

# VETERINARY PROFESSIONAL WELLBEING WORKSHOP



You may have heard . . . the emotional and mental health of veterinary professionals are at risk. Compassion fatigue and mental stress are detrimental to individuals, practices, and the profession. If you think it isn't a problem in your practice, a look at profession statistics will likely change your mind.

## DID YOU KNOW?



The rate of **mental illness/psychiatric disorders** in veterinary medicine **IS MORE THAN TWICE THE NATIONAL AVERAGE** for both male and females. (AVMA)

The rate of **suicidal thoughts/plans** in veterinary medicine is **THREE TIMES THE NATIONAL AVERAGE.** (AVMA)



**11-13% OF VETERINARIANS** are **substance abusers** (AVMA Committee on Wellness)

**56% OF DVMS** have worked with DVMS with substance abuse problems (Trends Magazine)



The **personal financial demand on DVMS** has doubled in the last 30 years. **THE DEBT TO INCOME RATIO IS 2:1.**

(AVMA & AAVMC Report on the Market for Veterinary Education 2015)

Caring for animals brings joy to veterinary professionals. Most were called to this profession to enhance the lives of animals. But when it comes to ailing and suffering animals, financial restraints of pet owners, and other mental stressors, that joy can silently turn to pressure and depression, sometimes to the mental and emotional detriment of the caregiver.

When practice leaders develop standards of care for employee well-being like they do for patient well-being, good things happen.

## Are you ready to provide solutions for your team?

Patterson has partnered with VetSupport to provide a workshop that provides long-term solutions for healthy individuals and practices. The designed outcome of this program is for veterinary professionals to maintain satisfaction in the work they do, to experience a healthier practice environment, to differentiate the practice as an employer of choice, and to increase the health of the veterinary profession.

*VetSupport*

**REGISTRATION:**  
[www.pattersonvetuniversity.com/vpw](http://www.pattersonvetuniversity.com/vpw)

  
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# WORKSHOP DETAILS



**WHAT:** 1-day workshop; 8 CE credits; Breakfast, lunch and snacks provided

## SOLUTIONS-ORIENTED COURSE OBJECTIVES:

- ▶ Differentiation between compassion fatigue and burnout
- ▶ Anticipating and managing compassion fatigue through ABC implementation
- ▶ Increasing communication and conflict resolution
- ▶ Becoming proactive on suicide awareness, education, and response

**WHO:** Real change requires a team approach from practice leaders. The ideal student team is one person from the management team and one from the on-the-floor team

## WHEN:

Wednesday, June 5, 2019  
8:30 am - breakfast  
9am - 5pm - session

## WHERE:

Waterford at Fair Oaks  
12025 Lee Jackson Memorial Hwy  
Fairfax, VA 22033

**COST: Practice enrollment: \$750.00** (includes 2 people) It is highly recommended that 2 people from the practice attend together. If 2 people from the same practice cannot attend, the cost per individual is \$400.00

If more than 2 people from the practice attend, each additional member is \$350.00.

**You are in a position to help your team draw long-term satisfaction from the work they do. Burnout, compassion fatigue, and other mental stressors are taking their toll on individuals, practices and the profession.**

**The solution starts with you.  
REGISTER TODAY!**

## INSTRUCTOR:

**Molly Lautzenheiser CVPM,  
CCFP, SHRM-CP, BSBA**

Molly Lautzenheiser serves as the Practice Manager for the Avon Lake Animal Clinic in Avon Lake, Ohio. Upon joining the Avon Lake Animal Clinic team, she completed the Veterinary Management Institute Program through Purdue University's Krannert School of Management in 2013 and became a Certified Compassion Fatigue Professional in 2017. Since embracing the reality of compassion fatigue, Molly has implemented a staff support group in her clinic, meeting to discuss difficult cases, coping mechanisms and work-life balance.

## QUESTIONS?

E-mail: [Jesi@VetSupport.com](mailto:Jesi@VetSupport.com)

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