

aetna

AETNA BETTER HEALTH OF VIRGINIA

1-855-652-8249
TTY 711

www.aetnabetterhealth.com/virginia

Added benefits:**Adult dental**

- 2 exams and cleanings and 1 set of x-rays each year, plus fillings, extractions, root canal and dentures (up to \$525 each year)

Adult hearing

- Exam and 1 hearing aid each year (up to \$500 each year)

Adult vision

- Eye exam and \$100 for frames, glasses or contacts each year

Phone services

- Free cell phone with 350 minutes each month, data and free unlimited texting

Wellness programs

- Wellness rewards card
- Regional wellness center

Other benefits

- No Place Like Home grants for home modifications and rental assistance
- Memory alarms and devices
- Community health worker to help with housing, food, employment, community resources and more
- Diabetic shoes or inserts
- Meals delivered to your home after discharge, 2 meals each day for 7 days

Anthem. HealthKeepers Plus
Offered by HealthKeepers, Inc.1-855-323-4687
TTY 711

www.anthem.com/vamedicaid

Added benefits:**Adult dental**

- 2 exams and cleanings and 1 set of x-rays each year

Adult hearing

- 1 exam and up to \$1,000 for hearing aids and unlimited visits for fitting
- 60 hearing aid batteries

Adult vision

- \$100 for glasses (lenses and frames) each year

Phone services

- Smartphone with free minutes, data, texts and calls
- Mobile app to use on the go

Wellness programs

- Online search tool to find food, jobs and more
- Online peer support services

Other benefits

- More than 25,000 providers statewide to choose from
- 12 rides to community events, grocery stores, hair salons and more
- Healthy Rewards Gift Card program
- \$50 for assistive devices and \$50 for walker and wheelchair accessories
- HEPA-grade air purifier

Magellan
COMPLETE CARE.1-800-424-4524
TTY 711

www.MCCofVA.com

Added benefits:**Adult dental**

- 2 exams and cleanings and 1 set of x-rays each year (up to \$1,500 each year)

Adult vision

- \$150 for glasses or contact lenses every two years

Phone services

- Free smartphones for texts and appointment reminders

Wellness programs

- Rewards for healthy behaviors
- Help to quit smoking

Other benefits

- Fresh meals delivered to your home after discharge
- Environmental and home modifications
- Supportive employment services
- Online, interactive cognitive behavioral therapy support
- Community Connections online directory of community services and organizations

Enhanced short-term services for all members, when needed

- Personal care attendant
- Respite care
- Caregiver training and support

OptimaHealth1-877-512-3171 or 1-757-552-8360
TTY 711

www.optimahealth.com/communitycare

Added benefits:**Adult dental**

- 1 exam, cleaning and set of x-rays each year

Adult hearing

- Annual hearing exam
- 1 hearing aid for each ear every 36 months

Adult vision

- Annual exam and refraction
- Discounts on eye glasses

Phone services

- Free cell phones with 350 minutes and unlimited texting

Wellness programs

- Help to quit smoking
- Weight management
- Wellness rewards

Other benefits

- Individualized, fully-integrated program with a state-wide network of providers
- Assistive devices
- Extended respite for caregivers
- Diabetic foot care
- Memory alarms and devices
- Pest control
- Meals delivered to your home after discharge from inpatient hospital or nursing facility, 2 meals each day for 7 days

UnitedHealthcare
Community Plan1-866-622-7982
TTY 711

www.uhcommunityplan.com

Added benefits:**Adult dental**

- 2 exams and cleanings and 1 set of x-rays each year

Adult vision

- Eye exam each year and frames and lenses every 2 years if needed

Phone services

- Free smartphone with 350 minutes each month, unlimited texting, and pre-programmed contacts for benefit and NurseLine support

Wellness programs

- Alere Quit For Life program and resources to quit smoking or tobacco use
- Weight Watchers: 10 meeting vouchers each year, resources for healthy eating and weight loss

Other benefits

- Baby Blocks prenatal care rewards for attending prenatal and baby's appointments
- Health4Me® free mobile app for health tips, reminders and care team secure messaging
- Meals delivered to your home after discharge from inpatient hospital or nursing facility, 2 meals each day for 7 days

VAPremier
Health Plan, Inc.1-877-719-7358
TTY 711

www.vapremier.com

Added benefits:**Adult dental**

- Exams, cleanings and x-rays each year

Adult vision

- Eye exams plus up to \$100 for lenses or frames

Phone services

- Wellpass program with free smartphone, unlimited texting, and minute and data packages

Wellness programs

- Exercise at YMCA, YWCA and Curves
- Smoking cessation services and resources
- Healthy Heartbeats prenatal and postpartum wellness program

Other benefits

- Chronic disease management including self-management education classes
- Gift card rewards for wellness and preventive activities
- Online tools for accessing health plan services
- Meals delivered to your home after discharge from hospital or nursing facility for up to 14 days

▶ For a list of **doctors and hospitals** that work with each plan, go to the plan's website or call their toll-free number listed above.▶ For a list of **basic benefits that all plans offer**, see the brochure in this packet.