

Alzheimer's & Dementia Caregiver Support Series

10 Pelham Road
Lexington

FREE & OPEN
TO THE PUBLIC



JOIN US FOR A PRESENTATION IN 2017



The Facilitator

Mal Allard is Director of The Courtyard at Youville Place and Founder/President of Their Real World, a resource that provides Alzheimer's and dementia education and consultation. A Board Certified Alzheimer's Educator, Mal has provided Alzheimer's-related resources, support and training for over twenty-five years.

For more information about the Lexington Caregiver Support Series, contact Mal at 781-861-3535 or malallard@youvilleplace.org

Youville Place Assisted Living Residence in Lexington is offering a support series for caregivers of individuals affected by Alzheimer's disease and other forms of dementia. Facilitated by Mal Allard, Director of The Courtyard at Youville Place, each meeting includes a presentation and conversation focused on a particular caregiving topic of interest.

Thursday, May 4th

Basic Survival Skills
in the Home Setting

Tuesday, June 6th

Bathing, Hygiene &
Other Daily Dilemmas

Thursday, July 6th

Family Dynamics

Tuesday, August 8th

Bothersome Behaviors

Thursday, September 7th

Entering Their World

Tuesday, October 3rd

Care Setting: When is it
Time for a Change?

All meetings run from 6:30 PM to 8:00 PM
Light refreshments. No ongoing commitment is necessary.

YouvilleHouse  Youville Place
Assisted Living Residences