

## Dr. John Campione Available Course:

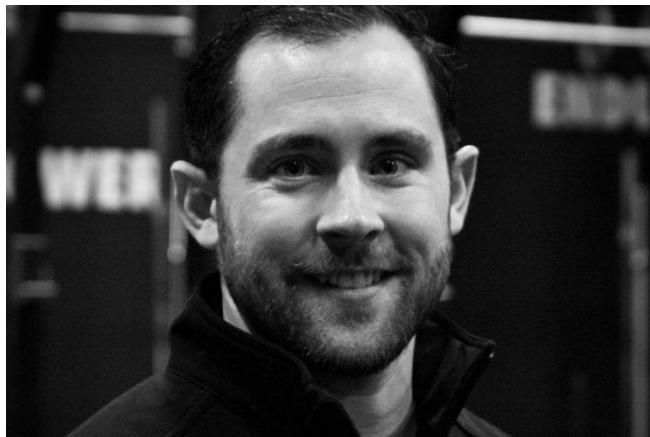
**Sunday, October 22<sup>nd</sup> – 8:00 – 12:00 p.m.: Upper Body Rehab**

Many conditions that present in a chiropractic office are a result of poor posture. In this class, taping for posture and prescribing corrective exercise strategies will be discussed for the most common posture dysfunctions.

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### Dr. John Campione

Doctor of Chiropractic



Dr. Campione is a Board Certified Chiropractic Physician. He is a graduate of the National University of Health Sciences receiving his Doctor of Chiropractic degree in 2010. John received a Bachelor of Science degree in Exercise Physiology from the West Virginia University School of Medicine.

John specializes in physical rehabilitation being board certified in Physiotherapy in the state of Illinois using a blend of chiropractic adjustment, soft tissue manipulation and corrective exercises to treat ailments of the human neuro-musculo-skeletal system. He holds post-graduate certifications in acupuncture, strength and conditioning with the National Strength and Conditioning Association, corrective exercise with the National Academy of Sports Medicine, Functional Movement Systems, Neurokinetic Therapy, Active Release Technique, and kettlebell training with the World Kettlebell Club.

John has 12 years experience in healthcare having worked in a wide variety of physical therapy clinics and hospitals as well as having seven years experience as a personal trainer and strength coach. He is a contributor to the World Kettlebell Club blog and is an adjunct faculty member at local colleges.