

# 2018 ALZHEIMER'S CONFERENCE

SATURDAY, JUNE 9 9:30 AM - 2:30 PM

10 PELHAM ROAD, LEXINGTON, MA



YOUVILLE PLACE ASSISTED LIVING INVITES THE COMMUNITY TO A CONFERENCE FOR CAREGIVERS, FAMILY MEMBERS, FRIENDS AND LOVED ONES OF INDIVIDUALS LIVING WITH ALZHEIMER'S DISEASE AND DEMENTIA. THIS CONFERENCE FEATURES EXPERT SPEAKERS, ENGAGING PRESENTATIONS AND A VARIETY OF SUPPORT RESOURCES.

## EVENTS

10:00 AM - 11:00 AM

### Keynote: Early Detection Matters: Know the 10 Signs

*Josh Obeiter,*

*Dementia Ambassador, Alzheimer's Association*

Learn more about the early signs of Alzheimer's disease and the importance of identifying these signs at an early stage in the disease.

11:30 AM - 12:30 PM

### Dementia Live

*Presented by Right at Home*

Dementia Live offers a unique, inside-out understanding of dementia and aging. During this interactive experience, participants gain a heightened awareness of the challenges faced by those who live with dementia and develop tools for improving communication and care.

1:30 PM - 2:30 PM

### Closing Session: End of Life Planning

*Nicole Foxe, LICSW,*

*Education Coordinator, Care Dimensions*

In the final stages of Alzheimer's, it can be impossible for family members to understand their loved ones' end-of-life wishes. Ms. Foxe will discuss the importance of planning ahead, advance directives and additional planning resources.



### KEYNOTE SPEAKER

Josh Obeiter is Executive Director and Owner of Seniors Helping Seniors, a non-medical home care agency with a focus on peer-companionship. A Certified Dementia Practitioner, he is also active in the West Suburban Area Alzheimer's Partnership, Multicultural Coalition on Aging, Boston Bridge, the Newton Interagency Council, the Aging Life Care Association and several local senior centers and councils on aging.

**FREE AND OPEN TO THE PUBLIC. CONTINENTAL BREAKFAST AND LUNCH WILL BE PROVIDED.**

