



SENIOR SPECTACULAR

WELLNESS & RESOURCE EXPO

WEDNESDAY, AUGUST 15

9am-1pm at the North Valley Family YMCA
FREE and OPEN TO ALL

This one day celebration will focus on the many resources in our community for our fabulous seniors. There will be free onsite health, interactive booths and healthy snacks throughout the day. Free onsite presentations, interactive booths and healthy snacks throughout the day are just a few of the many things offered this day! Special thanks to UCLA Health, Paul Davis and Alberta Bellisario Insurance Services, Kaiser Permanente, Premier America Credit Union & Clear Captions.



For questions or sponsorship opportunities please contact Chelsea: 818 271 5067 ChelseaGood@ymcaLA.org
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