

Nearly 1 in 5 people in Douglas County are food insecure.

That means they aren't certain where their next meal is coming from.

YOU can do something about it.

## Be an Advocate for Food Justice in Lawrence!

Monday, March 5th  
6:00-8:00 PM  
ECM at KU  
1204 Oread

Join Kansas Appleseed for a panel featuring local civic and community leaders followed by a discussion on how we can become advocates for food justice in our own backyard.

## FOR A HUNGER FREE DOUGLAS COUNTY

Interested in volunteering? Join our Hunger Action Team at [www.KansasAppleseed.org/HAT](http://www.KansasAppleseed.org/HAT)  
Contact Samiyah with any questions or concerns at (785) 764-9639 or [spara-cremer@kansasappleseed.org](mailto:spara-cremer@kansasappleseed.org)

