

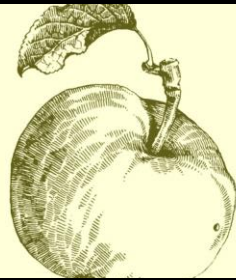
Monday

Tuesday

Wednesday

Thursday

Friday




MONTHLY ACTIVITIES CALENDAR

SEPTEMBER 2017

09/10: GRANDPARENTS DAY
 09/17 – 09/23: ADULT DAY SERVICES WEEK
 09/15 – 09/16: MEXICAN INDEPENDENCE DAY
 NATIONAL SENIOR CENTER MONTH

JEWISH HOLIDAYS
 09/21 – 09/22: ROSH HASHANAH
 09/30: YOM KIPPUR



	<p>4</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH 1:15 PM MUSIC THERAPY SESSION 1:40 PM NICE & EASY STRETCHING & MASSAGE & TABLE GAMES & MUSIC SOCIAL 2:00 PM PINK LEMONADE SOCIAL W/ HATS 2:45 PM SENSORY VIDEO AND BUDDY TIME</p>	<p>5</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH 1:40 PM MOVIE & POPCORN: ENGLISH & SPANISH GROUP & KNITTING CLUB & POKER GAME & ARTS/CRAFTS W/ TRISHA 2:45 PM SENSORY VIDEO AND BUDDY TIME 3:30 PM GADEN CLUB ON PATIO</p>	<p>6</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH HEATHER 10:45-11:20AM PET THERAPY W/ ROXY 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00PM BRAIN FITNESS: ENGLISH & SPANISH 1:40 PM TABLE TOP SOCCER: ENGLISH & SPANISH 2:00 PM BINGO & SPANISH LOTERIA 2:45 PM SENSORY VIDEO AND BUDDY TIME</p>	<p>7</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH 1:40 PM CRAFTS MAKING (GRANDPARENTS DAY CARDS) & MUSIC & POKER GAME 2:30 PM SPECIAL SNACK 2:45 PM SENSORY VIDEO AND BUDDY TIME 3:30 PM GARDEN CLUB ON PATIO</p>
<p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00PM BRAIN FITNESS: ENGLISH & SPANISH 1:40 PM PARACHUTE FUN W/ MUSIC 2:15 PM GRANDPARENTS REMINISCING & POKER GAME & ART & CRAFTS 2:45 PM SENSORY VIDEO AND BUDDY TIME 3:30 PM GARDEN CLUB ON PATIO</p>	<p>11</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM: SING A LONG: ENGLISH & SPANISH 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH 1:30 PM PING PONG CLUB W/ TRISHA 1:40 PM NICE & EASY STRETCHING & MASSAGE & TABLE GAMES & MUSIC SOCIAL 2:00 PM MEN'S ICED TEA SOCIAL ON PATIO 2:45 PM SENSORY VIDEO AND BUDDY TIME</p>	<p>12</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH 1:40 PM MOVIE & POPCORN: ENGLISH & SPANISH GROUP & KNITTING CLUB & POKER GAME & ARTS/CRAFTS W/ TRISHA 2:45 PM SENSORY VIDEO AND BUDDY TIME</p>	<p>13</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM EXERCISE WITH HEATHER 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00PM BRAIN FITNESS: ENGLISH & SPANISH 1:40 PM TABLE TOP SOCCER: ENGLISH & SPANISH 2:00 PM BINGO & SPANISH LOTERIA 2:45 PM SENSORY VIDEO AND BUDDY TIME 3:30 PM GARDEN CLUB ON PATIO</p>	<p>14</p> <p>9:30 AM DAILY ORIENTAYION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00PM BRAIN FITNESS: ENGLISH & SPANISH 1:40 PM MEXICAN INDEPENDENCE DANCING & SINGING & POKER GAME W/ REFRESHMENTS 2:45 PM SENSORY VIDEO AND BUDDY TIME 3:30 PM GARDEN CLUB ON PATIO</p>
<p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00PM BRAIN FITNESS: ENGLISH & SPANISH 1:40 AM ARTS & CRAFTS & POKER GAME & MEMORY GAME (THE PRICE IS RIGHT) 2:15 PM DANCING TO OLDIES 2:45 PM SENSORY VIDEO AND BUDDY TIME 3:30 PM GARDEN CLUB ON PATIO</p>	<p>18</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH 1:15 PM MUSIC THERAPY SESSION W/ TRISHA 1:40 PM NICE & EASY STRETCHING & MASSAGE & TABLE GAMES & MUSIC SOCIAL 2:00 PM COED LEMONADE SOCIAL 2:45 PM SENSORY VIDEO AND BUDDY TIME</p>	<p>19</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH 1:40 PM SEPTEMBER BIRTHDAY PARTY W/ D.J 2:45 PM SENSORY VIDEO AND BUDDY TIME</p>	<p>20</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH HEATHER 10:45 AM -11:20 AM PET THERAPY W/ ROXY 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUP 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00 PM ROSH HASHANAH FACTS 1:40 PM TABLE TOP SOCCER ENGLISH & SPANISH GRP: ENGLISH CARD GAME 2:00 PM BINGO & SPANISH LOTERIA 2:45 PM SENSORY VIDEO AND BUDDY TIME</p>	<p>21</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00 PM FACTS ON AUTUMN: ENGLISH & SPANISH GROUPS 1:40 PM MOVIE & POPCORN & POKER GAME & SPANISH GRP COOKING CORNER</p>
<p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM GARDEN CLUB ON PATIO W / CARLOS 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00PM BRAIN FITNESS: ENGLISH & SPANISH 1:40 PM CIRCUS GAMES & MEMORY GAME 2:45 PM SENSORY VIDEO AND BUDDY TIME 3:30 PM GARDEN CLUB ON PATIO</p>	<p>25</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH 1:30 PM PING PONG CLUB W/ TRISHA 1:40 PM NICE & EASY STRETCHING & MASSAGE & TABLE GAMES & MUSIC SOCIAL 2:00 PM LADIES ICED TEA SOCIAL 2:45 PM SENSORY VIDEO AND BUDDY TIME</p>	<p>26</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH 1:40 PM MOVIE & POPCORN ENGLISH & SPANISH GROUP & KNITTING CLUB W/ RITA & POKER GAME & ARTS/CRAFTS W/ TRISHA 2:45 PM SENSORY VIDEO AND BUDDY TIME 3:30 PM GARDEN CLUB ON PATIO</p>	<p>27</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH HEATHER 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH 1:40 PM TABLE TOP SOCCER: ENGLISH & SPANISH 2:00 PM BINGO & SPANISH LOTERIA 2:45 PM SENSORY VIDEO AND BUDDY TIME</p>	<p>28</p> <p>9:30 AM DAILY ORIENTATION & BREAKFAST 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG: ENGLISH & SPANISH 1:00PM BRAIN FITNESS: ENGLISH & SPANISH 1:40 PM ARTS & CRAFTS W/ RITA (ROCK PAINTING) & ARTS/CRAFTS & POKER GAME 2:45 PM SENSORY VIDEO AND BUDD YTIME</p>

*30 MINUTE STRUCTURED INTERGENERATIONAL PROGRAMS IMPLEMENTED DAILY. SEE SEPARATE CALENDAR.

* ACTIVITIES ARE SUBJECT TO CHANGE