



## This week's kiddush is in memory of Ann Zukerman



**Shalosh Seudos is sponsored in honor of our father, Herb Zukerman - Happy Fathers Day! and Mazel Tov to Chana Brooke on receiving her Masters Degree from Touro College.**

## Schedule for the week

<b><u>Friday, June 16th (22nd Sivan)</u></b>			
Shabbos Candle Lighting	7:00 P*	Mincha /Maariv	8:10 P
Mincha/Kabalas Shabbos/Maariv	7:00 P	Daf Yomi - right after Maariv	
<b>Dr. David Lieberman: Successful Relationships with Difficult People: Practical Strategies to Reduce Conflict &amp; Set Boundaries without Arguments or Guilt</b>	9:30 P	Partners in Torah @ JCC	8:15 P
<b><u>Shabbos, June 17th (23rd Sivan)</u></b>			
Shachris	9:00 A	<b><u>Tuesday, June 20th (26th Sivan)</u></b>	
BISLI	10:00 A	Daf Yomi	6:00 A
Dr. David Lieberman: <i>How to Make a Good Marriage Great : Blending Torah Wisdom with Leading - edge Research</i>	5:00 P	Shachris	7:00 A
<b>PLEASE SEE PAGE 2 FOR ADDITIONAL SHABBOS CLASSES</b>		Women's Learning Class	12:00 N
Daf Yomi	6:55 P	Minchah / Maariv	8:10 P
Pirkei Avos Class with Rabbi Haber	7:05 P	Daf Yomi - right after Maariv	
Mincha	7:55 P	<b><u>Wednesday, June 21st (27th Sivan)</u></b>	
Maariv / Havdala	9:13 P	Daf Yomi	6:00 A
<b><u>Sunday, June 18th (24th Sivan)</u></b>		Shachris	7:00 A
Daf Yomi	7:00 A	Taste of Mussar Class /JCC with Rabbi Rudin	12:30 P
Shachris	8:00 A	BINA Graduation (Bnai Israel)	6:45 P
Toras Chaim Graduation (Portsmouth)	7:00 P	Minchah / Maariv	8:10 P
Mincha / Maariv	8:10 P	Rabbi Goder Beis Medrash - after Maariv	
<b><u>Monday, June 19th (25th Sivan)</u></b>		Daf Yomi - after Maariv	
Daf Yomi	6:00 A	<b><u>Thursday, June 22nd (28th Sivan)</u></b>	
Shachris	6:45 A	Daf Yomi	6:00 A
Yeshivas Aish Kodesh Graduation & Siyum	6:00 P	Shachris	6:45 A
		Minchah / Maariv	8:10 P
		Daf Yomi - after Maariv	
		<b><u>Friday, June 23rd (29th Sivan)</u></b>	
		Daf Yomi	6:00 A
		Shachris	7:00 A
		Shabbos Candle Lighting	7:00 P*
		Mincha/Kabalas Shabbos/Maariv	7:00 P

*\*Until September 15th we will be making an early Shabbos with Mincha at 7:00 PM. Candle Lighting will be at 7:00 PM, but no later than 7:20 PM.*

## **CLASSES FOR EVERYONE**

### DAF YOMI

**Morning Class:** Sundays at 7:00 AM

Weekdays at 6:00 AM with Rabbi Loiterman

**Evening Class:** Sunday through Thursday after Ma'ariv

**Shabbos & Yom Tov:** both classes meet together one hour before Mincha with Rabbi Loiterman

### SHABBOS LEARNING FOR BOYS

Grades 5th - 8th Gemara class with Rabbi Harpaz at his home at 3:00 PM

Grades 1st - 4th with Rabbi Lipman at shul 30 minutes before Mincha

Grades 5th - 9th Mishnayos Shiur with Rabbi Harpaz at shul 30 minutes before Mincha.

### PIRKEI AVOS WITH RABBI HABER

Shabbos afternoons, 50 minutes before Mincha

How Pirkei Avos influenced the lives of the Rebbes; how Pirkei Avos should influence our lives.

### PARTNERS IN TORAH:

Mondays from 8:00 PM to 9:00 PM

**For both men and women**, meets at the JCC in Room 238

### Women's Learning Class

Tuesdays 12:00 Noon

Deepening your Emunah through the 6 constant mitzvos based on the teaching of Rabbi Noach Weinberg, zt"l

### TALMUD CLASSES - 75 minutes before Mincha

Tuesday evenings: With Gershon Aronoff - Megilla

### RABBI GODER OPEN BEIS MEDRASH LEARNING NIGHT

Wednesdays after Maariv at B'nai Israel

Join one of several informal study groups being offered.

## **ANN ZUKERMAN SCHOLAR-IN-RESIDENCE**

We are joined this Shabbos by Dr. Dovid Lieberman.

Dovid Lieberman, Ph.D., is a noted speaker and award-winning author with a renowned insight into the human condition. His 11 books, which have been translated into 26 languages and include two New York Times bestsellers, have sold more than 3 million copies worldwide. Blending the wisdom of Torah with cutting-edge research, Dr. Lieberman's writings and lectures captivate both scholar and layman alike, and are enjoyed by people at all levels and from all backgrounds.

### **FRIDAY NIGHT, JUNE 16TH:**

7:00 PM - Kabbolas Shabbos with introductory words from Dr. Lieberman

8:00 PM - Elegantly catered meal at Bnai Israel (by reservation only)

9:30 PM - *Successful Relationships with Difficult People: Practical Strategies to Reduce Conflict and Set Boundaries without Arguments or Guilt* - OPEN TO THE PUBLIC

### **SHABBOS DAY, JUNE 17TH:**

11:00 AM - *Real Power: Rise Above Your Nature and Never Feel Angry, Anxious, or Insecure Again*

11:30 AM - Gala Kiddush

5:00 PM - *How to Make a Good Marriage Great: Blending Torah Wisdom with Leading-edge Research*

## **A TASTE OF MUSSAR - PART 2**

*Wednesday, June 21 / 12:30 PM*

A Taste of Mussar - Part 2, is being facilitated by Rabbi Gavriel Rudin. This three-week course developed by Dr. Alan Morinis, which began on Wednesday, May 24th, is a follow up to his discussions on the Jewish spiritual practice of Mussar offered during the recent Tidewater Together events and the first series offered last month. This series will focus on the character traits of silence, love and joy. There are no prerequisites for this program, and no language other than English is required.

## **TORAS CHAIM 8TH GRADE GRADUATION**

*THIS SUNDAY, June 18th at the Gomley Chesed Campus of Toras Chaim at 7:00 PM*

Mazel Tov to the 8th grade graduates: *Eight Grade Boys: Mendel Chakoff, Aryeh Litt*  
*Eighth Grade Girls: Mushky Brashevitzky, Minna Haber, Shifra Chana Harpaz, Shaina Lefkowitz, Pesha Shereshevsky*

## **YESHIVAS AISH KODESH GRADUATION AND SIYUM DINNER**

*THIS Monday, June 19th at Bnai Israel Congregation at 6:00 PM*

Mazel Tov to the 2017 graduates of Yeshivas Aish Kodesh: Josh Berman, Shmulie Dean, Gav Perlman, Avromi Pressman, Mahyer Reischer, Dovid Shugarman, Yosef Tzvi Weinreb, Binyamin Zerkiev. In addition to the graduation, Yeshivas Aish Kodesh will be having their annual Siyum and Fundraising Dinner honoring Bruce and Shari Berman, Parents of the Year. The dinner charge is \$54.00 per person. Ads for the annual journal for the Siyum Dinner & Graduation are now being accepted. They range from \$54 for a greeting to \$25,000 as a Founder of the Yeshiva, with other levels available. For more information, please contact Yeshivas Aish Kodesh by phone at 757-623-6070 or by email at [office@yeshivaishkodesh.com](mailto:office@yeshivaishkodesh.com).

## **BINA HIGH SCHOOL GRADUATION**

*THIS COMING WEDNESDAY, June 21st at Bnai Israel Congregation at 6:45 PM*

Mazel Tov to Shana Goldfarb, Yehudis Greenwald, Dalya Miller, Devorah Peck, and Ellya Suissa on their graduation from BINA High School. The graduation will take place at Bnai Israel Congregation at **6:45 PM**. There will be babysitting available during the graduation. Reservations for babysitting should be made by Monday, June 19th.

## CAMP RUACH

**Monday, June 26th to Friday, July 21st**

Once again, Camp Ruach is open for registration. The cost of Camp Ruach is \$125 / week / per child, which will include lunch. You may sign up for one or all of the available weeks. Scholarships are available, but those on scholarship will be asked to help with lunch and other needs. Please contact Mrs. Chamie Haber for further information. Camp will be from 9:00 to 3:00 Monday through Thursday and 9:00 to 1:00 on Friday.

This year's camp will be from June 26th – July 21st. Please include payment for at least one week upon enrollment of each child. **Please make checks payable to Camp Ruach.**

Our SEED counselors will be available to learn one on one with any Jewish woman in the community that would like to learn. Please contact Mrs. Chamie Haber if you are interested in this wonderful opportunity.

## **DISCOVERY PROGRAM: WHY BE JEWISH IN THE 21ST CENTURY**

***Monday July 10th - Mincha at 6:30 PM followed by the Seminar at Bnai Israel***

On Monday, July 10th, please join the Norfolk Kollel as they host a Discovery Seminar. Discovery is a popular and powerful seminar which explores the basis of the Jewish belief. Over one hundred thousand Jewish worldwide have been amazed by Discovery's intelligent and fascinating presentation of Judaism and its relevance today.

Leading the Discovery seminar is Rabbi Ariel Shoshan. Rabbi Shoshan has been the Rabbi of Ahavas Torah, the Scottsdale Torah Center since its 2004 founding. A native of Chicago, Rabbi Shoshan is a graduate of both Ner Israel Rabbinical College and the University of Maryland - Baltimore County. He served as the director of the Phoenix Community Kollel from 2002 through 2007 and is a member of the teaching faculty at both Yeshiva High School of Arizona and Torah Day School of Phoenix. In recent years, he had lectured extensively for Shearim Torah High School, Ner L'Elef Rabbinic Training, JAC (Jewish Arizonans on Campus), and for communities in 13 states and four countries. For more information about this seminar, please contact the Norfolk Kollel.

On **Wednesday, July 12th**, Rabbi Shoshan will give a special talk: *Why I gave up a kidney: Feeling for others*. A meaningful talk to begin the "Three Weeks."

## **THE BNAI ISRAEL CALENDAR**

After much contemplation, we realized that the Bnai Israel calendar - a staple here for over 60 years - was missed. So, we will once again be publishing the calendar. We are starting early this year in gathering information and ads, so that everyone has a chance to participate.

We are asking you, the members of Bnai Israel, to suggest names, addresses (and email addresses) of those businesses which you utilize in your day to day life. We will then be asking for volunteers to solicit ads for the calendar. If you have any questions, please feel free to contact the office.

## **THE KIDDUSH & SHALOSH SEUDOS CLUBS**

Ever wonder how those non-sponsored Kiddushes and Shalosh Seudos meals get paid for? Although it doesn't look like a lot of food, it does cost us about \$100.00 as week to put on the non-sponsored Kiddush for over 150 people and about \$75.00 for a non-sponsored Shalosh Seudos.

It is through the generosity of the members of the Kiddush Club and the Shalosh Seudos clubs that the costs are covered.

The following families have pledged \$18 per month to the Kiddush Club to cover these costs:

Bruce & Shari Berman	Jason & Dr. Alison Ohana
Robert & Darcy Bloch	Dr. Earl & Andie Pollock
Jeff & Amy Brooke	Ruth Rothman
Aaron & Ruth Cohen	Dr. Gedalia & Jodi Schwartz
Drs. Stephen & Lynn Deutsch	Jordan & Laurie Slone
Lt. Commander Adam & Chava Goldberg	Dr. Michael & Brina Weissman
Robert & Audrey Guterman	Mike & Naomi Zelikovich
Kevin & Amy Lefcoe	Herb Zukerman
Rabbi Gershon & Sara Litt	

Each of the following families have pledged \$10 per month to the Shalosh Seudos Club cover these costs:

Bruce & Shari Berman	Rabbi Gershon & Sara Litt
Robert & Darcy Bloch	Joey & Carol Miller
Jeff & Amy Brooke	Dr. Earl & Andie Pollock
Aaron & Ruth Cohen	Bern Schloss
Drs. Stephen & Lynn Deutsch	Dr. Gedalia & Jodi Schwartz
Lt. Commander Adam & Chava Goldberg	Jordan & Laurie Slone
Rabbi Sender & Chamie Haber	Dr. Michael & Brina Weissman
Shmuel & Shira Itzhak	Ken & Debbie Wilson
Rabbi Aharon & Sarah Lipman	Herb Zukerman

Won't you consider joining these special clubs? Additional sponsors will help us cover our cost and expand our menus. You can be billed each month, or once a year - it's up to you. If you are interested, please contact Michele Aronoff in the Bnai Israel office.

## Thank You to our Contributors

A special thank you to Dr. Ludwig & Ruth Sternlicht for their contribution to the Chai Kiddush: In honor of Amy Lefcoe, Irene Mazel and the women who participated in the Tehillim Class - upon their completion of Sefer Tehillim.

To Benjamin Borman for his contribution in memory of his great-grandmother, Rebecca Katz.

To Sonny & Betty Lou Legum for their contribution in honor of the anniversary of Gary & Laurie Siegel.

To Leonard & Diana Ruchelman for their contribution to the Eruv Fund in memory of Terri Salt, mother of Brina Weissman.

To Susan Wilson for her contribution in memory of Terri Salt, mother of Brina Weissman

To Susan Wilson for her contribution in honor of Esther Bridge - in honor of her special award from Toras Chaim.

To Susan Wilson for her contribution in honor of Debbie Wilson - or the special recognition from Toras Chaim for her work in the Rabbi Israel Bornstein Library.

To Irene Mazel for her contribution in memory of Terri Salt, mother of Brina Weissman.

To Jeanene Anker for her contribution in memory of Terri Salt, mother of Brina Weissman.

To Jeanene Anker for her contribution in memory of Risa Litt, cousin of Rabbi Gershon Litt.

To Jeanene Anker for her contribution in honor of the Lefcoe Family.

To Ruth Rothman for her contribution in memory of Terri Salt, mother of Brina Weissman.

To Sylvia Belkov for her contribution in memory of her husband, Philip Belkov.

To Dr. Ludwig & Ruth Sternlicht for their contribution in memory of Terri Salt, mother of Brina Weissman.

**For the Week of Shabbos, June 17th through Friday, June 23rd**

**BIRTHDAYS**

Abbott Saks	6/18	Chana Leah Rothman	6/22
Brina Weissman	6/21	Leah Schwartz	6/22
Joshua Berman 18th	6/22		

**ANNIVERSARIES**

Rabbi & Mrs. Sholom Mostofsky	26th	6/17	Dr & Mrs. Douglas Shames	42nd	6/22
Rabbi & Mrs. Shmuel Brandt	18th	6/21	Dr. & Mrs. Andrew Fekete	61st	6/23

**YAHRTZETS**

Sophia S. Amdursky	6/17	Samuel Levinson	6/19	Annie Horwitz	6/21
Sandy Wilson	6/17	Samuel Baras	6/20	Bertha Aronoff	6/22
Norman Kozak	6/18	Itzhag Drory	6/20	Isaac Siegel	6/22
Fanny Ethel Brenner	6/19	Trudy Lefkovitz	6/20	Dorothy Kaplan	6/23
Jennie Forman	6/19	Ethel Berman	6/21	Rebecca Katz	6/23

**REFUAH SHELAIMA**

**Women**

Shoshana bas Miriam	Devora Leah bas Civet Elkie
Vittel Zilke bas Leah	Samecha Yehudis bas Esther
Leah Adina bas Chaya Esther	Reva Raza bas Malka
Yochana bas Chana	Shoshana bas Netta
Nava bas Fruma Leah	Adi Bat Miriam
Basha Leiba bas Baila Fruma	Chana Leah bas Fraydel
Simcha bas Tzipporah	Ruth bas Sarah
Malka Esther bas Devorah	Chaya bas Ruchel
Devorah bas Ruchel	Tinokes bas Esther Hadassah
Sara Bas Sara	Sheva bas Rivka
Miriam Rochel bas Chava Elisheva	Chaya Ruchel bas Zelda
Kayla Dodie bas Rochel Bracha	Shira bas Sarah
Rochel Bracha bas Baila	Nechama Getzel bas Rachel
Tirtze Sorah bas Rochel Bracha	Ruchama Malka Briendel bas Shaina
Rivka Tehilla bas Sarah	Shifra
Hinda bas Dena	Miriam bas Chava
Shula bas Carmela	Kayla Devora bas Shayna Meryl
Eliana Chaya bas Nacha	Leah Aviva bas Masha
Adi Simcha bas Penina Leah	Rochel bas Tova
Gilsom Gila bas Tzipporah	Chaya Rochel bas Esti Rivka
Tzipporah bas Gilsom Gila	Rivka bas Chaya Ruchel
Aida Batya bas Etta	Rivka bas Yocheved
Chaya Tova Gittel bas Shulamis Sima	Tzippora Aviva bas Rivka
Elka Gittel bas Basya	Devora Rivka bas Tzipora
Chana Yitta bas Bryna	Yehudis Sema bas Alta Ruchel
Yehudis bas Irma	
Bayla Mishka bas Devora	
Malka Chana bas Ruchel	
Miriam bas Tzipora	
Chaya Raizel bas Dena	
Chana bas Sarah	

**Men**

Shalom Boruch ben Masha	Akiva Hillel Ben Cooki Tziporah Feige Gittel
Yehuda ben Chasha Ruchel	Yehuda Herschel ben Chaya Leah
Moshe Yechzekel Halevi ben Sara Malka	Dovid Leshem ben Esther
Reuven Simcha ben Naomi Rus	Chaim Yaakov Dovid ben Avigail
Yonah Michael Alter ben Esther Sarah	Abba ben Tzipora
Shlomo Yaakov Yonason ben Chana Raizel	Pesach ben Baila
Aryeh Nachman HaCohen ben Ita	Dovid Avraham ben Miriam
Shlomo ben Tzipporah	Yosef Aaron ben Keren Shoshana
David Shlomo ben Rivka Tehilla	Robert ben Jean
Noach HaLevi ben Miriam	Rachmiel Leib ben Mordechai HaLevi
Koppel ben Bayla	Yehuda Sema ben Alta Ruchel
Yonatan ben Rivka	Chaim Rafael Yoel ben Shayna Golda
Abraham ben Iza	Daniel Yosef ben Miriam
Yoel Meir ben Chaya	Aaron Emanuel ben Tzippora
Yehudah Ben Batya	Michoel Dovid ben Rivka
Rafael Messod ben Naomi Sarah	Moshe Yosef ben Esther
Eliezer ben Sara	Reuven HaCohen ben Sarah
Avraham Beryl HaLevi ben Miriam	Eitan Shmuel bas Chana Leah
Yissachar ben Rachel	Eliezer Yehuda ben Chana Shaindel
Binyamin Leib ben Rachel Chana	Yisroel Shmuel ben Sarah
Zecharia Avraham ben Devorah Rivka	Yehudah ben Chana Leah
Nosson Yitzhak Ben Leah	Chaim Avraham ben Feiga
Moshe ben Raizel	Chaim Shmuel ben Rivka
Eliezer ben Penina Kaila	Eliyahu Aron ben Hudel
Meir Yehoshua ben Penina Kaila	Sholom Yehuda ben Fayga
Beryl ben Chava	Tinok ben Rochel
Shmuel Yeruchem ben Baila	Shlomo Yoel ben Chaya Leah
Eitan ben Sarah	Chanina Getzl ben Chana Fradel
Yehoshua ben Nechama Aliza	
Menachem ben Tzipka	
Avraham ben Chana	
Asher Eliyahu ben Leah	

## THE B'NAI ISRAEL CALENDAR AT A GLANCE

### **Week of June 11th through 17th**

**Friday, June 16th & Shabbos, June 17th: Ann Zukerman Scholar in Residence: Dovid Lieberman, Ph.D**

**Friday, June 16th:** Friday Night Dinner at Bnai Israel with Dr. Lieberman

**Friday, June 16th:** Oneg at Bnai Israel with Dr. Lieberman

**Shabbos, June 17th:** Drasha by Dr. Lieberman

**Shabbos, June 17th:** Kiddush in memory of Ann Zukerman

**Shabbos June 17th:** Special lecture by Dr. Lieberman (5:00 PM @ Bnai Israel)

### **Week of June 18th through 24th**

**Sunday, June 18th:** Toras Chaim Graduation at the Gomley Chesed Campus of Toras Chaim

**Monday, June 19th:** Yeshivas Aish Kodesh Graduation and Siyum Fundraising Dinner at Bnai Israel

**Wednesday, June 21st:** Bina High School Graduation at Bnai Israel

**Shabbos, June 24th:** Kiddush - In honor of Michal Raizel Murkoff and the entire Mostofsky family.

**Shabbos, June 24th:** Shalosh Seudos in memory of Farangis Dayanim by Dr. Behrooz & Trudy Dayanim

### **Week of June 25th through July 1st**

**Sunday, June 25th:** Rosh Chodesh Tamuz

**Monday, June 26th:** Start of Camp Ruach at Bnai Israel

**Shabbos, July 1st:** Kiddush in honor of Irene Ullman's 80th birthday

### **Week of July 2nd through July 8th**

**Monday, July 3rd - Friday, July 7th:** Camp Ruach

**Shabbos, July 7th:** Kiddush by Toras Chaim

### **Week of July 9th through July 15th**

**Monday, July 10th - Friday, July 14th:** Camp Ruach

**Monday, July 10th -** Discovery Program with Rabbi Ariel Shoshan

**Tuesday, July 11th -** Shiva Asar b'Tamuz, beginning of "The Three Weeks"

**Wednesday, July 12th -** Why I gave up a kidney: Feeling for others. A meaningful talk to begin the "Three Weeks" with Rabbi Ariel Shoshan

### **Week of July 16th through July 22nd**

**Monday, July 17th - Friday, July 21st:** Camp Ruach (camp ends on July 21st)

### **Week of July 23rd through July 29th**

### **Week of July 30th through August 5th**

**Monday, July 31st:** Erev Tisha B'Av - reading of Eicha

**Tuesday, August 1st:** Tisha B'Av

## O p p o s i t i o n

By Rabbi Sender Haber

The Jewish people could be pardoned for spying on the land of Israel. It was a regular military tactic and an example of good planning. Their problem was the way that they looked at the land. They forgot about Hashem's promise and they forgot that the conquest was not completely in their hands. When Yehoshua and Kaleiv tried to remind them, they were stoned. Nobody wanted to look at things differently or to see things from another angle.

It is interesting that both Yehoshua and Kaleiv stayed strong in their opposition to the Meraglim but they stayed strong in different ways.

Yehoshua received a blessing from Moshe and a 'yud' added to his name. Kaleiv visited Chevron and prayed at the graves of our ancestors.

The Chofetz Chaim explains that there are two different approaches that a person can take when going against the flow. Some people argue and debate and make a lot of noise voicing their opposition. This is good because it keeps them strong, but bad because they and others can get hurt. Other people stay quiet and try to keep themselves strong. This is a lot safer, but it is very risky. Attitudes of those around us eventually rub off on us and penetrate deep into our souls.

Yehoshua belonged to the first group. From the beginning, he denounced the spies and their attitudes. He stayed strong, but Moshe was concerned for his physical well-being. He gave him a blessing that he would be saved from harm at the hands of the spies. According to the Chasam Sofer, the 'yud' itself connotes the self confidence and assertiveness that Yehoshua had in opposing the spies. The Aruch write that they knew that this was the result of a blessing and mocked him for it, calling him "Reish Ketiah". Still, he held his ground and the spies were unable to affect him spiritually or physically.

Kaleiv took a different approach. He went along with the spies and did not say a word. When he finally got up to defend Moshe people stopped to listen. They thought that he was on their side.

Kaleiv realized early in the trip that he would need special help from G-d to stay strong. He went to Chevron and prayed to recharge and rejuvenate his soul. This worked as well.

The Chafetz Chaim writes that both approaches are legitimate. Some of us make a lot of noise and some of us are more subtle, but both Yehoshua and Kaleiv could not have done what they did without the blessing from Moshe and the prayers in Chevron. We can't do anything without G-d.

The spies forgot that they had G-d and they died in the desert. Yehoshua and Kaleiv relied on G-d and they merited to usher the Jewish people into the land.