

Monday

Tuesday

Wednesday

Thursday

Friday

SUPERBOWL LII MONDAY FEB 5TH - WEAR YOUR FOOTBALL JERSEY DAY**FEBRUARY 2018****OLYMPIC WINTER GAMES BEGIN (9TH -25TH)****BLACK HISTORY MONTH (U.S & CANADA)****OLDIES W/ DAVID 12:30 PM- MONDAYS & FRIDAY**

9:30 AM DAILY ORIENTATION & BREAKFAST 5
10:15 AM CHAIR EXERCISE WITH CHARLIE & RITA
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:40 PM SUPERBOWL LII; FOOTBALL HIGHLIGHTS & PARACHUTE FUN & DANCING TO THE OLDIES W/ RITA & SENSORY VIDEO
WEAR YOUR FOOTBALL JERSEY DAY

9:30 AM DAILY ORIENTATION & BREAKFAST 6
10:15 AM CHAIR EXERCISE WITH CHARLIE & RITA
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:30 PM PING PONG CLUB
1:40 PM NICE & EASY STRETCHING & MASSAGE & TABLE GAMES & MUSIC
2:00 PM COED TEA & REMINISCING SOCIAL
2:45 PM SENSORY VIDEO & TABLEGAMES

9:30 AM DAILY ORIENTATION & BREAKFAST 7
10:15 AM CHAIR EXERCISE WITH CHARLIE & RITA
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:40 PM MID WEEK MOVIE & POPCORN IN ENGLISH & SPANISH; POKER GAME; ARTS & CRAFTS & MUSIC THERAPY
2:45 PM SENSORY VIDEO & PUZZLES

9:30 AM DAILY ORIENTATION & BREAKFAST 1
10:15 AM CHAIR EXERCISE WITH HEATHER
10:45 AM -11:20 AM PET THERAPY W/ ROXY
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:40 PM REMINISCING MAGAZINES W/ MUSIC
2 PM BINGO & S LOTERIA
2:45 PM SENSORY VIDEO & TABLEGAMES
3:30 PM GARDEN CLUB ON PATIO

9:30 AM DAILY ORIENTATION & BREAKFAST 2
10:15 AM CHAIR EXERCISE WITH ERICKA & CHARLIE
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:40 PM ARTS & CRAFTS (SNOWMAN BANNERS) & POKER W/ REFRESHMENTS
2:45 PM SENSORY VIDEO & TABLEGAMES
GROUNDHOG DAY

9:30 AM DAILY ORIENTATION & BREAKFAST 12
10:15 AM CHAIR EXERCISE WITH CHARLIE & RITA
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:40 PM LET'S KARAOKE W/ RITA;
ARTS & CRAFTS; POKER GAME
2:45 PM SENSORY VIDEO & MARKER ART
4:30 PM GARDEN CLUB ON PATIO

9:30 AM DAILY ORIENTATION & BREAKFAST 13
10:15 AM CHAIR EXERCISE WITH CHARLIE & RITA
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:40 PM ARTS & CRAFTS (DECORATING MARDI GRAS MASKS) W/ MUSIC SOCIAL
2:00 PM MEN'S TEA SOCIAL & REMINISCING
2:45 PM SENSORY VIDEO & TABLEGAMES
4:30 PM GARDEN CLUB ON PATIO

9:30 AM DAILY ORIENTATION & BREAKFAST 14
10:15 AM CHAIR EXERCISE WITH CHARLIE & RITA
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS IN ENGLISH/SPANISH
1:40 PM VALENTINE'S DAY SOCIAL W/ SOLOIST MS. BERRY & PIANIST BILLY
2:45 PM SENSORY VIDEO & TABLEGAMES
4:30 PM GARDEN CLUB ON PATIO

9:30 AM DAILY ORIENTATION & BREAKFAST 15
10:15 AM CHAIR EXERCISE WITH HEATHER
10:45 AM -11:20 AM PET THERAPY W/ ROXY
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:40 PM WACKY WORDIES MEMORY GAME
2:00 PM VALENTINE'S BINGO ENGLISH & SPANISH GRPS; LARGE PUZZLES & LOTERIA
2:45 PM SENSORY VIDEO & TABLEGAMES

9:30 AM DAILY ORIENTATION & BREAKFAST 16
10:15 AM CHAIR EXERCISE WITH ERICKA & CHARLIE
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM CHINESE NEW YEAR TRIVIA IN ENGLISH & SPANISH
1:30 PM UCLA GLUCK CLUB TROMBONE QUARTET & POKER W/ REFRESHMENTS
2:45 PM SENSORY VIDEO & TABLEGAMES

CLOSED IN HONOR OF PRESIDENTS' DAY

9:30 AM DAILY ORIENTATION & BREAKFAST 20
10:15 AM CHAIR EXERCISE WITH CHARLIE & RITA
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:30 PM PING PONG CLUB
1:40 PM NICE & EASY STRETCHING; MASSAGE; TABLE GAMES & MUSIC
2:00 PM LADIES TEA & REMINISCING SOCIAL
2:45 PM SENSORY VIDEO & TABLEGAMES

9:30 AM DAILY ORIENTATION & BREAKFAST 21
10:15 AM CHAIR EXERCISE WITH CHARLIE & RITA
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:40 PM FEBRUARY BIRTHDAY PARTY W/ LEE
HAHN
2:45 PM SENSORY VIDEO & MARKER ART

9:30 AM DAILY ORIENTATION & BREAKFAST 22
10:15 AM CHAIR EXERCISE WITH HEATHER
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUP
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:40 PM MUSIC SOCIAL & BINGO
1:40 PM SPANISH GROUP COOKING HOUR
4:30 PM GARDEN CLUB

9:30 AM DAILY ORIENTATION & BREAKFAST 23
10:15 AM CHAIR EXERCISE WITH ERICKA & CHARLIE
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:40 PM FRIDAY AT THE MOVIES
1:40 PM LOTERIA & POKER W/ REFRESHMENTS
2:45 PM SENSORY VIDEO & TABLEGAMES

9:30 AM DAILY ORIENTATION & BREAKFAST 26
10:15 AM CHAIR EXERCISE WITH CHARLIE & RITA
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:40 PM OLYMPIC WINTER GAMES VOLLEYBALL TOURNAMENT; MEMORY GAME
2:45 PM SENSORY VIDEO & TABLEGAMES
4:30 PM GARDEN CLUB ON PATIO

9:30 AM DAILY ORIENTATION & BREAKFAST 27
10:15 AM CHAIR EXERCISE WITH CHARLIE & RITA
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:30 PM MUSIC & MEMORY W/ TRISHA
1:40 PM NICE & EASY STRETCHING & MASSAGE; TABLE GAMES; MUSIC SOCIAL
2:00 PM COED TEA SOCIAL & REMINISCING
2:45 PM SENSORY VIDEO & TABLEGAMES

9:30 AM DAILY ORIENTATION & BREAKFAST 28
10:15 AM CHAIR EXERCISE WITH CHARLIE & RITA
11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS
11:30 AM SING A LONG - ENGLISH & SPANISH
1:00 PM BRAIN FITNESS - ENGLISH & SPANISH
1:40 PM MID WEEK MOVIE (ENGLISH GROUP); KNITTING GROUP (SPANISH GROUP); POKER GAME; ARTS & CRAFTS
2:45 PM SENSORY VIDEO & PUZZLES

FEB 13TH MARDI GRAS "FAT TUESDAY" DECORATING MASKS**FEB 16TH CHINESE NEW YEAR "YEAR OF THE DOG"****FEB 28TH PURIM BEGINS FEB 14TH LENT BEGINS****FEB 14TH VALENTINE'S DAY SOCIAL****30 MINUTE STRUCTURED INTERGENERATIONAL PROGRAMS IMPLEMENTED DAILY & FRIDAYS SPANISH IGP @ 11 AM***** ACTIVITIES ARE SUBJECT TO CHANGE**