MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

9:30 AM

3 9:30 AM COFFEE SOCIAL, **REVIEW DAILY ACTIVITY SCHEDULE &** ORIENTATION 10:15 AM CHAIR **EXERCISE TO MUSIC** W/JOANN 11:00 AM CURRENT EVENTS: **ENGLISH & SPANISH GRPS** 11:30 AM SING- A- LONG: **ENGLISH & SPANISH GRPS** 1:00 PM TRIVIA SOCIAL: **ENGLISH & SPANISH GRPS** 1:40 PM DANCING TO THE OLDIES W/ RITA & ARTS & CRAFTS (STAR OF DAVID) & **POKER GAME** 2:15 PM ROSH HASHANAH WORD PLAY & GROUP DISCUSSION SPECIAL SNACK: APPLES & HONEY 2:45 PM SENSORY VIDEO. **PUZZLES & SOCIAL HOUR**

ROSH HASHANAH (3RD- 4TH

9:30 AM COFFEE SOCIAL, REVIEW DAILY **ACTIVITY** SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC W/JOANN

1:00 PM TRIVIA SOCIAL: ENGLISH & SPANISH GRPS 1:30 PM PING PONG CLUB W/ TRISHA



1:40 PM NICE & EASY STRETCHING W/ BACK MASSAGE & RELAXATION 2:00 PM LADIES TEA SOCIAL W / FALL HATS 2:45 PM SENSORY VIDEO, TABLE GAMES & MUSIC SOCIAL



5 9:30 AM COFFEE SOCIAL, **REVIEW DAILY ACTIVITY** SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC W/RITA & **CHARLIE** 11:00 AM CURRENT EVENTS: ENGLISH & SPANISH GRPS 11:30 AM SING -A -LONG: ENGLISH & SPANISH GRPS 1:00 PM TRIVIA SOCIAL: ENGLISH & SPANISH GRPS 1:40 PM MID- WEEK MOVIE MATINEF W/ POPCORN: **ENGLISH & SPANISH GRPS** 2:45 PM SENSORY VIDEO & TABLEGAMES



WORLD TEACHERS DAY: THANK YOU TO ALL OUR **DEVOTED TEACHERS @** ONEgeneration



6 9:30 AM COFFEE SOCIAL, **REVIEW DAILY ACTIVITY** SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE W/HFATHFR



11:00 AM CURRENT EVENTS: ENGLISH & SPANISH GRPS 11:30 AM SING -A -I ONG: **ENGLISH & SPANISH GRPS** 1:00 PM TRIVIA GAME: ENGLISH & SPANISH GRPS 1:40 PM TABLETOP SOCCER W/ BALLOON 2:00 PM ENGLISH BINGO & SPANISH LOTERIA 2:45 PM SENSORY VIDEO, MUSIC SOCIAL **&TABLEGAMES**



COFFEE SOCIAL, REVIEW DAILY **ACTIVITY** SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC W/ CHARLIE & 11:00 AM CURRENT EVENTS: ENGLISH & SPANISH GRP 11:30 AM SING-A- LON: ENGLISH & SPANISH GRP 1:00 PM TRIVIA: ENGLISH & SPANISH GRPS 1:40 PM WATERCOLOR PAINTING (FALL PICTURES), POKER GAME W/ARLENÉ & REFRESHMENTS 2:45 PM SENSORY VIDEO. NAIL SALON & BLEGAMES

21ST ANNUAL WEAR DENIM YOUR





COFFEE SOCIAL, REVIEW DAILY

14

9:30 AM

ACTIVITY

SCHEDULE &

ORIENTATION

SPANISH GRPS

10:15 AM CHAIR EXERCISE

11:30 AM SING- A- LONG:

ENGLISH & SPANISH GRPS

ENGLISH & SPANISH GRPS

FALL LEAF PAPER PLATE

WREATHS) & POKER GAME

2:45 PM SENSORY VIDEO

W/ REFRESHMENTS

& SOCIAL HOUR

1:40 PM ARTS & CRAFTS

1:00 PM TRIVIA SOCIAL:

W/ RITA & CHARLIE &

11:00 AM CURRENT

EVENTS: ENGLISH &

10 **CLOSED FOR COLUMBUS** DAY



11 9:30 AM COFFEE SOCIAL, REVIEW DAILY ACTIVITY SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC W/ JOANN & 11:00 AM CURRENT EVENTS: ENGLISH & SPANISH GRPS 11:30 AM SING- A- LONG: **ENGLISH & SPANISH GRPS** 1:00 PM TRIVIA SOCIAL: **FNGLISH & SPANISH GRPS** 1:40 PM NICE & EASY STRETCHING W/ BACK MASSAGE & RELAXATION 2:00 PM COED TEA SOCIAL 2:45 PM SENSORY VIDEO & TABLEGAMES



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9:30 AM COFFEE SOCIAL, REVIEW DAILY **ACTIVITY** SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC W/ RITA



11:00 AM CURRENT EVENTS: **ENGLISH & SPANISH GRPS** 11:30 AM SING- A- LONG: **ENGLISH & SPANISH GRPS** 1:00 PM YOM KIPPUR **DISCUSSION/ENGLISH &** SPANISH GRP TRIVIA 1:40 PM MID-WEEK MOVIE MATINEE W/ POPCORN: **ENGLISH:** SPANISH GRP W RITA VOLLEYBALL; MUSIC SOCIAL

POKER GAME W/ ARLENE 2:45 PM SENSORY VIDEO & **TABLEGAMES**

13

9:30 AM COFFEE SOCIAL, REVIEW DAILY **ACTIVITY** SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE 10:45-11:20 AM PET THERAPY W/ ROXY 11:00 AM CURRENT EVENTS: ENGLISH & SPANISH GRPS 11:30 AM SING- A- LONG: **ENGLISH & SPANISH GRPS** 1:00 PM TRIVIA SOCIAL **ENGLISH & SPANISH GRPS** 1:00 PM NAVY B/DAY TRIVIA FACTS & SPANISH GRP 1:40 PM ENGLISH GRP BINGO & SPANISH GRP TABLETOP SOCCER 2:00 PM VOCAL SINGING GROUP (SENIORS **ENTERTAINING SENIORS)**

& SPANISH LOTERIA

2:45 PM SENSORY VIDEO & TABLEGAMES



9:30 AM COFFEE SOCIAL, **REVIEW DAILY** ACTIVITY SCHEDULE & **ORIENTATION** 10:15 AM CHAIR EXERCISE TO MUSIC W/ HEATHER 11:00 AM CURRENT **EVENTS:** ENGLISH & SPANISH GRPS 11:30 AM SING- A- LONG: **FNGLISH & SPANISH GRPS** 1:00 PM TRIVIA SOCIAL: ENGLISH & SPANISH GRPS 1:40 PM LIFE REMINSCENCE MAGAZINES & SPANISH GRP (FLASH CARDS) 2:00 PM BINGO & **LOTERIA** 2:45 PM SENSORY VIDEO & DOMINOES GAME

9:30 AM COFFEE SOCIAL, REVIEW DAILY ACTIVITY SCHEDULE & ORIENTATION 10:15 AM CHAIR E XERCISE TO MUSIC W/ RITA 11:00 AM CURRENT **EVENTS: ENGLISH & SPANISH GRPS** 11:30 AM SING- A- LONG: ENGLISH & SPANISH GRPS 1:00 PM TRIVIA SOCIAL: **ENGLISH & SPANISH GRPS** 1:40 PM ART & CRAFTS & POKER GAME 2:45 PM SENSORY VIDEO & POLISHING NAILS



9:30 AM

COFFEE SOCIAL, **REVIEW DAILY** ACTIVITY SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE W/ JOANN & CHARLIE 11:00 AM CURRENT **EVENTS: ENGLISH &** SPANISH GRPS 11:30 AM SING- A

LONG: ENGLISH & SPANISH GRPS 1:00 PM SUKKOT (GRP DISCUSSION

1:40 PM SPECIAL PERFORMANCE - TAP DANCE W/ JUDITH, POKER GAME W/ ARLENE & ARTS & **CRAFTS**

2:00 PM OCTOBER REMINISCENCE CORNER & MUSIC 2:45 PM SENSORY VIDEO

NATIONAL BOSSES DAY

9:30 AM COFFEE SOCIAL, REVIEW DAILY ACTIVITY SCHEDULE & **ORIENTATION** 10:15 AM EXERCISE TO MUSIC W/ CHARLIE



11:00 AM CURRENT EVENTS: ENGLISH & SPANISH GRPS 11:30 AM SING- A- LONG: ENGLISH & SPANISH GRPS 1:00 PM TRIVIA SOCIAL: FNGLISH & SPANISH GRPS 1:30 PM PING PONG CLUB 1:40 PM NICE & EASY STRETCHING, BACK MASSAGE & RELAXATION 2:00 PM MEN'S ICED TEA SOCIAL W/ RITA 2:45 PM SENSORY VIDEO, MUSIC SOCIAL & TABLE GAMES



COFFEE SOCIAL, **REVIEW DAILY** ACTIVITY SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC W/ RITA &

9:30 AM

CHARLIF 11:00 AM CURRENT EVENTS: ENGLISH & SPANISH GRPS 11:30 AM SING- A- LONG: **ENGLISH & SPANISH GRPS** 1:00 PM TRIVIA SOCIAL: ENGLISH & SPANISH GRPS 1:40 PM OCTOBER BIRTHDAY PARTY W/ LEE (BROADWAY SHOW) 2:45 PM SENSORY VÍDEO, SOCIAL HOUR &



24 9:30 AM COFFEE SOCIAL, **REVIEW DAILY ACTIVITY SCHEDULE &** ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC W/ CHARLIE & JOANN 11:00 AM CURRENT **EVENTS: ENGLISH & SPANISH** 11:30 AM SING- A-LONG: ENGLISH & SPANISH 1:00 PM TRIVIA SOCIAL 1:40 PM SING A LONG W/ ALLEN. ARTS & CRAFTS. POKER GAME & SPANISH GRP W/ **RITA - COOKING** CORNER (VEGGIE SALAD)



& TABLEGAMES

25 9:30 AM COFFEE SOCIAL, **REVIEW DAILY** ACTIVITY SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC W/ CHARLIE & JOANN 11:00AM CURRENT EVENTS: ENGLISH & SPANISH GRPS 11:30 AM SING-A- LON: **ENGLISH & SPANISH GRPS** 1:00 PM TRIVIA SOCIAL: ENGLISH & SPANISH GRPS 1:40 PM NICE & EASY STRETCHING & BACK MASSAGE W/RELAXATION 2:00 PM COED SWEET TEA SOCIAL W/ RITA 2:45 PM SENSORY VIDEO 3:00 PM MAGAZINES & **PUZZLES**



26 9:30 AM COFFEE SOCIAL, **REVIEW DAILY** ACTIVITY SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC W/ RITA & CHARLIF 11:00 AM CURRENT EVENTS: **ENGLISH & SPANISH GRPS** 11:30 AM SING-A- LONG: **FNGLISH & SPANISH GRPS** 1:00 PM TRIVIA SOCIAL: **ENGLISH & SPANISH GRPS** 1:40 PM MID- WEEK MOVIE MATINEE W/ POPCORN. POKER GAME W/ARLENE, & SPANISH GRP (ARTS & CRAFTS) 2:45 PM SENSORY VIDEO & MUSIC SOCIAL HOUR



W/TABLE GAMES

9:30 AM
COFFEE SOCIAL,
REVIEW DAILY
ACTIVITY
SCHEDULE &
ORIENTATION
10:15 AM CHAIR EXERCISE
TO MUSIC W/HEATHER
10:45-11:20 AM PET
THERAPY W/ ROXY



11:00 AM CURRENT EVENTS: ENGLISH & SPANISH GRPS 11:30 AM SING-A- LONG: ENGLISH & SPANISH GRPS 1 PM TRIVIA: ENGLISH & SPANISH GRPS 1:40 PM TABLE TOP SOCCER & SPANISH GRP W/ RITA (MEMORY GAME) 2:00 PM BINGO & LOTERIA

2:45 PM SENSORY VIDEO, TABLEGAMES & MUSIC 9:30 AM COFFEE SOCIAL, REVIEW DAILY ACTIVITY SCHEDULE & ORIENTATION 10:15 AM CHAIR EXERCISE TO MUSIC W/ RITA & CHARLIF. 11:00 AM CURRENT **ENGLISH & SPANISH GRPS** 11:30 AM SING-A- LONG: ENGLISH & SPANISH GRPS 1:00 PM TRIVIA SOCIAL: ENGLISH & SPANISH GRPS 1:40 PM ARTS & CRAFTS -DECORATING PUMPKINS; POKER GAME W/ ARLENE W/ REFRESHMENTS 2:45 PM SENSORY VIDEO. POLISHING NAILS &

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BRING YOUR JACK-O-LANTERN TO WORK DAY CONTEST



31 9·30

9:30 AM COFFEE SOCIAL, REVIEW DAILY ACTIVITY SCHEDULE & ORIENTATION 10:15 AM CHAIR **FXERCISE TO MUSIC** W/JOANN & CHARLIE 11:00 AM CURRENT **EVENTS: ENGLISH** & SPANISH GRPS 11:30 PM SING- A LONG: ENGLISH & SPANISH GRPS 12:50 PM COSTUME DRESS - UP SOCIAL 1:40 PM **HALLOWEEN** COSTUME PARTY W/ DR. ROMANTIC & THE **HEARTBEATS** 2:45 PM SENSORY VIDEO &

WEAR YOUR HALLOWEEN COSTUME TODAY!

MUSIC SOCIAL

INTERGENERATIONAL PROGRAMS DAILY:





ACTIVITIES CALENDER CREATED BY ACTIVITIES MANAGER:

PATRICIA NASH (818) 705-6511



2016

ROSH HASHANAH 3RD-

5-11TH NATIONAL FOOD SERVICE WEEK

YOM KIPPUR - 12th

17TH - 23RD FESTIVAL OF SUKKOT

NATIONAL POPCORN MONTH



NATIONAL PHYSICAL THERAPY MONTH

NATIONAL CLOCK MONTH



*TIME AND ACTS ARE SUBJECT TO CHANGE

CELEBRATING AUTUMN MONTH





COSTUME PARTY: BRING IN OR WEAR YOUR COSTUME OCTOBER 31ST

CELEBRATING ETHNIC HERITAGE MONTH

