

# Discover the Path of



Please RSVP • 617.926.1230 • [info@bknewengland.org](mailto:info@bknewengland.org)

In today's challenging times, maintaining a sense of hope and optimism for the future can be a struggle. It takes special efforts to keep yourself positive and light in your life. Raja Yoga Meditation provides a clear path to creating and maintaining hope within yourself. Explore different methods to maintain a sense of upliftment, learn to link to the Source of hope, and understand the opposing ascending and descending energies in our world today.

You can keep yourself light - it's your choice!

**Thursday, March 16, 2017**  
**7:30 pm – 8:30 pm**

It is recommended that you arrive early to take full advantage of the meditation at the start of the event from 7:00 to 7:30 pm

**All are Welcome. Free of Charge.**



At the Brahma Kumaris Learning Center for Peace  
75 Common Street  
Watertown, Massachusetts 02472

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