

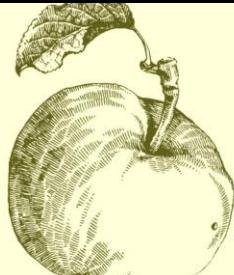
Monday

Tuesday

Wednesday

Thursday

Friday



MONTHLY ACTIVITIES CALENDAR

SEPTEMBER 2017

09/10: GRANDPARENTS DAY
 09/17 – 09/23: ADULT DAY SERVICES WEEK
 09/15 – 09/16: MEXICAN INDEPENDENCE DAY
 NATIONAL SENIOR CENTER MONTH

JEWISH HOLIDAYS
 09/21 – 09/22: ROSH HASHANAH
 09/30: YOM KIPPUR

 WE WILL BE
CLOSED
LABOR DAY

4

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH
 1:15 PM MUSIC THERAPY SESSION
 1:40 PM NICE & EASY STRETCHING & MASSAGE & TABLE GAMES & MUSIC SOCIAL
 2:00 PM PINK LEMONADE SOCIAL W/ HATS
 2:45 PM SENSORY VIDEO AND BUDDY TIME

5

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH
 1:40 PM MOVIE & POPCORN: ENGLISH & SPANISH GROUP & KNITTING CLUB & POKER GAME & ARTS/CRAFTS W/ TRISHA
 2:45 PM SENSORY VIDEO AND BUDDY TIME
 3:30 PM GARDEN CLUB ON PATIO

6

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH HEATHER
 10:45-11:20AM PET THERAPY W/ ROXY
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00PM BRAIN FITNESS: ENGLISH & SPANISH
 1:40 PM TABLE TOP SOCCER: ENGLISH & SPANISH
 2:00 PM BINGO & SPANISH LOTERIA
 2:45 PM SENSORY VIDEO AND BUDDY TIME

7

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH
 1:40 PM CRAFTS MAKING (GRANDPARENTS DAY CARDS) & MUSIC & POKER GAME
 2:30 PM SPECIAL SNACK
 2:45 PM SENSORY VIDEO AND BUDDY TIME
 3:30 PM GARDEN CLUB ON PATIO

8

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00PM BRAIN FITNESS: ENGLISH & SPANISH
 1:40 PM PARACHUTE FUN W/ MUSIC
 2:15 PM GRANDPARENTS REMINISCING & POKER GAME & ART & CRAFTS
 2:45 PM SENSORY VIDEO AND BUDDY TIME
 3:30 PM GARDEN CLUB ON PATIO

11

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM: SING A LONG: ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH
 1:30 PM PING PONG CLUB W/ TRISHA
 1:40 PM NICE & EASY STRETCHING & MASSAGE & TABLE GAMES & MUSIC SOCIAL
 2:00 PM MEN'S ICED TEA SOCIAL ON PATIO
 2:45 PM SENSORY VIDEO AND BUDDY TIME

12

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH
 1:40 PM MOVIE & POPCORN: ENGLISH & SPANISH GROUP & KNITTING CLUB & POKER GAME & ARTS/CRAFTS W/ TRISHA
 2:45 PM SENSORY VIDEO AND BUDDY TIME

13

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM EXERCISE WITH HEATHER
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00PM BRAIN FITNESS: ENGLISH & SPANISH
 1:40 PM TABLE TOP SOCCER: ENGLISH & SPANISH
 2:00 PM BINGO & SPANISH LOTERIA
 2:45 PM SENSORY VIDEO AND BUDDY TIME
 3:30 PM GARDEN CLUB ON PATIO

14

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00PM BRAIN FITNESS: ENGLISH & SPANISH
 1:40 PM TABLE TOP SOCCER: ENGLISH & SPANISH
 2:00 PM BINGO & SPANISH LOTERIA
 2:45 PM SENSORY VIDEO AND BUDDY TIME
 3:30 PM GARDEN CLUB ON PATIO

15

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00PM BRAIN FITNESS: ENGLISH & SPANISH
 1:40 AM ARTS & CRAFTS & POKER GAME & MEMORY GAME (THE PRICE IS RIGHT)
 2:15 PM DANCING TO OLDIES
 2:45 PM SENSORY VIDEO AND BUDDY TIME
 3:30 PM GARDEN CLUB ON PATIO

18

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH
 1:15 PM MUSIC THERAPY SESSION W/ TRISHA
 1:40 PM NICE & EASY STRETCHING & MASSAGE & TABLE GAMES & MUSIC SOCIAL
 2:00 PM COED LEMONADE SOCIAL
 2:45 PM SENSORY VIDEO AND BUDDY TIME

19

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH
 1:40 PM SEPTEMBER BIRTHDAY PARTY W/ D.J.

 2:45 PM SENSORY VIDEO AND BUDDY TIME

20

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH HEATHER
 10:45 AM -11:20 AM PET THERAPY W/ ROXY
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUP
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00 PM ROSH HASHANAH FACTS
 1:40 PM TABLE TOP SOCCER ENGLISH & SPANISH GRP: ENGLISH CARD GAME
 2:00 PM BINGO & SPANISH LOTERIA
 2:45 PM SENSORY VIDEO AND BUDDY TIME

21

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00 PM FACTS ON AUTUMN: ENGLISH & SPANISH GROUPS
 1:40 PM MOVIE & POPCORN & POKER GAME & SPANISH GRP COOKING CORNER 
 2:45 PM SENSORY VIDEO AND BUDDY TIME

22

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM GARDEN CLUB ON PATIO W / CARLOS
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00PM BRAIN FITNESS: ENGLISH & SPANISH
 1:30 PM PING PONG CLUB W/ TRISHA
 1:40 PM NICE & EASY STRETCHING & MASSAGE & TABLE GAMES & MUSIC SOCIAL
 2:45 PM SENSORY VIDEO AND BUDDY TIME
 3:30 PM GARDEN CLUB ON PATIO

25

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH
 1:30 PM PING PONG CLUB W/ TRISHA
 1:40 PM NICE & EASY STRETCHING & MASSAGE & TABLE GAMES & MUSIC SOCIAL
 2:00 PM LADIES ICED TEA SOCIAL
 2:45 PM SENSORY VIDEO AND BUDDY TIME

26

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH
 1:40 PM MOVIE & POPCORN ENGLISH & SPANISH GROUP & KNITTING CLUB W/ RITA & POKER GAME & ARTS/CRAFTS W/ TRISHA
 2:45 PM SENSORY VIDEO AND BUDDY TIME
 3:30 PM GARDEN CLUB ON PATIO

27

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH HEATHER
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00 PM BRAIN FITNESS: ENGLISH & SPANISH
 1:40 PM TABLE TOP SOCCER: ENGLISH & SPANISH
 2:00 PM BINGO & SPANISH LOTERIA
 2:45 PM SENSORY VIDEO AND BUDDY TIME

28

9:30 AM DAILY ORIENTATION & BREAKFAST
 10:15 AM CHAIR EXERCISE WITH CHARLIE
 11:00 AM DAILY CHRONICLES: ENGLISH & SPANISH GROUPS
 11:30 AM SING A LONG: ENGLISH & SPANISH
 1:00PM BRAIN FITNESS: ENGLISH & SPANISH
 1:40 PM ARTS & CRAFTS W/ RITA (ROCK PAINTING) & ARTS/CRAFTS & POKER GAME
 2:45 PM SENSORY VIDEO AND BUDDY TIME

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*30 MINUTE STRUCTURED INTERGENERATIONAL PROGRAMS IMPLEMENTED DAILY. SEE SEPARATE CALENDAR.

* ACTIVITIES ARE SUBJECT TO CHANGE