

## Program Description

Please join us for a live webinar on Thursday, February 15, with Nancy Mohrbacher, IBCLC, FILCA, a pioneer in the field of lactation consulting, author of leading books on breastfeeding, and creator of the Breastfeeding Solutions App.

Nancy will summarize *the latest research on pumping*, including how to establish healthy milk production for families with babies in the NICU and for those who choose to pump and bottle feed.

Nancy will also discuss specific recommendations for scheduling pump sessions, frequency and length, ways to individualize pumping plans based on breast storage capacity and *how to be of most help and support to families who pump and bottle-feed*.

### Faculty

**Nancy Mohrbacher, IBCLC, FILCA** is a lactation consultant who has been helping nursing mothers for over 35 years. She is the author and coauthor of many books and the creator of the widely used Breastfeeding Solutions app.

### Continuing Education Credits

offered at no additional charge

**RN:** BreastfeedLA is an approved provider by the California Board of Registered Nursing. This course offers 1.5 contact hours of continuing education. BreastfeedLA's provider number is CEP 16435. Licensee must maintain certificate for a period of four years.

**IBCLC:** BreastfeedLA is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT113-36. 1.25 LCERPs will be awarded.

**RD:** Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.



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2851 W. 120<sup>th</sup> St., Ste. E #335  
Hawthorne, CA 90250  
Phone: (323) 210-8505  
[www.BreastfeedLA.org](http://www.BreastfeedLA.org)

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## BreastfeedLA Webinar

Helping Families Who  
Exclusively Pump  
with Nancy Mohrbacher



Thursday, February 15, 2018  
10:00 AM -11:45 AM (Pacific Time)

Live Webinar

(\*This webinar will be recorded and available for viewing/purchase for 2 years)

## Agenda

10:00 Welcome

10:05 Helping Families Who Exclusively Pump

11:20 Question and Answer

11:45 Adjourn



## Objectives

Following the didactic presentations, participants will be able to:

- ❖ Explain how the physical laws of milk production apply to those exclusively pumping.
- ❖ Describe optimal pumping strategies after birth among exclusively pumping families and how they vary over time.
- ❖ Summarize the evidence on how to tailor a pumping plan to individual physical differences.

## Registration Fees

Registration includes continuing education credit.

\$25 - Up to Jan 25, 2018 Midnight Pacific Time

\$30 – On or after Jan 26; Registration Closes 1 Hour Prior to Start of Webinar

## Webinar Software

This webinar will be conducted using Zoom software. Instructions on how to access the webinar will be included in a registration confirmation email. The webinar will be recorded.

## Participant Information

Registration confirmation will be sent to participants via email. Presentation handouts are sent via e-mail 2 business days prior to the seminar. Certificates of attendance and continuing education will be delivered to attendee via email following completion of webinar evaluation.

## Cancellation Policy

Written cancellations received by Midnight Pacific Time on Jan 25, 2018 will be granted, subject to a \$5 fee. No refunds after this date.

## Target Audience

Physicians, Midwives, Therapists, LCSWs, MFTs, Registered Nurses, Registered Dietitians, Nutritionists, Occupational Therapists, CPHWs, Lactation Consultants & Educators, LLL Leaders, Health Educators, Case Managers, Home Visitors, Doulas, Breastfeeding Peer Counselors, Students, and others interested in supporting families in the initiation and maintenance of breastfeeding.

## Registration Form

Webinar Helping Families Who Exclusively Pump 2/15/18

Register Online

<https://tinyurl.com/exclusivelypumping>

Mail: BreastfeedLA, 2851 W. 120<sup>th</sup> St., Ste. E  
#335, Hawthorne, CA 90250

	Price
<input type="checkbox"/> Early Bird (on or before Midnight Pacific Time 1/25/2018)	\$25
<input type="checkbox"/> General (until 9AM Pacific Time 2/15/2018) – <b>All check payments at this price</b>	\$30
<input type="checkbox"/> Tax-Deductible Contribution To BreastfeedLA	\$ _____
<b>Total: \$ _____</b>	
Name _____	
Job Title _____	
Company/Hospital _____	
Billing Address _____	
Billing City, ZIP _____	
Email Address—required to receive confirmation _____	
Phone _____	
<input type="checkbox"/> IBCLC? If yes, check this box	
<input type="checkbox"/> RN? License # _____	
Method of Payment	
<input type="checkbox"/> <b>Check - Price when paying by check is \$30 regardless of date – No Early Bird</b>	
<input type="checkbox"/> Visa	_____
<input type="checkbox"/> MasterCard	_____
Credit Card #	CCV _____
Signature	Exp.Date _____
Billing ZIP _____	