Kaia FIT Woodland Registration Form

START DATE: / /

YEAR ROUND KAIA CROSS TRAINING CLASS TIMES

Every M/W/F: ☐5am ☐6am ☐9:15am ☐12pm noon (45mins)

Every T/Th: ☐4:15pm (45 mins)

Every M/W/Th: ☐5pm ☐6pm

SATURDAY POWER HOUR @ 7am *(Included in all memberships, Class Pass and BRIK only Session purchases) Drop-in $20*

****BARRE/TRX/YOGA must be booked on our Kaia FIT App to reserve your space (included in all Platinum memberships)**

BRIK SESSIONS

☐**BRIK session only.** 6 weeks. Session dates:

CHOOSE YOUR CROSS TRAINING TIME ABOVE

FRIDAY FLOW/RECOVERY @ 5:30pm *(Free for all during BRIK)*

SATURDAY POWER HOUR @ 7am *(FREE for all during BRIK)*

RELEASE FORM

Date: / / Name: DOB: / /

Phone: Email:

Address: City: Zip:

By initialing below I, _____, understand that is an intense exercise program and that I am capable of the exercise required without putting my health at risk. Initials: Date: / /

AUTOPAYMENTS

By signing below I,_____, understand that this is a one year commitment to the Kaia FIT program. There will be no refunds provided under any circumstances. "Freezing" my account will not be permitted under any circumstances. 3 month Maximum (full year must still be completed). 30 days notice to change. $100 cancellation fee if agreement not fulfilled.

Signature:_____ Date: / /

VIP members must provide a credit card. Those paying for Session ONLY may pay with a check or credit card.

Payment: ☐Check (SESSION ONLY) ☐VISA ☐MasterCard ☐AMEX ☐Discover

CC#_____ Ex: / CCV:_____

CONTACT

Location: 1240 Commerce Ave. Suite D Woodland, CA 95695, (530) 662-4444

Fax: (530) 662-4446 **Email:** oasisclubandspa@hotmail.com

Office: 1317 College Street, Woodland, CA 95695 (530) 662-4444

There is a no refund policy due to limited space and spots available. We also plan workouts, staffing, and equipment according to the numbers of girls in the program. Thank you for understanding.

Membership Pricing Options

☐ ***SILVER:*** *2 classes a week of Kaia XX classes only (no other classes included)* ***$79/month***

☐ ***GOLD:*** *5 classes a week, includes access to Kaia XX, POWER HOUR and YOGA/FLOW classes* ***$119/month***

☐ ***PLATINUM:*** *ENTIRE SCHEDULE INCLUDED.* ***Unlimited classes year round*** *include Kaia XX, BARRE, TRX, POWER HOUR, YOGA/FLOW* ***$139/month*** *(New members Intro month - $69)*

☐ ***10 CLASS PASS: $140*** *total. Pass must be used within 10 weeks of purchase. Includes access to ALL Kaia XX, TRX, BARRE, YOGA/FLOW and POWER HOUR*

☐ ***BRIK SESSION ONLY –*** *30 classes maximum during the 6-week BRIK session dates*. Must be used during ONE BRIK session only, no splitting:* ***$249 for session***
**Friday 5:30pm Yoga/Flow class included during BRIK sessions.*

ADD ONS

☐ **Oasis Club & Spa membership:** $19 a month. *Available to all membership levels*

☐ **Tanning:** $29 a month. *Available to all membership levels*

**For session only member, prices are for the duration of the session.*

Why Gold or Platinum Memberships?

- Peace of mind knowing you will never have to worry about signing up each session
- Your spot is reserved for your preferred class time
- You can make-up classes
- Continued nutrition and wellness support
- VIP's receive 3 BRIK sessions during the year
- Sessions over the course of 12 months,
- (make the commitment yourself)
- You'll save over $400 or more every year
- You are invited to the quarterly Kaia appreciation events
- You become a part of a group of women dedicated to health and fitness
- You'll also receive:
  - FREE Power Hour Saturdays All Year
  - FREE Kaia wristband during BRIK sessions
  - Discounted Prices on Oasis Services