

AUGUST 2017

**INTERGENERATIONAL PROGRAM
IMPLEMENTED DAILY: 30 MINUTE GROUP
STRUCTURED ACTIVITIES**

MONTHLY HIGHLIGHTS:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01	02	03	04
	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 9:45AM PIANO WITH DAVID 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATERPASS 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS ENGLISH & SPANISH 1:45PM NICE AND EASY STRETCHING AND RELAXATION 2:00PM LADIES ICETEA SOCIAL IN THE GARDEN 2:45PM SENSORY VIDEO & BUDDYTIME SOCIAL 4:00PM GARDENING WITH RITA	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATERPASS 10:15AM WATERING THE GARDEN W/ CARLOS 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATERPASS 11:00PM DAILY CHRONICLES ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH & SPANISH 1:45PM BRAIN FITNESS IN ENGLISH & SPANISH 2:00PM MOVIE & POPCORN & POKER GAME W/ RON 2:45PM ARTS & CRAFTS WITH TRISHA 4:00PM GARDENING GROUP WITH RITA	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATERPASS 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM WATERMELON TRIVIA IN ENGLISH & SPANISH 1:45PM SPANISH GROUP ENGLISH CARDS & LOTERIA 2:00PM TABLETOP SOCCER & BINGO 2:45PM SENSORY VIDEO 3:00PM BUDDY TIME SOCIAL 4:00PM GARDENING GROUP WITH RITA	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 9:45PM PIANO WITH DAVID 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATERPASS 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00AM BRAIN FITNESS IN ENGLISH AND SPANISH 1:45PM WESTERN ENTERTAINMENT THE HEART BEATS 2:45PM SENSORY VIDEO 3:00PM BUDDYTIME & MUSIC SOCIAL 4:00PM GARDENING GROUP W/ RITA
07	08	09	10	11
	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 9:45AM PIANO W/ DAVID 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATER PASS 11:30AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH AND SPANISH 1:30PM VOLLEYBALL W/ NET & MUSIC SOCIAL 1:45PM POKER GAME & ART & CRAFTS 2:45PM SENSORY VIDEO & BUDDY TIME SOCIAL 4:00PM GARDENING GROUP W/ RITA	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 9:45AM PIANO WITH DAVID 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATER PAS 11:00AM DAILY CHONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH AND SPANISH 1:30PM PING PONG CLUB W/ TRISHA 1:45PM NICE AND EASY STRETCHING AND RELAXATION 2:00PM COED ICE TEA & REMINISCING SOCIAL 2:45PM SENSORY VIDEO / BUDDY TIME	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 9:30AM PIANO WITH DAVID 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATERPASS 10:15AM GARDENING WITH CARLOS 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS ENGLISH & SPANISH 1:45PM SPANISH GROUP SALON (SPA DAY) 2:45PM SENSORY VIDEO / BUDDY TIME SOCIAL 4:00PM GARDENING GROUP W/ RITA	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 9:45AM PIANO WITH DAVID 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATERPASS 10:15AM GARDENING GROUP W/ CARLOS 11:00AM DAILY CHRONICLE ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS ENGLISH & SPANISH 1:45PM TABLETOP SOCCER ENGLISH 2:45PM SPANISH GRP WORDPLAY & LOTERIA 2:00PM SENIORS ENTERTAINING SENIORS
14	15	16	17	18
	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 9:45AM PIANO WITH DAVID 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATERPASS 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH AND SPANISH 1:30PM BEACH BALL KICK BALL & MEMORY GAMES 1:45PM ARTS & CRAFTS & POKER GAME 2:45PM SENSORY VIDEO & BUDDY TIME 4:00PM GARDEN GROUP W/ RITA	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 9:45AM FLEX & STRETCH CHAIR EXERCISE & WATERPASS 10:15AM MUSIC THERAPY PROGRAM 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH AND SPANISH 1:30PM NICE AND EASY STRETCHING AND I 2:00PM MEN'S LEMONADE & REMINISCING 2:45PM SENSORY VIDEO / BUDDY TIME	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 9:45AM FLEX & STRETCH CHAIR EXERCISE & WATERPASS 10:15AM GARDENING GROUP W/ CARLOS 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH AND SPANISH 1:45PM AUGUST BIRTHDAY PARTY W/ MS BERRY 2:45PM SENSORY VIDEO, BOARD GAMES 4:00PM GARDENING GROUP W/ RITA	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATERPASS 10:45AM DOG THERAPY W/ ROXY & KATHERINE 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH AND SPANISH 1:30PM TABLETOP SOCCER ENGLISH AND SPANISH 2:00PM BINGO & SPANISH LOTERIA 2:45PM SENSORY VIDEO & BUDDYTIME SOCIAL 4:00PM WATERING THE GARDEN W/ RITA
21	22	23	24	25
	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATERPASS 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH AND SPANISH 1:45PM PASS THE COWBOY HAT & DANCING TO OLDIES 1:45PM POKER GAME & ART & CRAFTS 2:45PM HAND MASSAGE & MANICURE SESSION 2:45PM SENSORY VIDEO & BUDDYTIME 4:00PM GARDENING GROUP W/ RITA	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATERPAS 10:15AM GARDENING GROUP W/ CARLOS 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH & SPANISH 1:30PM PING PONG CLUB W/ TRISHA 1:45PM NICE AND EASY STRETCHING AND RELAXATION 2:45PM LADIES TEA SOCIAL IN THE GAREDEN W/HATS 2:45PM SENSORY VIDEO/BUDDY TIME	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 10:15AM FLEX & STRETCH CHAIR EXERCISE WITH HEATHE 10:15AM GARDENING WITH CARLOS 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH AND SPANISH 1:45PM TABLE TOP SOCCER ENGLISH AND SPANISH 2:00PM BINGO AND SPANISH LOTERIA 3:00PM SENSORY VIDEO /BUDDY TIME 4:00PM GARDENING GROUP WITH RITA	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATER PASS 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH & SPANISH 1:45PM HARMONY BARBERSHOP QUARTET 2:15PM AFTERNOON DANCING TO THE OLDIES 2:15PM HAND MASSAGE & MANICURE SESSION 2:45pm SENSORY VIDEO /BUDDY TIME 4:00PM GARDENING GROUP WITH RITA
28	29	30	31	
	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 10:15AM FLEX & STRETCH CHAIR EXERCISE & WATERPASS 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH AND SPANISH 1:30PM TAP W/ JUDITH AND AUGUST WORDPLAY 1:45PM POKER GAME AND ARTS AND CRAFTS 2:45PM SENSORY VIDEO /BUDDY TIME SOCIAL 4:00PM GARDENING GROUP WITH RITA	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 10:15AM FLEX & STRETCH CHAIR EXERCISE &WATERPASS 10:45AM GARDEN GROUP W/ TRISHA 11:00AM DAILY CHRONICLE IN ENGLISH & SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH AND SPANISH 1:45PM MOVIE AND POPCORN AND CRAFTS 1:45PM SPANISH MOVIE WITH POPCORN & KNITTING 2:45PM SENSORY VIDEO AND BUDDYTIME SOCIAL 4:00PM GARDENING GROUP WITH RITA	9:30AM COFFEE SOCIAL & REVIEW OF DAILY ACTIVITIES 10:15AM FLEX & STRETCH CHAIR EXERCISE AND WATERP/ 10:45AM PET THERAPY W/ ROXY & KATHERINE 11:00AM DAILY CHRONICLE IN ENGLISH AND SPANISH 11:30AM SING-ALONG IN ENGLISH AND SPANISH 1:00PM BRAIN FITNESS IN ENGLISH AND SPANISH 1:30PM TABLE TOP SOCCER ENGLISH AND SPANISH 2:00PM BINGO AND SPANISH LOTERIA 2:45PM SENSORY VIDEO AND BUDDYTIME SOCIAL 4:00PM GARDENING GROUP WITH RITA	