep some of the Egyptian's wealth. The matzah was the only 'fluke' - our bread did not have time to rise. Instead of finally eating normal food, we were forced to eat the same flat bread of poverty that we had eaten for hundreds of miserable years as slaves in Mitzrayim. At the seder the son looks around him and sees "only Matzah". We seem to have been holding onto that "Matzah" of imperfection for thousands of years. Nothing works out perfectly. We may be 'free', but we are always running, rushing, not getting things right, and trying something new. Nothing is permanent. We are like Daru, celebrating and dancing around when we are not free at all.

Daru is 'exhibit A' of the Mah Nishtana. He thinks he is free, but he is really going to starve to death. We ask the same questions of ourselves: Are we really truly free? Are we really so happy? We get excited about things from time to time, but do they have lasting value? Do we really live in a perfect world with perfect lives, or are we like Daru – jumping for joy when we are really starving to death?

The answer to the Mah Nishtana is that we are free. We may not be truly independent or in a great situation, but we are still celebrating. We are celebrating the fact that no matter what situation we are in, we have the ability to hook up with something larger than ourselves and bigger the entire world that we live in.

Before Yetzias Mitzrayim, people looked at the Jewish people as a slave nation. We had no aspirations or hope of ever becoming anything else. By leaving Mitzrayim we gave ourselves goals as individuals and as a nation. We became so free that we became people that could never be enslaved again. There has been plenty of persecution, suffering, and abuse throughout the years, but nobody can truly enslave the Jewish nation. We possess a neshama and a mission that simply cannot be subdued or neutralized. Hashem has made us free.

Another way to put it is to say that we have achieved the freedom to rise above it all. It is the freedom from the feeling of jealousy that we feel when someone gets something that we deserve. It is freedom from the irritation that we know we shouldn't be feeling around certain people. We want to be free from our addictions, free from bad moods, and free from laziness. We want to break out and get on with our lives. The bracha of Pesach is the true Cheirus that we can imagine and attain each and every year.

The seventh day of Pesach symbolizes the final step of our freedom. Until the sea split the Jewish people were not yet convinced that they had made the right choice. In the back of their heads they still saw the Egyptians running after them. It was only after they saw the Egyptians washed up on the shore of the sea that they were able to breath a sigh of relief and get started on the rest of their lives.