



# FREE PARENT WORKSHOPS

*Sponsored by the Special Education Resource Center located at White Oak School  
Baltimore County Public Schools Office of Special Education  
Fall 2017*

## NAMI Basics Free Course

*(must be able to attend all classes)*

**October 11, 18, 25 and November 1, 8, 15      10 a.m. —12:30 p.m.**

*This educational course is for parents or caregivers of children and adolescents living with behavioral health issues, including ADHD, anxiety disorders, depression and others. The course provides the fundamentals a caregiver needs to care for themselves, their family and their child.*

**Instructors:** Judith Mathews, MPH, Ph.D. and Helen Doyle

**Location:** White Oak School

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## Executive Functions: What's the Big Idea?

**November 16      7—9 p.m.**

*Participants will examine how executive functions (EF), often referred to as the “hidden curriculum”, can impact a student’s success in the classroom. EF skills are a group of brain-based abilities that help students “execute” a task from start to finish and self-regulate one’s behavior. Similar to other academic and learning skills, some students may need varying levels of support and intervention. Strategies for teaching and reinforcing specific EF skills will be shared.*

**Instructor:** Beth Lambert, BCPS SST/504/IST Facilitator

**Location:** White Oak School

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## Applying for Supplemental Security Income (SSI)

**November 29      10 a.m. —12 p.m.**

*This workshop answers questions about the SSI application process and eligibility for students with intellectual or other developmental disabilities who are 17 or older.*

**Instructor:** Social Security Administration Representative

**Location:** White Oak School

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**White Oak School is located at 8401 Leefield Road, Baltimore, MD 21234**



**Registration for all workshops is required and limited!**

To register call the Special Education Resource Center at 410-887-5443  
or e-mail [serc@bcps.org](mailto:serc@bcps.org)

*Let us know in advance of any accommodations you may require*

More information



# More **FREE** Parent Workshops coming...

We have a wide variety of workshops planned for the 2017-18 school year. Contact the Special Education Resource Center today to get on the email list so that you can be notified of upcoming events!

Phone: 410-887-5443

E-mail: [serc@bcps.org](mailto:serc@bcps.org)

## Can't make it to our workshops?

**Please consider coming to a SECAC parent information session!**

7-9 p.m. (NO REGISTRATION NEEDED!)

- November 6 Social/Emotional Development
- December 4 Verletta White, Interim Superintendent, BCPS

*Location: Room 114, Building E, Greenwood Campus, 6901 Charles Street, Towson, MD 21204*

## Other Learning Opportunities...

### WEBINARS, VIDEOS AND MORE:

- BCPS Parent University [www.bcps.org/parentu/](http://www.bcps.org/parentu/)
- Center on Technology and Disability <https://www.ctdinstitute.org/>
- Kurzweil Education [www.kurzweiledu.com](http://www.kurzweiledu.com)
- Maryland Learning Links <https://marylandlearninglinks.org/>
- Parents' Place of Maryland [www.pppmd.org/resources/archived-training/](http://www.pppmd.org/resources/archived-training/)
- Understood—For Learning and Attention Issues [www.understood.org/en/community-events/experts-live-chats-webinars](http://www.understood.org/en/community-events/experts-live-chats-webinars)

### NEWSLETTERS:

- Special Ed Advocate [www.wrightslaw.com/subscribe.htm](http://www.wrightslaw.com/subscribe.htm)
- International Dyslexia Association <https://dyslexiaida.org/examiner/>

