

## Financial Assistance

The Florida Hospital Foundation raises funds for cancer patients who have a need they cannot meet financially. As part of our mission, Eden Spa will work with these patients to assist them in acquiring a wig, mastectomy bra, breast form and/or compression garment according to Florida Hospital's financial assistance guidelines.

### Donations

If you have a wig in good condition and are no longer wearing it, we encourage you to donate it back to us. Our cosmetologist will wash, sanitize and style it. Donated wigs will be given to women and children who do not have the means to purchase one. Contact us for further information on our Angels Closet program.

### Two Convenient Locations

We have two spa locations that include a boutique shop offering unique gifts, cosmetics and spa products available for purchase.

#### Eden Spa Altamonte

601 East Altamonte Drive, Suite 1721  
Altamonte Springs, FL 32701  
Phone (407) 303-3348 | Fax (407) 303-3257  
Entrance located inside Florida Hospital Altamonte Gift Shop  
License # MM29714

#### Eden Spa Orlando

2501 North Orange Avenue, Suite 186  
Orlando, FL 32804  
Phone (407) 303-9727 | Fax (407) 303-3335  
Entrance located inside Florida Hospital Orlando Cancer Institute  
License #MM21192

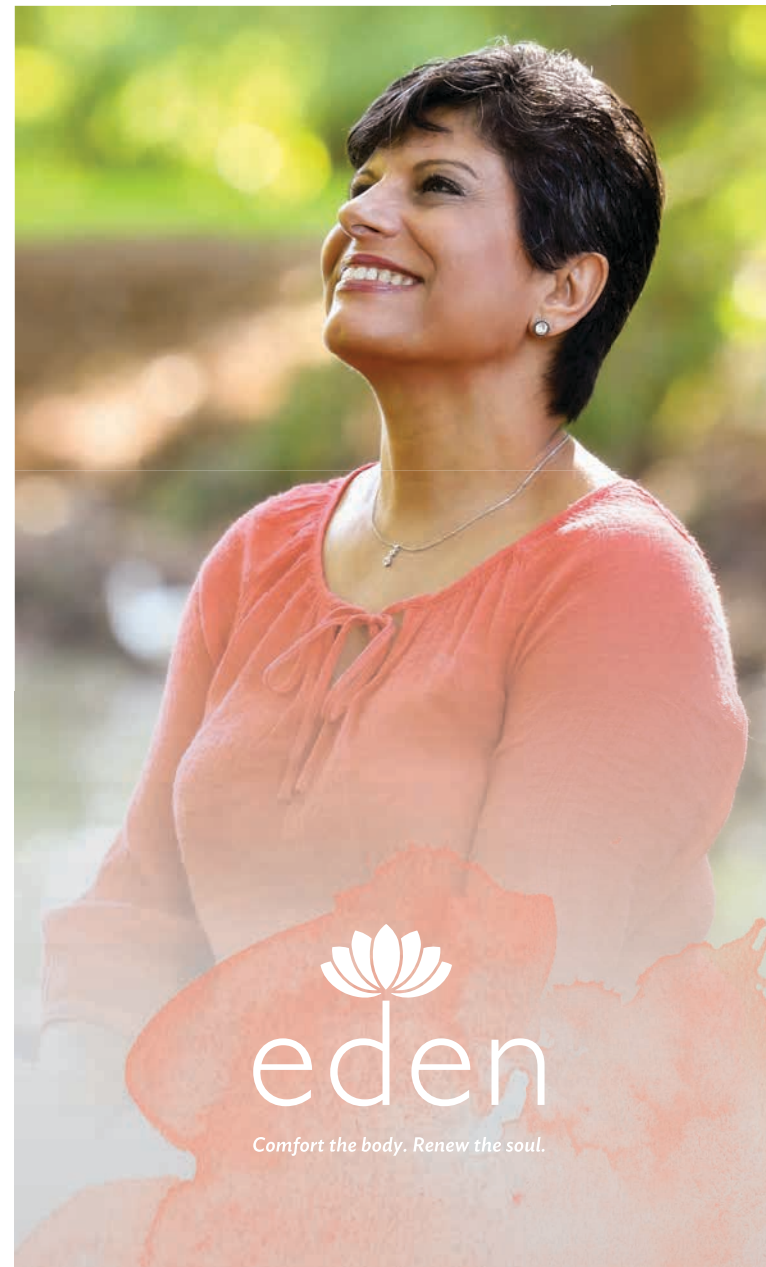


[EdenSpa.FloridaHospital.com](http://EdenSpa.FloridaHospital.com) | [Facebook.com/EdenSpaFH](https://Facebook.com/EdenSpaFH)

*Eden Spa is a service of the Florida Hospital Cancer Institute and accepts most insurance providers. Services are open to anyone seeking to renew the spirit and rejuvenate the body.*

## Eden Spa

### REJUVENATION SERVICES for CANCER PATIENTS



## THERAPEUTIC TREATMENT FOR CANCER-RELATED CONDITIONS

Eden Spa is the only therapeutic spa in Central Florida specializing in rejuvenation services for women, men and children undergoing treatment for cancer. Eden provides a safe place of relaxation and comfort that is specifically equipped to treat cancer-related conditions such as hair loss, lymphedema and mastectomy.

### Relaxing, Full-service Salon Services

Eden Spa features an array of traditional spa services including hair styling, manicures and pedicures, facials, body hair removal and many types of massage. We use all-natural, organic and vegan products designed to gently nourish sensitive skin and hair that is commonly brought on by some types of cancer treatment.

### How to Use Our Services

Our spa and cosmetology services are open to the public. If you are seeking cancer-related services, our specialists are here to help you through the process.

- Ask your physician for a prescription for a cranial prosthesis, wig, compression garment, mastectomy bra, post-surgical bra or breast prosthesis.
- Make an appointment with one of our professional fitters. Appointments are approximately 30 to 90 minutes long. We accept same-day appointments if times are available.
- Our benefits specialist will call you to obtain your insurance information and to explain your insurance benefits.
- We will fit you based on your individual medical needs. We carry most major brands and sizes in stock, which allows us to accurately fit you on the day of your appointment.

## Hair Enhancements

Some cancer medications such as chemotherapy adversely affect the hair follicles — causing hair to fall out or become very thin. For many people, maintaining your image is an important part of the healing process. That's why we offer specially trained consultants who provide hair enhancements including wigs and hairpieces. Our licensed cosmetologists and custom wig specialists will help you choose the best wig for you that not only flatters, but fits within your budgetary or insurance requirements.



### Types of Wigs

- **Synthetic-hair Wigs**  
This type of wig is very lightweight and inexpensive. We carry synthetic wigs that can be styled with a flat iron or steamer set between 250 to 300 degrees.
- **Human-hair Wigs**  
This type of wig is a bit heavier and more expensive than the synthetic variety, but it can be styled with hot tools such as a blow dryer, curling iron or flat iron.

Personalized Styling Services

Unlike wig stores or common hair salons, we offer unique services and products tailored to your specific needs. Upon arrival, our benefits specialist will help explain your insurance coverage and determine what your options are. Then, one of our licensed cosmetologists will assist you with selecting a wig. The cosmetologist will color or cut the wig so it looks as natural as possible — using natural and organic coloring products. Each Eden Spa patient receives complimentary shampoo, conditioner, a styling brush and instructions for care.

On your first return visit to Eden, we will wash and style your wig free of charge. We use therapeutic shampoos and conditioners that promote natural hair growth and can be purchased to use at home.

| Professional Services & Products  | Eden Spa | Hair Store | Other Salons |
|---|----------|------------|--------------|
| Licensed Cosmetologist  | •        |            | •            |
| Salon services (cut, color, wash, etc.)                                       | •        |            | •            |
| Wigs that are heat resistant with high tech fibers for curling or blow drying | •        |            |              |
| Variety of styles, lengths, highlights and colors in Human and Synthetic hair | •        | •          |              |
| Take home care kit - brush, wig stand, wig cap, shampoo & conditioner*        | •        | •          |              |
| Home care instructions  | •        |            |              |
| Hand sewn wigs  | •        |            |              |
| Hair attachments  | •        | •          |              |
| Hats, scarves and turbans   | •        | •          |              |
| Classes on how to tie a head scarf  | •        |            |              |
| Toupees for men   | •        | •          |              |
| Zip & Fit services (shave hair)   | •        |            | •            |
| Insurance coverage  | •        |            |              |

\*complimentary for Eden Spa patients

Mastectomy Fittings



Some patients with breast cancer require a partial or full surgical removal of the breast gland tissue known as a lumpectomy or mastectomy. As part of the healing process, we offer trained mastectomy fitters that can help you choose a special bra or breast form designed to maintain your image after surgery.

Types of Garments

A mastectomy fitter will meet with you before and after surgery to help you select a garment with the ideal look and fit. In addition to bras, we offer swim forms, specialty bathing suits, camisoles and prosthetic nipples so that you are not restricted in any activities. Our goal is to bring a sense of normalcy and peace to our patients.

Replacing Your Garments

Consistent wear and washing may affect the fit and form of your bra. To ensure the proper fit at all times, we recommend you replace your bras every three to six months. Medicare regulations state you can replace your bras every three months. Be sure to speak with our benefits specialist to find out how many bras you can receive per year.

Lymphedema Therapy



During cancer treatment, many patients experience lymphedema — a protein-rich accumulation of fluid in one or many regions of the body. This condition is commonly caused by the removal of lymph nodes that causes scarring of the remaining lymphatic vessels. This scarring can result in a barrier that causes fluid to build up in the affected tissue.

We have an occupational therapist on staff that will conduct a lymphedema evaluation based on your physician’s orders and your personal feedback. The therapist will develop a treatment plan for you that may include manual lymphatic drainage, skilled compression, skin care and exercise.

To schedule an appointment with the Eden Spa lymphedema therapist, ask your doctor for a referral. Then call our centralized scheduling office at (407) 303-8080 and request a lymphedema therapy session at an Eden Spa location.

Compression Garments

Compression garments can assist in keeping your body’s fluids moving if your lymphatic system has been compromised due to surgery or radiation therapy.



Your physician can write a prescription for compression garments, or the lymphedema therapist will recommend garments upon completion of your evaluation. If you do not have a prescription and you are experiencing poor circulation or stand for long periods of time, compression garments might be helpful. Call us to schedule a complimentary fitting.

Because compression garments lose their elasticity and effectiveness over time, we will schedule a follow-up appointment five or six months in the future for a new garment fitting.