

Monday

Tuesday

Wednesday

Thursday

Friday

 HANUKKAH 13TH - 20TH DECEMBER 2017 CENTER WILL BE CLOSED FOR CHRISTMAS HOLIDAYS		DECEMBER 26TH - JAN 1ST 		
12:30 PM - 1:00 PM MONDAYS & FRIDAYS MUSIC SOCIAL W/ DAVID TO THE OLDIES				9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH CHARLIE & ERICKA 11:00 AM DAILY CHRONICLES IN ENGLISH & SPANISH INTERGENERATIONAL PROGRAM W/ LAURA 11:30AM SING A LONG - ENGLISH & SPANISH 1:00 PM BRAIN FITNESS - ENGLISH & SPANISH 1:40 PM HOLIDAY WREATHS & POKER GAME W/ REFRESHMENTS 2:45 PM SENSORY VIDEO AND TABLEGAMES
4 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES & POETRY READING W/ PATRICIA & SPANISH GROUP 11:30 AM SING A LONG-ENGLISH & SPANISH 1:00PM BRAIN FITNESS/ENGLISH & SPANISH 1:40 PM SANTA WORD GAMES; ARTS & CRAFTS; POKER GAME 2:00 PM SPECIAL PIANIST FROM UCLA'S GLUCK CLUB 2:45PM SENSORY VIDEO AND TABLEGAMES	5 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS 11:30AM SING A LONG -ENGLISH/SPANISH 1:00PM BRAIN FITNESS - ENGLISH/SPANISH 1:30 PM PING PONG CLUB W/ TRISHA 1:40 PM NICE & EASY STRETCHING; MASSAGE; TABLE GAMES & MUSIC 2:00 PM LADIES TEA SOCIALW/ FALL HATS 2:45 PM SENSORY VIDEO & TABLEGAMES	6 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH CHARLIE 11 :00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG - ENGLISH/SPANISH 1:00 PM BRAIN FITNESS - ENGLISH/SPANISH 1:40 PM HOLIDAY MOVIE & SPANISH MOVIE GROUP W/KNITTING; POKER GAME; ARTS & CRAFTS 2:4 PM SENSORY VIDEO AND TABLEGAMES	7 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH HEATHER 10:45 AM - 11:20 AM PET THERAPY W/ ROXY 11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH 11:30 AM SING A LONG - ENGLISH & SPANISH 1:00 PM BRAIN FITNESS ENGLISH & SPANISH 1:40 PM LARGE PUZZLE FUN 2:00 PM BINGO & LOTERIA 2:45 PM SENSORY VIDEO & TABLEGAMES 3:30 PM GARDEN CLUB ON PATIO	8 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH ERICKA & CHARLIE 11:00 AM DAILY CHRONICLES & SPANISH INTERGENERATIONAL PROGRAM W/ LAURA 11:30 AM SING A LONG - ENGLISH & SPANISH 1:00 PM BRAIN FITNESS - ENGLISH/SPANISH 1:40 AM CRAFT - HOLIDAY CARD EXCHANGE & POKER GAME W/ REFRESHMENTS 2:45 PM SENSORY VIDEO AND TABLEGAMES 3:30 PM GARDEN CLUB ON PATIO W/ RITA
11 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES & POETRY READING W/ PATRICIA & SPANISH GROUP 11:30 AM SING A LONG - ENGLISH/SPANISH 1:00PM BRAIN FITNESS - ENGLISH/SPANISH 1:40 PM SEATED VOLLEYBALL; DECEMBER WORD PLAY; ARTS & CRAFTS; POKER GAME 2:45 PM SENSORY VIDEO & TABLEGAMES 3:30 PM GARDEN CLUB ON PATIO	11 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG - ENGLISH/SPANISH 1:00PM BRAIN FITNESS - ENGLISH/SPANISH 1:30 PM PING PONG CLUB W/ TRISHA 1:40 PM NICE & EASY STRETCHING & MASSAGE; TABLE GAMES & MUSIC 2:00 PM SPANISH TEA SOCIAL 2:45 PM SENSORY VIDEO & TABLEGAMES	13 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG - ENGLISH/SPANISH 1:00 PM HANUKKAH TRIVIA FACTS; BRAIN FITNESS IN ENGLISH & SPANISH 1:40 PM MOVIE & POPCORN & SPANISH GROUP CRAFT (ORNAMENTS); POKER GAME; ARTS & CRAFTS 2:45 PM SENSORY VIDEO & TABLEGAMES	14 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH HEATHER 11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUP 11:30 AM SING A LONG - ENGLISH & SPANISH 1:00 PM BRAIN FITNESS - ENGLISH & SPANISH 1:40 PM HOLIDAY REMINISCING W/ MUSIC 2:00 PM HOLIDAY ENTERTAINMENT (VOCAL GRP) - SENIORS ENTERTAINING SENIORS 2:45 PM SENSORY VIDEO & TABLEGAMES 3:30 PM GARDEN CLUB ON PATIO	15 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH ERICKA & CHARLIE 11:00 AM DAILY CHRONICLES & SPANISH INTERGENERATIONAL PROGRAM W/ LAURA 11:30 AM SING A LONG - ENGLISH & SPANISH 1:00 PM BRAIN FITNESS - ENGLISH/SPANISH 1:40 AM TAP DANCE W/ JUDITH 2:00 PM HOLIDAY BINGO & LOTERIA 2:45 PM SENSORY VIDEO AND TABLEGAMES 3:30 PM GARDEN CLUB ON PATIO W/ RITA
18 9:30 AM DAILY ORIENTATION 10:15 AM CURRENT EVENTS & CHAIR EXERCISE 10:30 AM-11:20 AM INTERGENERATIONAL PROGRAM - HOLIDAY BELL CHOIR 11:30 AM SING A LONG ENGLISH & SPANISH 1:00 PM BRAIN FITNESS - ENGLISH & SPANISH 1:40 PM CIRCUS GAMES & WORDPLAY; ARTS & CRAFTS; POKER GAME 2:45 PM SENSORY VIDEO & TABLEGAMES	19 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES-ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG - ENGLISH/SPANISH 1:00 PM BRAIN FITNESS-ENGLISH/ SPANISH 1:40 PM NICE & EASY STRETCHING & MASSAGE; TABLE GAMES & MUSIC 1:30 PM MUSIC THERAPY SESSION 2:00 PM COED HOLIDAY TEA & REMINISCING 2:45 PM SENSORY VIDEO & MARKER ART	20 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG - ENGLISH/SPANISH 1:00 PM BRAIN FITNESS-ENGLISH/SPANISH 1:40 PM DECEMBER BIRTHDAY PARTY W/ MS. BERRY AND BILLY 2:45 PM SENSORY VIDEO AND TABLEGAMES 3:30 PM GARDEN CLUB ON PATIO	21 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH HEATHER 11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUP 11:30 AM SING A LONG - ENGLISH & SPANISH 1:00 PM BRAIN FITNESS - ENGLISH & SPANISH 1:40 CHRISTMAS SONGS SING A LONG 2:00 PM VISIT FROM SANTA & PHOTOS 2:45 PM SENSORY VIDEO & TABLEGAMES 3:30 PM GARDEN CLUB ON PATIO	22 CLOSED FOR CHISTMAS HOLIDAY 
CLOSED ON CHRISTMAS DAY 	CLOSED TODAY  FIRST DAY OF KWANZAA	26 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH CHARLIE 11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUPS 11:30 AM SING A LONG - ENGLISH/SPANISH 1:00PM BRAIN FITNESS - ENGLISH/SPANISH 1:40 PM MOVIE & POPCORN ENGLISH & SPANISH & KNITTING; POKER GAME; & WATERCOLOR PAINTING 2:45 PM SENSORY VIDEO AND TABLEGAMES	28 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH HEATHER 11:00 AM DAILY CHRONICLES - ENGLISH & SPANISH GROUP 11:30 AM SING A LONG - ENGLISH & SPANISH 1:00 PM BRAIN FITNESS - ENGLISH & SPANISH 1:40 PM GETTING TO KNOW YOU; TABLEGAMES 2:00 PM BINGO & LOTERIA 2:45 PM SENSORY VIDEO & TABLEGAMES	29 9:30 AM DAILY ORIENTATION 10:15 AM CHAIR EXERCISE WITH ERICKA & CHARLIE 11:00 AM DAILY CHRONICLES & SPANISH INTERGENERATIONAL PROGRAM W/LAURA 11:30 AM SING A LONG - ENGLISH & SPANISH 1:00 PM BRAIN FITNESS - ENGLISH/SPANISH 1:40 PM NOON YEARS EVE PARTY W/ DR. ROMANTIC AND THE HEART BEAT 2:45 PM SENSORY VIDEO AND TABLEGAMES

30 MINUTE STRUCTURED INTERGENERATIONAL PROGRAMS IMPLEMENTED DAILY & FRIDAYS SPANISH IGP @ 11 AM

* ACTIVITIES ARE SUBJECT TO CHANGE