



**This week's kiddush is a Chai Kiddush. Thank you to all of our sponsors**

**Shalosh Seudos is sponsored by the Shalosh Seudos Club**

## Schedule for the week

### Friday, June 9th (15th Sivan)

Shabbos Candle Lighting 7:00 P\*  
Mincha/Kabalas Shabbos/Maariv 7:00 P

### Shabbos, June 10th (16th Sivan)

Shachris 9:00 A  
BISLI 10:00 A  
Ladies' Shabbos Class 5:00 P  
**PLEASE SEE PAGE 2 FOR ADDITIONAL SHABBOS CLASSES**  
Daf Yomi 6:55 P  
Pirkei Avos Class with Rabbi Rudin 7:05 P  
Mincha 7:55 P  
Maariv / Havdala 9:10 P

### Sunday, June 11th (17th Sivan)

Daf Yomi 7:00 A  
Shachris 8:00 A  
Toras Chaim Fundraising Dinner 6:00 P  
Mincha / Maariv 8:10 P

### Monday, June 12th (18th Sivan)

Daf Yomi 6:00 A  
Shachris 6:45 A  
Mincha / Maariv 8:10 P  
Daf Yomi - right after Maariv  
Partners in Torah @ JCC 8:15 P

### Tuesday, June 13th (19th Sivan)

Daf Yomi 6:00 A  
Shachris 7:00 A  
Women's Learning Class 12:30 P  
Minchah / Maariv 8:10 P  
Daf Yomi - right after Maariv

### Wednesday, June 14th (20th Sivan)

Daf Yomi 6:00 A  
Shachris 7:00 A  
Taste of Mussar Class /JCC with Rabbi Rudin 12:30 P  
Minchah / Maariv 8:10 P  
Rabbi Goder Beis Medrash - after Maariv  
Daf Yomi - after Maariv

### Thursday, June 15th (21st Sivan)

Daf Yomi 6:00 A  
Shachris 6:45 A  
Minchah / Maariv 8:10 P  
Daf Yomi - after Maariv

### Friday, June 16th (22nd Sivan)

Daf Yomi 6:00 A  
Shachris 7:00 A  
Shabbos Candle Lighting 7:00 P\*  
Mincha/Kabalas Shabbos/Maariv 7:00 P

*\*Until September 15th we will be making an early Shabbos with Mincha at 7:00 PM.  
Candle Lighting will be at 7:00 PM, but no later than 7:20 PM.*

## **CLASSES FOR EVERYONE**

### DAF YOMI

**Morning Class:** Sundays at 7:00 AM

Weekdays at 6:00 AM with Rabbi Loiterman

**Evening Class:** Sunday through Thursday after Ma'ariv

**Shabbos & Yom Tov:** both classes meet together one hour before Mincha with Rabbi Loiterman

### SHABBOS LEARNING FOR BOYS

Grades 5th - 8th Gemara class with Rabbi Harpaz at his home at 3:00 PM

Grades 1st - 4th with Rabbi Lipman at shul 30 minutes before Mincha

Grades 5th - 9th Mishnayos Shiur with Rabbi Harpaz at shul 30 minutes before Mincha.

### SHABBOS CLASS FOR WOMEN

Shabbos afternoon at 5:00 PM

This week, Women's Shabbos class: at the home of Shira Itzhak. Raizy Cook will be giving the class.

### PIRKEI AVOS WITH RABBI HABER

Shabbos afternoons, 50 minutes before Mincha

How Pirkei Avos influenced the lives of the Rebbes; how Pirkei Avos should influence our lives. Class given by Rabbi Haber.

### PARTNERS IN TORAH:

Mondays from 8:00 PM to 9:00 PM

**For both men and women**, meets at the JCC in Room 238

Women's Learning Class

Tuesday, June 14th at 12:30 PM

Deepening your Emunah through the 6 constant mitzvos based on the teaching of Rabbi Noach Weinberg, zt"l

### TALMUD CLASSES - 75 minutes before Mincha

Tuesday evenings: With Gershon Aronoff - Megilla

### RABBI GODER OPEN BEIS MEDRASH LEARNING NIGHT

Wednesdays after Maariv at B'nai Israel

Join one of several informal study groups being offered.

## A TASTE OF MUSSAR - PART 2

*Wednesday, June 21 / 12:30 PM*

A Taste of Mussar - Part 2, is being facilitated by Rabbi Gavriel Rudin. This three-week course developed by Dr. Alan Morinis, which began on Wednesday, May 24th, is a follow up to his discussions on the Jewish spiritual practice of Mussar offered during the recent Tidewater Together events and the first series offered last month. This series will focus on the character traits of silence, love and joy. There are no prerequisites for this program, and no language other than English is required.

## TORAS CHAIM 15TH ANNIVERSARY DINNER

*THIS SUNDAY: June 11th at 6:00 PM at Bnai Israel*

Toras Chaim's 15th Anniversary Dinner honoring The Rabbi Israel Bornstein Library and Mrs. Debbie Wilson and Educator and Assistant Principal, Mrs. Rebekah Duplisea as well as 15 years of Toras Chaim. Please join us for the Gala Event at Bnai Israel, Sunday June 11th at 6:00 PM.

## DEEPENING YOUR EMUNAH - FOR WOMEN

*Tuesdays at noon*

Amy Lefcoe will be leading a class on deepening your emunah through the 6 constant mitzvos based on the teaching of Rabbi Noach Weinberg, zt"l. This week only - the class will take place at 12:30 PM.

## ANN ZUKERMAN SCHOLAR-IN-RESIDENCE

*NEXT WEEK: Shabbos of June 17th, Parshas Shlach*

We will be joined by Dr. David Lieberman. Dovid Lieberman, Ph.D., is a noted speaker and award-winning author with a renowned insight into the human condition. His 11 books, which have been translated into 26 languages and include two New York Times bestsellers, have sold more than 3 million copies worldwide. Blending the wisdom of Torah with cutting-edge research, Dr. Lieberman's writings and lectures captivate both scholar and layman alike, and are enjoyed by people at all levels and from all backgrounds.

### **FRIDAY NIGHT, JUNE 16TH:**

7:00 PM - Kabbolas Shabbos with introductory words from Dr . Lieberman

8:00 PM - Elegantly catered meal at Bnai Israel

9:30 PM - *Successful Relationships with Difficult People : Practical Strategies to Reduce Conflict and Set Boundaries without Arguments or Guilt*

### **SHABBOS DAY, JUNE 17TH:**

11:00 AM - *Real Power : Rise Above Your Nature and Never Feel Angry, Anxious, or Insecure Again*

11:30 AM - Gala Kiddush

5:00 PM - *How to Make a Good Marriage Great : Blending Torah Wisdom with Leading - edge Research*  
Registration for the Friday Night Dinner is now closed, but please feel free to join in all of the other opportunities to hear Dr. Lieberman - starting with the Shabbos Oneg presentation at Bnai Israel at 9:30 Friday night.

## TORAS CHAIM 8TH GRADE GRADUATION

*Sunday, June 18th at the Gomley Chesed Campus of Toras Chaim at 7:00 PM*

Mazel Tov to the 8th grade graduates: *Eight Grade Boys: Mendel Chakoff, Aryeh Litt*  
*Eighth Grade Girls: Mushky Brashevitzky, Minna Haber, Shifra Chana Harpaz, Shaina Lefkowitz, Pesha Shereshevsky*

## YESHIVAS AISH KODESH GRADUATION AND SIYUM DINNER

*Monday, June 19th at Bnai Israel Congregation at 6:00 PM*

Mazel Tov to the 2017 graduates of Yeshivas Aish Kodesh: Josh Berman, Shmulie Dean, Gav Perlman, Avromi Pressman, Mahyer Reischer, Dovid Shugarman, Yosef Tzvi Weinreb, Binyamin Zerkiev. In addition to the graduation, Yeshivas Aish Kodesh will be having their annual Siyum and Fundraising Dinner honoring Bruce and Shari Berman, Parents of the Year. The dinner charge is \$54.00 per person. Ads for the annual journal for the Siyum Dinner & Graduation are now being accepted. They range from \$54 for a greeting to \$25,000 as a Founder of the Yeshiva, with other levels available. For more information, please contact Yeshivas Aish Kodesh by phone at 757-623-6070 or by email at [office@yeshivaaishkodesh.com](mailto:office@yeshivaaishkodesh.com).

## BINA HIGH SCHOOL GRADUATION

*Wednesday, June 21st at Bnai Israel Congregation at 6:30 PM*

Mazel Tov to Shana Goldfarb, Yehudis Greenwald, Dalya Miller, Devorah Peck, and Ellya Suissa on their graduation from BINA High School. The graduation will take place at Bnai Israel Congregation at 6:30 PM. They are still accepting ads for the 2017 Yearbook & Graduation journal. Please consider supporting the school by honoring the graduates. The ad form is available from [info@binahighschool.com](mailto:info@binahighschool.com). If you have any questions, please contact Andie Pollock at Bina High School (757) 627-2462 or [info@binahighschool.com](mailto:info@binahighschool.com). There will be babysitting available during the graduation. Reservations for babysitting should be made by Monday, June 19th.

## THE BNAI ISRAEL CALENDAR

After much contemplation, we realized that the Bnai Israel calendar - a staple here for over 60 years - was missed. So, we will once again be publishing the calendar. We are starting early this year in gathering information and ads, so that everyone has a chance to participate.

We are asking you, the members of Bnai Israel, to suggest names, addresses (and email addresses) of those businesses which you utilize in your day to day life. We will then be asking for volunteers to solicit ads for the calendar. If you have any questions, please feel free to contact the office.

## SAVE THE DATE

**Monday July 10th:** Discovery Program with Rabbi Ariel Shoshan

**Wednesday, July 12th:** Why I gave up a kidney: Feeling for others. A meaningful talk to begin the "Three Weeks" with Rabbi Ariel Shoshan

## CAMP RUACH

*Monday, June 26th to Friday, July 21st*

Once again, Camp Ruach is open for registration. The cost of Camp Ruach is \$125 / week / per child, which will include lunch. You may sign up for one or all of the available weeks. Scholarships are available, but those on scholarship will be asked to help with lunch and other needs. Please contact Mrs. Chamie Haber for further information. Camp will be from 9:00 to 3:00 Monday through Thursday and 9:00 to 1:00 on Friday. This year's camp will be from June 26th – July 21st. Please include payment for at least one week upon enrollment of each child. **Please make checks payable to Camp Ruach.**

Our SEED counselors will be available to learn one on one with any Jewish woman in the community that would like to learn. Please contact Mrs. Chamie Haber if you are interested in this wonderful opportunity.

## **THE KIDDUSH & SHALOSH SEUDOS CLUBS**

Ever wonder how those non-sponsored Kiddushes and Shalosh Seudos meals get paid for? Although it doesn't look like a lot of food, it does cost us about \$100.00 as week to put on the non-sponsored Kiddush for over 150 people and about \$75.00 for a non-sponsored Shalosh Seudos.

It is through the generosity of the members of the Kiddush Club and the Shalosh Seudos clubs that the costs are covered.

The following families have pledged \$18 per month to the Kiddush Club to cover these costs:

Bruce & Shari Berman	Jason & Dr. Alison Ohana
Robert & Darcy Bloch	Dr. Earl & Andie Pollock
Jeff & Amy Brooke	Ruth Rothman
Aaron & Ruth Cohen	Dr. Gedalia & Jodi Schwartz
Drs. Stephen & Lynn Deutsch	Jordan & Laurie Slone
Lt. Commander Adam & Chava Goldberg	Dr. Michael & Brina Weissman
Robert & Audrey Guterman	Mike & Naomi Zelikovich
Kevin & Amy Lefcoe	Herb Zukerman
Rabbi Gershon & Sara Litt	

Each of the following families have pledged \$10 per month to the Shalosh Seudos Club cover these costs:

Bruce & Shari Berman	Rabbi Gershon & Sara Litt
Robert & Darcy Bloch	Joey & Carol Miller
Jeff & Amy Brooke	Dr. Earl & Andie Pollock
Aaron & Ruth Cohen	Bern Schloss
Drs. Stephen & Lynn Deutsch	Dr. Gedalia & Jodi Schwartz
Lt. Commander Adam & Chava Goldberg	Jordan & Laurie Slone
Rabbi Sender & Chamie Haber	Dr. Michael & Brina Weissman
Shmuel & Shira Itzhak	Ken & Debbie Wilson
Rabbi Aharon & Sarah Lipman	Herb Zukerman

Won't you consider joining these special clubs? Additional sponsors will help us cover our cost and expand our menus. You can be billed each month, or once a year - it's up to you. If you are interested, please contact Michele Aronoff in the Bnai Israel office.

# *Chai Kiddush Sponsors*

<ul style="list-style-type: none"><li>◊ In honor of the “Over The Hill Gang” by Benn &amp; Jackie Richels</li><li>◊ Dr. Gedalia &amp; Jodi Schwartz</li><li>◊ In honor of Rabbi Sender &amp; Chamie Haber for their hospitality by Susan Wilson</li><li>◊ Mazel tov on the Graduations of Ilana and Devorah Peck and wishing them hatzlacha in Israel next year! Love. Marcy, Michael and Jeter</li><li>◊ In honor of all the chessed that was done for us after the birth of our daughter, Bracha by Rabbi Yisroel and Michal Stein</li><li>◊ Mike &amp; Naomi Zelikovich and family</li><li>◊ In Honor of Dalya Miller’s graduation and all of this year’s graduates of BINA. Mazel Tov!!! By Joey &amp; Carol Miller</li><li>◊ In honor of my incredible children, Melissa, Sara and Sid (and their families) who are always there when I need them. Thanks for making me feel loved all the time by Esther Bridge</li><li>◊ Jeff &amp; Amy Brooke</li><li>◊ Aaron &amp; Ruth Cohen</li><li>◊ Dr. Behrooz &amp; Trudy Dayanim in honor of Behrooz’s recent birthday</li><li>◊ In honor of Josh Berman graduating from YAK by Bob &amp; Audrey Guterman</li><li>◊ Shmuel &amp; Shira Itzhak</li><li>◊ In memory of Kreindel bas Herschel (Terri Salt) and Raiza Gershona bas Sarah Miriam by Rabbi Gershon &amp; Sara Litt</li><li>◊ Ruth Rothman</li><li>◊ Barney &amp; Bette Lou Siegel</li></ul>	<ul style="list-style-type: none"><li>◊ Dr. Michael Weissman in memory of his mother-in-law, Kreindel bas Herschel (Terri Salt).</li><li>◊ In memory of Ann Myra Zukerman by Herb Zukerman</li><li>◊ In memory of my beautiful mother, Gellia (Gloria) love, Lisa (Kingsley).</li><li>◊ In honor of Malka upon her graduation from Bruria. We are so proud of you! The Edery Family</li><li>◊ In honor of all the teachers, Rebbeim and staff at Bina High School. Thank you for a successful school year. The Wilsons</li><li>◊ In honor of Rabbi and Mrs. Danziger and family, in appreciation of his kindness and patience by Esther Sarah Carroll</li><li>◊ Rabbi Sender &amp; Chamie Haber</li><li>◊ Yehudah &amp; Helen Griffin in honor of the memory of Tzvia Hinda bas Chaya Gittel and the upcoming unveiling of her matzeva (headstone).</li></ul>
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## Thank You to our Contributors

A special thank you to Jason & Alison Ohana for their contribution to the Shavuos Learning Program. The dedication was omitted when the handout was printed.

To Joe & Ilene Weintrob for their contribution for the Refuah Shelaima of Irene Ullman.

To Frances Berger & Nathan Berger for their contribution in honor of Bruce & Shari Berman on being honored as the Yeshivas Aish Kodesh Parents of the Year.

To Irene Mazel for her contribution for the Refuah Shelaima of Frances Berger.

To Norman David Soroko for his contribution in memory of his mother's 16th Yahrzeit, Freda Weisman Soroko

To Eileen Berman for her contribution in memory of Terri Salt, Brina Weissman's mother.

To Gershon & Chana Leah Rothman and family for their contribution in memory of Terri Salt, mother of Brina Weissman.

To Aaron & Ruth Cohen for their contribution to the Bridge-Sturman Fund in memory of Terri Salt, mother of Brina Weissman.

To Dr. Behrooz & Trudy Dayanim for their contribution in memory of Terri Salt, Brina Weissman's mother.

To Jon & Susan Becker on their contribution of a Chumash in memory of Terri Salt, Brina Weissman's mother.

To Aaron & Ruth Cohen for their contribution to the Bridge-Sturman Fund in memory of Risa Litt, cousin of Rabbi Gershon Litt.

To Dr. Behrooz & Trudy Dayanim for their contribution in memory of Risa Litt, cousin of Rabbi Gershon Litt.

## For the Week of Shabbos, June 10th through Friday, June 16th

### BIRTHDAYS

Shlomo Avraham Schoenfeld	9th	6/12	Bern Schloss	6/14
Naomi Zelikovich		6/12	Alter Shmuel Bridge	10th 6/15
David Edery		6/13	Ken Wilson	6/16
Yosef Chaim Danziger	11th	6/14		

### ANNIVERSARIES

Rabbi & Mrs. Chaim Harpaz	16th	6/11
Rabbi & Mrs. Sender Haber	17th	6/12
Drs. Gary & Laurie Siegel	2nd	6/14

### YAHRTZEITS

Barbara Wolinsky	6/10	David Levin	6/14
Frieda Goodman	6/11	Rena Saunders	6/14
Morris Cogan	6/12	Fanny Fisher	6/15
Frank Engel	6/13	Robin Siegel	6/16
Fredrick Fisher	6/14		

### REFUAH SHELAIMA

#### Women

Shoshana bas Miriam	Miriam bas Tzipora
Vittel Zilke bas Leah	Chaya Raizel bas Dena
Leah Adina bas Chaya Esther	Chana bas Sarah
Yochana bas Chana	Devora Leah bas Civet Elkie
Nava bas Fruma Leah	Samecha Yehudis bas Esther
Basha Leiba bas Baila Fruma	Reva Raza bas Malka
Simcha bas Tzipporah	Shoshana bas Netta
Malka Esther bas Devorah	Adi Bat Miriam
Devorah bas Ruchel	Chana Leah bas Fraydel
Tzippora Aviva bas Rivka	Ruth bas Sarah
Devorah Rivka bas Tzipora	Chaya bas Ruchel
Sara Bas Sara	Tinokes bas Esther Hadassah
Miriam Rochel bas Chava Elisheva	Sheva bas Rivka
Kayla Dodie bas Rochel Bracha	Chaya Ruchel bas Zelda
Rochel Bracha bas Baila	Shira bas Sarah
Tirtze Sorah bas Rochel Bracha	Nechama Getzel bas Rachel
Rivka Tehilla bas Sarah	Ruchama Malka Briendel bas
Hinda bas Dena	Shaine Shifra
Shula bas Carmela	Miriam bas Chava
Eliana Chaya bas Nacha	Fayga bas Leah
Adi Simcha bas Penina Leah	Kayla Devora bas Shayna Meryl
Gilsom Gila bas Tzipporah	Leah Aviva bas Masha
Tzipporah bas Gilsom Gila	Rochel bas Tova
Aida Batya bas Etta	Helen Hiyena bas Sheina Breyna
Chaya Tova Gittel bas Shulamis Sima	
Elka Gittel bas Basya	
Shoshana bas Leah	
Chana Yitta bas Bryna	
Yehudis bas Irma	
Bayla Mishka bat Devora	
Malka Chana bas Ruchel	

#### Men

Shalom Boruch ben Masha	Avraham ben Chana
Yehuda ben Chasha Ruchel	Asher Eliyahu ben Leah
Moshe Yechzekel Halevi ben Sara Malka	Chaim ben Ruth
Reuven Simcha ben Naomi Rus	Dan Akiva Hillel Ben Cooki Tziporah Feige Gittel
Yonah Michael Alter ben Esther Sarah	Yehuda Herschel ben Chaya Leah
Shlomo Yaakov Yonason ben Chana Raizel	Dovid Leshem ben Esther
Aryeh Nachman HaCohen ben Ita	Chaim Yaakov Dovid ben Avigail
Shlomo ben Tzipporah	Abba ben Tzipora
David Shlomo ben Rivka Tehilla	Pesach ben Baila
Noach HaLevi ben Miriam	Dovid Avraham ben Miriam
Koppel ben Bayla	Yosef Aaron ben Keren Shoshana
Yonatan ben Rivka	Robert ben Jean
Abraham ben Iza	Rachmiel Leib ben Mordechai HaLevi
Yoel Meir ben Chaya	Yehuda Sema ben Alta Ruchel
Yoseph Shalom ben Bluma Devorah	Chaim Rafael Yoel ben Shayna Golda
Yehudah Ben Batya	Daniel Yosef ben Miriam
Rafael Messod ben Naomi Sarah	Aaron Emanuel ben Tzippora
Eliezer ben Sara	Michoel Dovid ben Rivka
Avraham Beryl Halevi ben Miriam	Moshe Yosef ben Esther
Moshe ben Dovid	Reuven ben Sarah
Yissachar ben Rachel	Eitan Shmuel bas Chana Leah
Binyamin Leib ben Rachel Chana	Eliezer Yehuda ben Chana Shaindel
Zecharia Avraham ben Devorah Rivka	Yisroel Shmuel ben Sarah
Nosson Yitzhak Ben Leah	Yehudah ben Chana Leah
Moshe ben Raizel	Chaim Avraham ben Feiga
Eliezer ben Penina Kaila	Chaim Shmuel ben Rivka
Meir Yehoshua ben Penina Kaila	Eliyahu Aron ben Hudel
Beryl ben Chava	Sholom Yehuda ben Fayga
Shmuel Yeruchem ben Baila	Tinok ben Rochel
Eitan ben Sarah	Shlomo Yoel ben Chaya Leah
Yehoshua ben Nechama Aliza	Chanina Getzl ben Chana Fradel
Menachem ben Tzipka	

## THE B'NAI ISRAEL CALENDAR AT A GLANCE

### **Week of June 11th through 17th**

**Sunday, June 11th:** Toras Chaim Fundraising Dinner

**Friday, June 16th & Shabbos, June 17th: Ann Zukerman Scholar in Residence: Dovid Lieberman, Ph.D**

**Friday, June 16th:** Friday Night Dinner at Bnai Israel with Dr. Lieberman

**Friday, June 16th:** Oneg at Bnai Israel with Dr. Lieberman

**Shabbos, June 17th:** Drasha by Dr. Lieberman

**Shabbos, June 17th:** Kiddush in memory of Ann Zukerman

**Shabbos June 17th:** Special lecture by Dr. Lieberman (5:00 PM @ Bnai Israel)

### **Week of June 18th through 24th**

**Sunday, June 18th:** Toras Chaim Graduation at the Gomley Chesed Campus of Toras Chaim

**Monday, June 19th:** Yeshivas Aish Kodesh Graduation and Siyum Fundraising Dinner at Bnai Israel

**Wednesday, June 21st:** Bina High School Graduation at Bnai Israel

**Shabbos, June 24th:** Kiddush - In honor of Michal Raizel Murkoff

**Shabbos, June 24th:** Shalosh Seudos in memory of Farangis Dayanim by Dr. Behrooz & Trudy Dayanim

### **Week of June 25th through July 1st**

**Sunday, June 25th:** Rosh Chodesh Tamuz

**Monday, June 26th:** Start of Camp Ruach at Bnai Israel

**Shabbos, July 1st:** Kiddush in honor of Irene Ullman's 80th birthday

### **Week of July 2nd through July 8th**

**Shabbos, July 7th:** Kiddush by Toras Chaim

### **Week of July 9th through July 15th**

**Monday, July 10th** - Discovery Program with Rabbi Ariel Shoshan

**Tuesday, July 11th** - Shiva Asar b'Tamuz, beginning of "The Three Weeks"

**Wednesday, July 12th** - Why I gave up a kidney: Feeling for others. A meaningful talk to begin the "Three Weeks" with Rabbi Ariel Shoshan

## The First Chareidi

By Rabbi Sender Haber

About five hundred years ago Rav Elazar Ezkari of Tzfas wrote the “Sefer Chareidim”. Not directly related to the “Chareidim” of today, Rav Ezkari’s objective was to catalog the obligations of a Jew and organize them according to the various limbs. The Chareidim was a colleague of Rav Yosef Karo, the Arizal, the Alshich and the other great luminaries of Tzfas. He is quoted often by the Mishna Bereurah and other classic halachic works.

In the section of Mitzvos relating to the heart, Rav Ezkari devotes chapter thirty-four to the mitzvah of loving Hashem. He points out that the best way to express love for Hashem is with songs of love. He goes on to record some of the songs that he and his colleagues would sing to express their love to Hashem.

One of those songs is the Yedid Nefesh, which Rav Ezkari himself composed. It is a Kabbalistic song of the yearning and desire of the soul to come closer to G-d.

In the second stanza Rav Ezkari speaks of how the soul is sick with love for HaShem. He begs, “Ana! Refah na lah!” – “Please! Cure her!” – using the words that Moshe used in praying for his afflicted sister.

This seems odd. How does Moshe’s prayer for Miriam’s leprosy relate to our feeling of love toward G-d?

I think that answer lies in the reason for Miriam’s leprosy. When Miriam was young she saw in a prophetic vision that it was not proper for her parents to separate from one another. As a result of her prophecy Moshe was born and the Jews were ultimately redeemed. When she spoke ill of Moshe, Miriam was merely repeating the same sentiment: Moshe should not separate from his wife Tziporah.

Miriam was right in Egypt because she had the benefit of prophecy. When Moshe prayed for his sister, he went straight to the root of the issue. “Please cure my sister! Please restore her sense of prophecy so that she will not make this mistake again!”

In Yedid Nefesh, Rav Ezkari has all of us praying for the most fundamental cure. We want to reconnect with Hashem. We want to become prophets.

And until we do, we have no right to judge, criticize, or speak ill of one another.

(Based in part on ideas from Rabbi Avie Gold and Rabbi Aryeh Leib Heyman)