

# Financial Wellness Workshop

Sponsored by  
Housing Opportunities Commission

## S.M.A.R.T. Goals

- Encourage Achievement of goals and Self-care
  - Identify Individual strengths and how they play a part in your Self-Sufficiency
  - Encourage the building of having a healthy Self-esteem

**Tuesday, May 15, 2018 6-8pm**

**3300 Briggs Chaney Road  
Silver Spring, MD 20904**

It's all about  
preparation,  
Preparing for your  
Goals wisely

**Please click the link to register to attend  
For questions email [FLCoach@hocmc.org](mailto:FLCoach@hocmc.org)**