



Addressing the Opioid Epidemic: The Role of Integrative Health in the Management of Chronic Pain

March 4, 2017

Irish Eyes Restaurant

213 Anglers Rd, Lewes, DE 19958

TIME	TOPIC	PRESENTER(S)
7:45 AM – 8:00 AM	Registration	
8:00 AM – 8:15 AM	Welcome	Cheyenne Luzader, MS
8:15 AM – 9:00 AM	The Role of Integrative Health and Chronic Pain	Uday Jani, MD, FACP
9:00 AM – 9:45 AM	How Delaware is Addressing the Opioid Epidemic	Karyl Rattay, MD, MS
9:45 AM – 9:50 AM	Five Minute Stretch	Cheyenne Luzader
9:50 AM – 10:50 AM	Medical Marijuana: when, where, how, why?	Karyl Rattay, MD, MS Mohammad Akhter, MD Uday Jani, MD, FACP
10:50 AM - 11:50 AM	Massage Therapy and Bodywork for Chronic Pain Conditions	Kim Blanch, RN, LMT Kate Fitzgerald, LMT, RYT Camilla Carter, Physical Therapist
11:50 AM – 12:30 PM	Lunch	
12:30 PM – 1:30 PM	Chiropractic Care for Chronic Pain	Jessica Bohl, DC Krista Griffin, DC Chris Baldt, DC
1:30 PM – 2:30 PM	Acupuncture for Chronic Pain	Denise Demback, L.Ac. Dr. John Spieker, MD Barney Monks, ADS
2:30 PM – 2:35 PM	Five Minute Stretch	Cheyenne Luzader
2:35 PM – 3:30 PM	Bridging the Gap: How to Effectively Partner with Individuals to Help Manage Chronic Pain	Jeffery Hawtof, MD Lisa Deal, Pharmacist Rita Karapurkar Williams, Health Coach
3:30 PM – 3:45 PM	Closing	Cheyenne Luzader

This Conference has already been approved or, is currently being reviewed, for continuing education credits for various Integrative Health Practitioners, including Acupuncturists, Chiropractors, Massage Therapists and Physical Therapists.