

Massachusetts Youth Soccer Association's Small-Sided Games Chart

Based on the recommendations from US Soccer as provided in their Player Development Initiative communications
Mass Youth Soccer provides the following information for all member organizations to follow and abide by.

	Intown and Club Academy Play			Intown, MTOC and Club League Play			
	6U 6 years old and younger	7U 7 years old and younger	8U 8 years old and younger	9U 9 years old and younger	10U 10 years old and younger	11U 11 years old and younger	12U 12 years old and younger
Grade Based Groupings for Town Based Play	Grade KG	Grade 1	Grade 2	Grades 3/4		Grades 5/6	
Field Size Ranges (yards)	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 55-65 Width 35-45	Length 55-65 Width 35-45	Length 70-80 Width 45-55	Length 70-80 Width 45-55
US Soccer Goal Size Ranges (feet)	Height 4 Width 6 or smaller	Height 4 Width 6 or smaller *	Height 4 Width 6 or smaller *	Height 6.5 Width 18.5 or smaller	Height 6.5 Width 18.5 or smaller	Height 7 Width 21 or smaller	Height 7 Width 21 or smaller
Mass Youth Soccer Recommended Goal Size (feet)	Height 4 Width 6	Height 4 Width 6	Height 4 Width 6	Height 6.5 Width 12	Height 6.5 Width 12	Height 6.5 Width 18.5	Height 6.5 Width 18.5
Ball Size	3	3	3	4	4	4	4
Players	4v4	4v4 **	4v4 **	7v7	7v7	9v9	9v9
Mass Youth Soccer Recommended Roster Size Limit	8	8	8	13	13	16	16
Goalkeeper	No	No ***	No ***	Yes	Yes	Yes	Yes
Game Time (minutes)	4x10	4x10	4x10	2x25	2x25	2x30	2x30
Offside	No	No	No	Yes	Yes	Yes	Yes

* Mass Youth Soccer understands many organizations invested in and continue to use goals slightly larger sizes. This is permitted as long as goals do not exceed Height of 5' and Width of 10'

** For 2017/18 soccer year, field players may be increased to a maximum not to exceed 6v6 based on registration numbers and field availability. Starting with 2018/19 soccer year the 4v4 format will be expected to be phased in with full adoption starting Fall of 2019

*** For 2017/18 soccer year, Goalkeepers are not recommended but may be used at 7U (1st grade) and 8U (2nd grade) based on registration numbers, field availability and use of larger goals (not to exceed 5'x10'). Starting with 2018/19 soccer year Goalkeepers will be expected to be phased out with full adoption starting Fall of 2019.

Heading: Must follow current Mass Youth Soccer policy on heading.

