



Mom's Morning Off

Give Yourself the Gift of Care

Replenish your spirit • **Connect** with others
Friendly conversations
Pray and reflect on our walking trail
Treat yourself

Join us at the Caritas Christi Center!

Saturday, April 28, 2018
8:30-11:30 am

Sponsored by the Caritas Christi Center
295 Benham Street, Hamden CT

Come as you are

Stay an hour or two.
Just show Up.

\$10 for the morning.

RSVP/questions to Anna Ramirez (Allard)
momsmorningoff2018@gmail.com

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