

C A L I F O R N I A

HEALTHIER LIVING

Living Your
Best Life...

www.cahealthierliving.org



Sign-Up Now!

Contact: Call (818) 708-6302

Vanessa Guerrero/Carla Mercado

Dates: Every Tuesday,
from July 11-August 15, 2017

Times: 2:00pm-4:30pm

Location: ONEgeneration
18255 Victory Blvd.
Reseda, CA 91335

Visit us online at:

www.cahealthierliving.org

*"It gave me the courage to get my
life back on track..."*

- Workshop participant

