



The Kiddush this week is a special Chai Kiddush which is being sponsored by the Beth Sholom Home, our Toras Chaim students and Bnai Israel sponsors

The list of Chai Kiddush sponsors & the Toras Chaim testimonials are in a separate publication.

Shalosh Seudos is sponsored by the Shalosh Seudos Club

Schedule for the week

Friday, February 17th (21st Shevat)

Mincha/Kabalas Shabbos/Maariv	5:25 P
Shabbos Candle Lighting	5:30 P

Shabbos, February 18th (22nd Shevat)

Shachris	9:00 A
Gemara learning for Boys 5- 8 grades	3:00 P
Daf Yomi	4:15 P
Ladies' Shabbos Class	4:15 P
Learning for boys 1st - 4th grades	4:45 P
Mincha	5:15 P
Maariv/Havdala	6:28 P

Sunday, February 19th (23rd Shevat)

Daf Yomi	7:00 A
Shachris	8:00 A
Mincha/Maariv	5:35 P

Monday, February 20th (24th Shevat)

Daf Yomi	6:00 A
Shachris	6:45 A
Mincha /Maariv	5:35 P
Late Maariv	7:50 P
Daf Yomi - right after Late Maariv	
Partners in Torah (JCC)	off for night

Tuesday, February 21st (25th Shevat)

Daf Yomi	6:00 A
Shachris	7:00 A

Tehillim Class for Women	12:00 N
Minchah / Maariv	5:35 P
Gemara Shiur	6:00 P
Late Maariv	7:50 P
Daf Yomi - right after Late Maariv	
Shovavim class for Men	
with Rabbi Haber	8:00 P

Wednesday, February 22nd (26th Shevat)

Daf Yomi	6:00 A
Shachris	7:00 A
Minchah / Maariv	5:35 P
Goder Beis Medrash - right after Maariv	
Late Maariv	7:50 P
Daf Yomi - right after Late Maariv	

Thursday, February 23rd (27th Shevat)

Daf Yomi	6:00 A
Shachris	6:45 A
Mincha / Maariv	5:35 P
Parsha Prep with the Kollel	7:00 P
Late Maariv	7:50 P
Daf Yomi - right after Late Maariv	

Friday, February 24th (28th Shevat)

Daf Yomi	6:00 A
Shachris	7:00 A
Mincha/Kabalas Shabbos/Maariv	5:35 P
Shabbos Candle Lighting	5:37 P

CLASSES FOR EVERYONE

DAF YOMI

Morning Class: Sundays at 7:00 AM, Weekdays at 6:00 AM
with Rabbi Loiterman

Evening Class: Sunday through Thursday after Ma'ariv

Shabbos & Yom Tov: both classes meet together one hour before Mincha with
Rabbi Loiterman

SHABBOS LEARNING FOR BOYS

Grades 5th - 8th with Rabbi Harpaz at his home at 3:00 PM

Grades 1st - 4th with Rabbi Lipman at shul 30 minutes before Mincha

SPECIAL SHABBOS CLASS FOR WOMEN

This Shabbos, February 18th at the home of Marcy Mostofsky at 4:15 P
Amy Lefcoe will be leading the class on ***Keeping Your Elul Goals Alive All Year***

PARTNERS IN TORAH - NO CLASS ON FEBRUARY 20TH

Mondays from 8:00 PM to 9:00 PM

Partners in Torah, ***for both men and women***, meets at the JCC
in Room 238.

TEHILLIM CLASS FOR WOMEN

Tuesdays at noon

Join Amy Lefcoe and other women of the community as they delve into the
meaning of the Psalms of King David.

SPECIAL SHOAVAVIM CLASSES FOR MEN

Tuesday, February 21st with Rabbi Sender Haber

Tuesday, February 28th with Rabbi Shmuel Katz

TALMUD CLASSES

Tuesday evenings: With Gershon Aronoff - Megilla

GODER OPEN BEIS MEDRASH LEARNING NIGHT

Wednesdays after Maariv at B'nai Israel

Join one of several informal study groups being offered.

PARSHA PREP WITH THE NORFOLK KOLLEL THURSDAYS AT 7:00 PM

Get ready for Shabbos with a good vort.

Open to both men and women

JEWISH FAMILY SERVICES COMMUNITY FOOD PANTRY

The Jewish Family Service Community Food Pantry provides food for many Jewish families who simply cannot afford groceries. Recently there has been an increase in the number of people using this service. Those of us who are able to provide for our own families should certainly support this worthy cause. There will be a drop box in our Shul. Please contribute non-perishable kosher food. **May we never need to rely on the kindness of others for our basic needs.**

LADIES'S SHABBOS CLASS

Shabbos, February 18th at 4:15 PM

There will be a Shabbos class this Shabbos at the home of Marcy Mostofsky. The class will be given by Amy Lefcoe. The topic will be: **Keeping Your Elul Goals Alive All Year**

OPERATION HAMENTASHEN

Sunday, February 19, 10am-1:00pm at the Simon Family JCC

Volunteers of all ages, experience, and religions can help make cookies to send to Jewish U.S. military members. The treats will be packaged and sent to troops in time for the Jewish festival of Purim (March 12th). Cookies will also be donated to Jewish Family Service of Tidewater for their clients to enjoy!

During this free event, you can decorate boxes to pack the cookies in, and write heartfelt letters of support that will be sent to U.S. and Israel Defense Forces troops.

SHOVAVIM CLASSES FOR MEN

Shovavim is an acronym for the initial letters of the first six Parshiyos of Sefer Shmos (Shmos, Va'arah, Bo, Beshalach, Yisro and Mishpatim). According to the Arizal these six weeks are an ideal time for repentance and increased purity. In conjunction with Irgun Shiurai Torah we will be holding classes for married men on the topics of Marriage and Family Purity.

Rabbi Haber and Rabbi Katz will be giving shiurim in honor of Shovavim.

Rabbi Haber - Tuesday, February 21st - The Purity Effect

Rabbi Katz - Tuesday, February 28th - Shalom Bayis

BINA PURIM CARNIVAL

Sunday, February 26th at the JCC from 12:00 till 4:00 PM

Great food, super prizes, face painting, Ryan the Balloon Guy, lots of games and other surprises. Please consider sponsoring a booth (\$100) or be an event sponsor (\$250) for this fun community day! For more information contact info@binahighschool.com

BINA HIGH SCHOOL PURIM CARDS

BINA High School has festive student generated graphic Purim cards available for you to send to your friends and family far and near. For only \$3.00/card or \$25.00/10 cards, you can show your friends and family that you're thinking of them this Purim and Torah learning at their wonderful school.

They will be happy to send your cards for you - just send a list of receipts and add \$.50/card.

Make checks payable to BINA High School. For more information or to order your cards, email info@binahighschool.com or call 757-627-BINA.

TORAS CHAIM SHABBOS LUNCH

Shabbos, March 4th

Just letting you know that Toras Chaim is having a Shabbos lunch.
Mark your calendars accordingly.

PURIM IS COMING!

Trying to figure what to put in your Shalach Manos? Why do the Work? Let the Vaad will do it for you. They have two options for you.

Option #1: The Vaad HaKashrus of Tidewater will make beautiful Shalach Manos baskets and deliver them to all members of B'nai Israel who live in Ghent, for a flat fee of \$136.00. Our Shalach Manos will contain a deluxe assortment of wonderful treats, Hamentashen and wine.

Option #2: If you would like to send only a few Shalach Manos baskets to people on the B'nai Israel list who live in Ghent, please send a list of names - at the price of \$10 per name. For more information, please contact Rabbi Sholom Mostofsky at (757) 572-6344. All checks are to be made out to the Vaad HaKashrus of Tidewater - **BEFORE PURIM.**

PASSOVER CANDY!

Bnai Israel's youth is selling Barton's Pesach Candy to support our youth programming. Great kitchen gadgets are also available and offer great ideas for hostess gifts or just to refresh your Pesach supplies.

Prizes are given at all levels of support and the top sellers will have a special ice cream party with Rabbi Haber!! Ask neighbors, friends, and family near and far. Out of towners can order online and give you credit!

NEED MONEY FOR SCHOOL FOR THE 2017-18 ACADEMIC YEAR?

Apply for a JELF Interest-Free Loan for Higher Education Beginning March 1!

Applications for interest-free loans for higher education (college, graduate school and vocational programs) are available to Jewish students in your area for the 2017-2018 school year from JELF (Jewish Educational Loan Fund).

From March 1 – April 30 (and from September 1 – September 30), the loan application is available on JELF's website at jelf.org.

JELF loans are need-based and offer "last-dollar" financing, meaning that JELF provides the final dollars that bridge the gap between a student's total financial resources and the cost of attending school.

To qualify, applicants must be:

1. Enrolled full time in a program leading to a degree or certificate at an accredited U.S. institution
2. A U.S. citizen or have lawful immigration status
3. Able to demonstrate financial need (2017 FAFSA application required).

For more information, contact application@jelf.org or visit jelf.org.

B'NAI TZEDEK TEEN PHILANTHROPY PROGRAM

The Tidewater Jewish Foundation is very excited to debut an exciting new program just for teens! The B'nai Tzedek Teen Philanthropy Program encourages teens to become involved in tzedakah by establishing a fund for Jewish charitable giving. Opening a B'nai Tzedek fund gives your teen a chance to play a part in improving your community and the world. So how does this work?

Donate at least \$250 to the Tidewater Jewish Foundation (TJF) in order to establish a fund in the name of your teen! TJF will match your gift with another \$250 for a starting fund balance of \$500! Your teen can learn about the needs of the Jewish community—locally, in Israel and around the world. Each year, fund holders, your teens, can grant 5% of their fund to a Jewish charity of their choice. In essence, you are empowering your kids to take ownership of their own philanthropy—a valuable lesson that we know pays off! Please contact the Tidewater Jewish Foundation for more information.

THE CANDY CORNER AT BINA

The Candy Corner (not for Passover) at BINA is once again open, selling candy wheels which are perfect for hostess gifts. Small wheels are \$12, medium wheels are \$14 and the large wheels are \$16. Please contact Andie Pollock directly or email info@binahighschool.com to order.

Thank You to our Contributors

To Irene Ullman for her pledge to the Eruv Fund in honor of Ruth Rothman's 80th birthday.

To Caroline Schloss for her contribution to Bnai Israel.

To Dr. Morton Coleman for his contribution to the Cemetery Fund.

THE B'NAI ISRAEL CALENDAR AT A GLANCE

Week of February 19th through February 25th

Sunday, February 19th: Operation Hamentashen at the JCC

Sunday February 19th & Monday, February 20th: Norfolk Kollel Yarchei Kallah trip to Yeshivas Ner Yisroel

Tuesday, February 21st: Shovavim class by Rabbi Haber: "***The Purity Effect***" (8:00 PM)

Week of February 26th through March 4th

Sunday, February 26th: Annual BINA Purim Carnival at the Simon Family Campus of the JCC (Noon to 4:00 PM)

Monday, February 27th: Class with Rabbi Haber: "***Adar: A happy month?***" (7:15 PM)

Tuesday, February 28th: Shovavim class by Rabbi Katz: "***Sholom Bayis***" (after first Maariv)

Shabbos, March 4th: Toras Chaim Shabbos Lunch

Week of March 5th through March 11th

Sunday, March 5th: Pre-Purim hashkafa class

Monday, March 6th: Class with Rabbi Haber: "***Purim: Making it worthwhile***" (7:15 PM)

Tuesday, March 7th: Candy Sales forms due

Thursday, March 9th: Ta'anis Esther

Motzei Shabbos, March 11th: Megilla reading (two readings - times to be announced)

Week of March 12th through March 18th

Sunday, March 12th: Purim - two Megilla readings (times to be announced)

Sunday, March 12th: Annual Bnai Israel Purim Seuda

Week of March 19th through March 25th

Sunday, March 19th: BINA Vendor's Fair

Week of March 26th through April 1st

Sunday, March 26th: Annual Yeshivas Aish Kodesh Gift Auction

Tuesday, March 28th: Pre-Passover Halacha class

Week of April 2nd through April 8th

Week of April 9th through April 15th

Monday, April 10th: Erev Pesach, burn Chometz

Monday, April 10th - Tuesday, April 18th: Passover

BIRTHDAYS

Basha Leiba Siegel		2/19	Devorah Leah Peck	18th	2/24
Naomi Hilel	9th	2/20	Dr. David Richels		2/24
Bernard Kahn		2/20			
Ilana Shayna Peck		2/20			
Yaakov Bauman	7th	2/22			
Larry Smith		2/22			

ANNIVERSARIES

--

YAHRTZEITS

Edward Burt Kleinman	2/18	Rose Sandler Goldberg	2/21
Rabbi Ephraim Minsberg	2/18	Abraham Horenstein	2/21
Irving Anker	2/19	S. Donald Polevoy	2/21
Dorothy Bregman	2/19	Yaakov Swain	2/21
Maxine Moses Garnher	2/19	Bessie Miller	2/23
Edward B. Lubschutz	2/19	Nathan Richenthal	2/24
Rebecca Rosenberg	2/19		
Harry Fantuch	2/21		

REFUAH SHELAIMA

Women

Men

Shoshana bas Miriam	Shoshana bas Leah	Shalom Boruch ben Masha	Eitan ben Sarah
Vittel Zilke bas Leah	Chaya Ruchel bas Esti Rivka	Yehuda ben Chasha Ruchel	Shlomo Yitzchak ben Elka
Leah Adina bas Chaya Esther	Chana Yitta bas Bryna	Moshe Yechezkel Halevi ben Sara Malka	Yehoshua ben Nechama Aliza
Yochana bas Chana	Yehudis bas Irma	Reuven Simcha ben Naomi Rus	Menachem ben Tzipka
Nava bas Fruma Leah	Bayla Mishka bat Devora	Yonah Michael Alter ben Esther Sarah	Avraham ben Chana
Basha Leiba bas Baila Fruma	Malka Chana bas Ruchel	Shlomo Yaakov Yonason ben Chana Raizel	Asher Eliyahu ben Leah
Simcha bas Tzipporah	Miriam bas Tzipora	Aryeh Nachman HaCohen ben Ita	Chaim ben Ruth
Malka Esther bas Devorah	Chaya Raizel bas Dena	Shlomo ben Tzipporah	Akiva Hillel ben Tzipora Gittel
Devorah bas Ruchel	Chana bas Sarah	David Shlomo ben Rivka Tehilla	Yehuda Herschel ben Chaya Leah
Tzippora Aviva bas Rivka	Devora Leah bas Civet Elkie	Noach HaLevi ben Miriam	Dovid Leshem ben Esther
Devorah Rivka bas Tzipora	Samecha Yehudis bas Esther	Koppel ben Bayla	Chaim Yaakov Dovid ben Avigail
Miriam bas Chava	Chana Shifra bas Freidel	Yonatan ben Rivka	Abba ben Tzipora
Sara Bas Sara	Reva Raza bas Malka	Abraham ben Iza	Pesach ben Baila
Bryna Leah bas Faiga Rochel	Shoshana bas Netta	Yoel Meir ben Chaya	Dovid Avraham ben Miriam
Miriam Rochel bas Chava Elisheva	Adi Bat Miriam	Yoseph Shalom ben Bluma Devorah	Yosef Aaron ben Keren Shoshana
Kayla Dodie bas Rochel Bracha	Chana Leah bas Fraydel	Yehudah Ben Batya	Robert ben Jean
Rochel Bracha bas Baila	Ruth bas Sarah	Rafael Messod ben Naomi Sarah	Rachmiel Leib ben Mordechai HaLevi
Tirtze Sorah bas Rochel Bracha	Chaya bas Ruchel	Eliezer ben Sara	Yehuda Sema ben Alta Ruchel
Rivka Tehilla bas Sarah	Tamar Adina bas Kayna Shulamis	Avraham Beryl HaLevi ben Miriam	Chaim Rafael Yoel ben Shayna Golda
Hinda bas Dena	Tinokes bas Esther Hadassah	Moshe ben Dovid	Daniel Yosef ben Miriam
Shula bas Carmela	Sheva bas Rivka	Yissachar ben Rachel	Aaron Emanuel ben Tzippora
Eliana Chaya bas Nacha	Batya Sara bas Dena Ita Galia	Binyamin Leib ben Rachel Chana	Michael Dovid ben Rivka
Adi Simcha bas Penina Leah	Esther bas Devora	Zecharia Avraham ben Devorah Rivka	Moshe Yosef ben Esther
Gilsom Gila bas Tzipporah	Chaya Ruchel bas Zelda	Nosson Yitzhak Ben Leah	Reuven ben Sarah
Tzipporah bas Gilsom Gila	Chana Bas Nachama	Moshe ben Raizel	Eitan Shmuel bas Chana Leah
Aida Batya bas Etta	Shira bas Sarah	Eliezer ben Penina Kaila	Eliezer Yehuda ben Chana Shaindel
Chaya Tova Gittel bas Shulamis Sima	Nechama Getzel bas Rachel	Meir Yehoshua ben Penina Kaila	Yisroel Shmuel ben Sarah
Elka Gittel bas Basya	Sara bas Miriam	Beryl ben Chava	Yehudah ben Chana Leah
		Shmuel Yeruchem ben Baila	

SINAI

By Rabbi Sender Haber

Why was the mountain on which the Torah was given called Sinai? Why is the Sinai desert called Sinai? Some people think that it has to do with the "Sneh", the burning bush that Moshe found, but the Gemara in Berachos tells us that it is called Sinai because of the Nisim, the miracles that took place there. Also a 'Neis' is something that is raised up like a flag. G-d raised us up as His nation at Har Sinai.

This is a little strange. Nes is spelled nun-samech. The Gemara asks why wasn't the mountain named Har Nisai? What is Har Sinai?

The answer is that not everyone saw the giving of the Torah as uplifting and miraculous. Some people were actually filled with hate and Sinah.

Har Sinai, and the desert surrounding it, are named for the hatred and anti-Semitism that our Torah brought into the world.

How awful!

The Noam Elimelech explains this idea in a remarkable way. Everything, according to Chasidus, has sparks of holiness in it. Even the most evil men and women contain sparks of holiness. Those sparks yearn for the Torah and are resentful when they see us living in a G-dly fashion. They hate us because we received the Torah.

Just as a Freudian might point out that there are always underlying psychological reasons for hatred; there are underlying spiritual reasons for hatred as well. The holiest and most hidden parts of the evil people resent that they were not given the Torah. According to Chassidus these are the sparks resenting that they aren't a part of the giving of the Torah.

Hatred is almost a good thing. It is a manifestation of the holiness and the quest for holiness that lies within a person.

Like any emotion, we can just hate, or we can look deeper into ourselves and get a truer understanding.

We are all holy and proud to be Jewish. Even when we find ourselves hating and spiteful we need to look deep inside and see if that is coming from a place of purity, because even the worst types of hatred came into this world at Har Sinai with the giving of the Torah.

Next time you feel unholy - look deeper.