

**Remember – we use the simple present tense when we talk about things we do often.**

**“Time” expressions**

Once a week  
Twice a week  
Monday thru Friday  
Three times a week  
Every other day  
Twice a day  
Once a day  
Every week  
Every day

What's your weekly routine?

- I make breakfast every day.

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What's your tutor's weekly routine?

- She reads the newspaper Monday through Friday.

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