

WOONSOCKET SENIOR CENTER



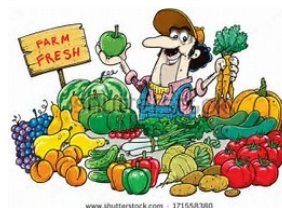
FARMERS MARKET VOUCHERS

DISTRIBUTION

Monday through Friday

9am-11am ONLY

**In the main office, lower level
until supply runs out!**



**A FUNDRAISER to Benefit
*Senior Services, Inc.***

AN
AFTERNOON
IN *Fabulous*
LAS VEGAS
WITH

*Barry Manilow
& Rod Stewart*



STARRING JAY GATES

SPECIAL GUESTS THE FANCIE SENIOR FOLLIES

SUNDAY AUG 27th
SHOWTIME 2PM

ALL TICKETS \$20 RESERVED SEATING

THE ASSEMBLY THEATRE
26 East Ave, Harrisville, RI 02830
FOR TICKETS CALL THE FANCIE DANCERS

401-333-2623





The SLAND PARTY
attire winners! Everyone
enjoyed the "Smoothies."



Are you on-line? "Like" Senior Services Inc. on Facebook!



 Let's go to
the HOP! 
Save the Date!

SENIOR SERVICES INC.

SOCK HOP!

SUNDAY, SEPTEMBER 17th

2:00pm—5:00pm

Stay tuned for details!



THANK YOU

Woonsocket Health & Rehabilitation
for your monthly sponsorship of
entertainer

ROBERT BLACK



EXERCISE/DANCE CLASSES

Seniors in Motion

Mondays, 10:00 am

Tap for Fun with Fran

Tuesdays, 10:00 am

Zumba Gold with Fran

Tuesdays, 1:45 pm

Senior Fitness with Karen

Wednesday, 10:00 am

Adult Tap with Fran

Wednesdays, 1:45 pm

“YOGALATES”

Wednesdays, 3:00 pm

Line Dancing with Fran

Thursdays, 1:45 pm

Ballet Class

Thursdays, 3:00 pm

Chair Exercise with Karen

Fridays, 10:00 am

Classes held at Scouter's Hall in North Smithfield are:

*Zumba Gold Mondays, 10am
Chair Exercise Mondays, 11am
Zumba Gold Thursdays, 10am*

Classes held at Beckwith Hall in Burrilville are:

*Easy Line Dancing for Seniors
Tuesdays, 5:30*

*These classes are funded through the RI
Department of Elderly Affairs Wellness Grant.
However, donations are still needed to sustain
and expand classes. Thank you!*

Are you on-line? “Like” Senior Services Inc. on Facebook!



JOIN YOUR FRIENDS for LUNCH at the **SENIOR SERVICES CAFE**

at any of these sites:

WOONSOCKET: Woonsocket Senior Center, Crepeau Court, J F Kennedy Manor,
Parkview Manor

CUMBERLAND: Chimney Hill Apartments (Tues –Fri), Cumberland Manor,
Cumberland Senior Center

BURRILLVILLE: Bradford Court **GLOCESTER:** Gloucester Senior Center **LINCOLN:** Lincoln Senior Center

Open Monday – Friday (Exclusive of Holidays)

- Reserve meals by Thursday, 11:00am the week before. Please make your reservations with your site director or call 766-3734 if dining at Woonsocket Senior center
- Suggested donation for each meal (appetizer, meal, drink and dessert) is \$3.00
- Pub Option daily
- Open to the public for seniors (60+) and persons with a certified disability
- EBT cards (Food Stamp) accepted at main office 84 Social Street, Woonsocket

Stop by and pick up a monthly menu!

****PLEASE NOTE:** Per directive from the RI Division of Elderly Affairs and the RI Dept. of Health, Senior Services Inc. cannot allow any perishable foods to leave the congregate meal site.

SENIOR SERVICES TEAM

Barbara Waterman, MA Executive Director

Linda Paul, Assistant Executive Director and Finance Director

Linda Thibault, RN, Director of Wellness

Rose Marie Amato, Community Information Specialist/Point Partner

Steve Healey, Director of Congregate Meal Program

Dana Chamberlain, RN Director of “A Home for the Day”

Holly Desrosiers, Director of Senior & Community Programs

Laura- Jean Ferranti, Project Director of RSVP

COMMUNITY INFORMATION SPECIALIST and POINT Network

Senior Services, Inc. is a member of *THE POINT Aging and Disability Resource Center Network.*

We provide resources to seniors and adults with disabilities.

Ask us for valuable information about:

Health & Prescription Benefits * Housing Information * Elder Abuse
*Medical Assistance * Low Income Subsidy for Prescriptions * Medi-
care Saving Program * Supplemental Medical Plans * RIPAE * Social
Security and Medicare * Senior Medicare Patrol (SMP) and more.....

This service is free and confidential.

Call 766-3734 today to be pointed in the right direction!

**Senior Services, Inc. offices are
open**

**8:00 am –4:00 pm, Monday – Friday
(Exclusive of holidays)**

Main Telephone (401) 766-3734

***“A Home for the Day”
(401) 766-0516***

**7:30 am-4:00 pm Monday- Friday
(Exclusive of holidays)**

Are you on-line? “Like” Senior Services Inc. on Facebook!

ARTSY FRIDAY CLASSES

Fridays at 8:45 am.

In art room behind the BINGO machine.

YOU ALL HAVE TALENT !

You just have to use it. Sign up and start creating your masterpieces.

Acrylic painting on canvas, shells & rocks plus a few artsy crafts.



TRIPS TRIPS

PROVIDENCE WATER FIRE

Saturday, September 23, 2017

Transportation, gondola ride and dinner on your own.

Gloucester Lobster Cruise

Thursday August 17th \$89 per person
Transportation, NE Clam Bake buffet and cruise!

Vine to Wine Foliage

Sunday September 3rd \$79 per person
Travel along Mohawk Trail, Yankee Candle Store, Lunch at Chandler's Restaurant, then to Honora Vineyards, Putney Mountain Winery, and the Basketville Store in VT.

*Stop by the main office at 84 Social St
to reserve your spot!!*

Senior Services, Inc. Calendar Fund Raiser!

Donation: \$10.00

Drawings start in August

- One prize drawn daily—31 Prizes!
- Ticket holders may win more than once!
- Winners not present during daily drawings will be notified by telephone
- **100%** of proceeds support the programs and services of Senior Services, Inc.
 - Please make checks payable to Senior Services, Inc.

Calendars may be purchased at the Woonsocket Senior Center



We're on the air! **"SENIOR SCENE"** **RADIO**

WOON 1240AM from 9:00-9:30 am on the fourth Thursday of each month.

This is a great resource for people wanting to stay current on the local scene, including Special Events, Classes, New Programs and Important Deadlines. Special guests describe and discuss benefits, services, and issues of interest to Northern Rhode Island senior citizens.



WE'RE ON TV! **"The PRIME of LIFE"**

Check us out on Public Access Television!
Sunday, Monday, Wednesday and Saturday at 7am!
Cox Channel 18
Verizon Channel 23

Are you on-line? "Like" Senior Services Inc. on Facebook!



“OPERATION STAND DOWN”

Donate your gently used adult
winter coats and jeans to our
VETERANS in need.

Senior Services, Inc. will be collecting
jeans & coats for

“OPERATION STAND DOWN”

Drop-off begins **TUESDAY, AUGUST 1st**

Drop-off locations:

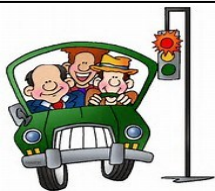
Woonsocket Senior Center

Navigant Credit Union, Park Ave, Woonsocket

Navigant Credit Union, Slatersville

BVCAP office, 32 Goff Ave., Pawtucket

For more information call Senior Services, Inc.
at 766-3734



AARP Safe Driver Course Friday, October 13th 9:30am—2:30pm

This is a 5-hour
program with a 1/2 hour lunch break.

Be sure to pre-register by calling
766-3734!

Join us on your lunch break for our
delicious congregate meal!
(suggested donation \$3.00)

\$15 for AARP members
\$20 for non-members

*Check with your insurance company as
completion of this course MAY make you eligible for
a discount on insurance premiums.*



IMMEDIATE NEED!

Can you volunteer one hour or
more per week delivering meals
to our

community homebound seniors?
MEALS ON WHEELS NEEDS YOU!

Please call the “Retired Senior
Volunteer Program”
(RSVP) at Senior

Services, Inc. at 401-766-3734

Thank you!



FOR YOUR INFORMATION

Do you enjoy helping others? Looking for a volunteer opportunity?

**Join the Senior Medicare Patrol or the
State Health Insurance Assistance Program!**

Senior Medicare Patrol (SMP)

The mission of the SMP program is to empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse through outreach, counseling and education.

State Health Insurance Assistance Program (SHIP)

SHIP provides free unbiased, conflict-free, confidential counseling and assistance to help beneficiaries better understand their Medicare benefits, the supplementary programs associated with Medicare, and programs that help beneficiaries to pay for the costs associated with Medicare.

Volunteer Opportunities Available: Counseling
Staffing Exhibits
Making Group Presentations
Assisting with Administration

For additional information, please call:
Michelle Boudreau
Rhode Island Division of Elderly Affairs
(401) 462-0194

**Your local SHIP Counselor/POINT Network Partner
Senior Services Inc. Woonsocket Senior Center- Rose Amato 401-766-3734**



DONATIONS TO SENIOR SERVICES

*Senior Services, Inc. is funded in part by the U.S. Administration on Aging and
state funds through the RI Division of Elderly Affairs.*

Senior Services, Inc. receives governmental grants/allocations, client fees and voluntary contributions for meals, but we still must raise funds each year to cover the costs of providing services to the northern Rhode Island seniors and adult disabled population. If you or a family member would like to make a tax deductible donation or leave a bequest to Senior Services, Inc., we would be happy to assist you.

Our offices are open 8:00am-4:00pm, Monday-Friday
Main Telephone: 401-766-3734 "A Home for the Day": 401-766-0516



SENIOR SERVICES, INC

“A HOME FOR THE DAY”

401-766-0516

From the desk of Dana Chamberlin RN,
Director

dchamberlin@seniorservicesri.org

766-3734 ext. #28

Senior Services Inc. adult day care program, “A Home for the Day”,
is available to provide a safe place for you or your loved one to socialize
with peers in a supervised, supportive and caring environment.

“A Home for the Day” serves adults who:

- Have physical impairments that require assistance or supervision
- Have memory loss or cognitive impairments that interferes with daily functioning
- Have caregivers in need of respite

“A Home For The Day” is designed for seniors and disabled adults.

**Services are provided by an on-site Registered Nurse and licensed staff
with an individualized care plan for each client**

- Assistance with eating, taking medicines, toileting, and/or walking
- Counseling, educational programs
- Exercise programs
- Health monitoring, blood pressures, blood sugars, diets
- Social Activities
- Wound care
- Immunizations
- Personal Care
- Therapeutic activities
- Advocacy and support for families
- Nutrition program and meals

We offer a competitive daily rate that is scaled according to income. “A Home For The Day” accepts Private Pay, Neighborhood Health Plan and Medicaid. For questions and possible financial assistance eligibility, please call us at 401-766-0516.

MISSION STATEMENT

A Home For The Day, a division of Senior Services Inc. of Woonsocket R.I. delivers supportive, social, economic, protective and health services that build better lives for individuals and families. A Home for the Day strives to maintain individuals in their preferred environment by keeping them healthy, happy, and active as well as helping them maintain their independence as long as possible.