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**Georgia Association of Community Services Boards**

**21st Annual Spring Fling**

**April 29 - May 2, 2018**

**Epworth by the Sea**

**Saint Simons Island, GA**

**Sunday, April 29, 2018**

4:00 p.m. - 6:00 p.m. **Check In & Conference Registration Front Desk/Lobby**

5:30 p.m. - 7:00 p.m. **Dinner Smith Dining Hall**

7:00 p.m. - 7:15 p.m. **Welcome Strickland Auditorium**

Robyn Garrett

Executive Director

Georgia Association of Community Service Boards

Douglasville, GA

7:15 p.m. - 7:45 p.m. **Keynote Address**   **Strickland Auditorium**

Honorable Stephen Kelley

Glynn County Superior Court

Brunswick, GA

7:45 p.m. – 9:00 p.m**. Talent Show**  **Strickland Auditorium**

MC’d by: Melvin Harris

Emory Pitts

**Monday, April 30, 2018**

7:00 a.m. - 8:30 a.m. **Breakfast Smith Dining Hall**

8:45 a.m. - 9:00 a.m. **Welcome & Opening Remarks** **Strickland Auditorium**

Robyn Garrett

Executive Director

Georgia Association of Community Service Boards

Douglasville, GA

9:00 a.m. - 9:30 a.m. **Recovery on Fire** **Strickland Auditorium**

Bill Carruthers CPRP-CPS-MH-AD-WH CARES

Peer Workforce Development & Training Director

Highland Rivers Health

Cartersville, GA

9:45 a.m. – 10:45 a.m. **Georgia Peer Recovery Certifications Panel/ Clary I**

**Employment Opportunities**

Sheila Corn

Outreach Coordinator

**** RESPECT Institute of Georgia

Georgia Mental Health Consumer Network

Decatur, GA

Roslind Hayes, CP, CARES, WH-WC

Statewide Coordinator

Peer Support, Wellness, and Respite Centers

Georgia Mental Health Consumer Network

Decatur, GA

Karen Daniels, CARES

CARES Liaison

Certified Addiction Recovery & Empowerment Specialist

Georgia Council on Substance Abuse

Atlanta, GA

9:45 a.m. – 10:45 a.m. **Employment Express/** **Strickland Auditorium Employment Opportunities for Individuals Living with an Intellectual/Developmental Disability**

Charles Hopkins, Consultant

Georgia Department of Behavioral Health and Developmental Disabilities

Atlanta, GA

**Monday, April 30, 2018**

10:45 a.m. - 11:00 a.m. **Break/Snack ½ Strickland Auditorium & ½ Clary I**

11:00 a.m. - 12:00 noon **CARES/CPS/Respect Institute Peer Panel Clary I**

Graden Thompson

Unison BH (MH Court)

Waycross, GA

& Other Guest Speakers

**Intellectual/Developmental Disabilities** **Strickland Auditorium**

**Peer Panel**

Guest Speakers

**Wellness Activities**

Yoga by Cathy Parker  **Pioneer at Turner Lodge**

Art for Wellness by Sam Rapier **Jones Craft**

12:00 noon - 1:30 p.m. **Lunch Smith Dining Hall**

1:45 p.m. - 2:45 p.m. **Medication Wellness** **Strickland Auditorium**

Lisa Moxley Lassiter, RPh  
Director of Clinical Services

Guardian of South Georgia

Statesboro Ga

2:45 p.m. - 3:15 p.m. **Break/Snacks Strickland Auditorium**

**Monday, April 30, 2018**

3:15 p.m. - 4:15 p.m. **Legislative Affairs & Self Advocacy Strickland Auditorium**

Don Hogan

State Representative

St. Simons Island, GA

Travis Lindley

Capitol Strategy Group

Atlanta, GA

**Wellness Activities**

Yoga-By Cathy Parker **Pioneer at Turner Lodge**

Art for Wellness-By Sam Rapier **Jones Craft**

4:15 p.m.-4:45 p.m. **Prepare for Beach Outing Massengale Park**

5:00 p.m. – 9:00 p.m. **Fitness, Fun, & Food**  **Beach**

Surf N Turf Activities on the Beach & In the Ocean

Grillin’ Party In The Park

*Sponsored by Glyn County Volunteer Fire Department*



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**Tuesday, May 1, 2018**

7:00 a.m. - 8:30 a.m. **Breakfast Smith Dining Hall**

8:30 a.m. - 9:30 a.m. **Leaders in Recovery Clary I**

David Kidd, CARES

President

Georgia Association of Community Service Boards

**Enhancing Dreams of Independence Strickland Auditorium**

Ron Wakefield

Division Director for Developmental Disabilities

Georgia Department of Behavioral Health and Developmental Disabilities

Atlanta, GA

9:45 a.m. – 10:45 a.m. **W.H.A.M. for Women (Part 1)**  **Strickland Auditorium**

**Whole Health Action Management**

Roslind Hayes, CPS, CARES, WH-WC

Statewide Coordinator

Peer Support, Wellness, and Respite Centers

Georgia Mental Health Consumer Network

****Decatur, GA

**W.H.A.M. for Men (Part 1)**  **Clary I**

**Whole Health Action Management**

Bill Carruthers CPRP-CPS-MH-AD-WH CARES

Peer Workforce Development & Training Director

Highland Rivers Health

Cartersville, GA

Melvin Harris

Consumer Affairs Director

River Edge Behavioral Health

Macon, GA

Emory Pitts

Consultant

Macon, GA

10:45 a.m.-11:00 a.m. **Break/Snacks**  **Strickland Auditorium**

**Tuesday, May 1, 2018**

11:00 a.m. – 12:00 noon **Crisis Intervention Teams (CIT) Strickland Auditorium**

Pat Strode

Advocate Coordinator

Crisis Intervention Team

Georgia Public Safety Training Center

Forsyth, GA

**Wellness Activities**

Yogaby Cathy Parker **Pioneer at Turner Lodge**

Artfor Wellness by Sam Rapier **Jones Craft**

12:00 noon – 1:30 p.m. **Lunch Smith Dining Hall**

1:30 p.m. – 2:30 p.m. **W.H.A.M. for Women (Part 2) Strickland Auditorium**

**Whole Health Action Management**

Roslind Hayes, CPS, CARES, WH-WC

Statewide Coordinator

Peer Support, Wellness, and Respite Centers

Georgia Mental Health Consumer Network

****Decatur, GA

**W.H.A.M. for Men (Part 2) Clary I**

**Whole Health Action Management**

Bill Carruthers CPRP-CPS-MH-AD-WH CARES

Peer Workforce Development & Training Director

Highland Rivers Health

Cartersville, GA

Melvin Harris

Consumer Affairs Director

River Edge Behavioral Health

Macon, GA

Emory Pitts

Consultant

Macon, GA

2:30 p.m. – 3:00 p.m. **Break/Snacks Strickland Auditorium**

3:00 p.m. – 4:00 p.m. **Open Mic Session Strickland Auditorium**

**Stories of Independence & Recovery**

**Tuesday, May 1, 2018**

4:15 p.m.-7:00 p.m. **Wellness Activities**

Yoga by Cathy Parker (4:15pm-5:15pm) **Pioneer at Turner Lodge**

Fishing For Fun with First Responders **Epworth Piers**

Art for Wellness by Sam Rapier (4:15pm-6:15pm) **Jones Craft**

5:30 p.m.-7:00 p.m. **Dinner Smith Dining Hall**

7:30 p.m-10:00 p.m. **Groovin’ to the Music Dance Jones Auditorium**

**Wednesday, May 2, 2018**

7:00 a.m. - 8:30 a.m. **Breakfast Smith Dining Hall**

8:30 a.m. - 9:30 a.m. **Disability Act Rights/ Strickland Auditorium**

** Social Security**

Rachael Henderson

Attorney at Law

Georgia Legal Services Program

Brunswick, GA

**Wellness Activities**

Yoga by Cathy Parker **Pioneer at Turner Lodge**

Art for Wellness by Sam Rapier **Jones Craft**

9:30 a.m. - 9:45 a.m. **Break**

9:45 a.m. - 10:45 a.m. **Recovery Empowerment Council Strickland Auditorium**

**May Meeting**

Bill Carruthers CPRP-CPS-MH-AD-WH CARES

Peer Workforce Development & Training Director

Highland Rivers Health

Cartersville, GA

10:45 a.m. - 11:15 a.m. **Return Keys Epworth Front Desk**

11:15 a.m. - 12:00p.m. **Closing Remarks Strickland Auditorium**

**Certificate of Attendance**

**Wednesday, May 2, 2018**

12:00 noon-1:30 p.m. **Lunch Smith Dining Hall**

***SAFE TRAVELS HOME!***

***If you need help, please locate one of the following hosts:***

* Judith Masching, RN
* Dr. Kay Brooks, Aspire BH/DD
* Bill Carruthers, Highland Rivers Health
* June DiPolito, Pineland CSB
* Lesley White, Unison BH
* Melvin Harris, River Edge CSB
* Emory Pitts, Macon, GA
* Robyn Garrett, GACSB
* John Powell, GACSB
* Lyly Trinh, GACSB

**MEDICAL NEEDS**

1. FIRST find your staff person.
2. Then have your staff person contact the nurse if needed:

***Judy Masching, RN***

**\*Staff: See back of your name badge for her cell\***

**If you are unable to contact her, call Lyly Trinh at 912-704-1729 or John Powell at 912-704-6290.**

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**Objectives:**

* To educate attendees on the following:
* Living well through a whole-health approach
* Certification for Certified Peer Specialists
* Certification for Certified Addiction Recovery Empowerment Specialists
* Getting involved with The Respect Institute
* Supported Employment opportunities with Employment Express program
* Living independently
* Georgia’s legislative affairs processes
* Self-Advocacy
* Empowerment through personal journeys
* Georgia’s CIT Program
* Disability Rights Act
* Social Security benefits
* Health and Wellness activities with yoga sessions and art
* Medication wellness
* Socialization skills and networking
* Fellowship

**Please Read Carefully:**

* Prevent the spread of infection: **WASH YOUR HANDS AFTER USING THE BATHROOM, SMOKING, AND BEFORE/AFTER EATING.**
* ******Please be aware of your bathroom etiquette and behavior.
* No smoking inside any bathroom or bedrooms on the campus.
  + Smoking is only permitted in designated areas outside of buildings. Please be sure to put your butts in designated receptacles at all times.
* Please do not over fill your plates at meal/snack times nor hoard food.
* Participants are asked to please be courteous to the presenters by refraining from taking phone calls, sleeping, talking, or moving about during the sessions.
* *Staff are not to leave the campus or leave their individuals unattended. Please stay with or know where your attendees are in the event an emergency should happen.*