

Keeping Your Head Above Water: Families Surviving Trauma and Addiction

Addiction is a devastating, frightening and confusing disease for anyone to experience. Traumatic events only exacerbate and complicate the impact of behavioral health and substance use diagnoses. Many times, the substance abuser is not the only one who suffers. The family members often feel like they are drowning, scared, lost, angry, overwhelmed, and alone.

This seminar will provide participants with information about the interaction between addiction and trauma while focusing on the impact that the family experiences. Those who attend will leave with a better understanding of the problem, tools to stay afloat, and knowledge of how to keep your head above water when trauma and addiction is all around you.



Saturday, November 4th

Cost is \$15

Please do not let finances prohibit your attendance. Contact Trudy Avery at 617-895-9656 or tavery@caron.org for information regarding workshop scholarships.

**To register please visit
www.Caron.org/Events**

SCHEDULE

8:30 a.m.	Registration and Continental Breakfast
9:00 a.m.	Program
Noon	Closing

Underwritten by the Catherine Caron Fund and the generosity of Lauren & Jay Springer.





Sean McGlew, Psy.D. is a Caron Staff Psychologist on the Young Adult Female and Primary Teen Units. He earned his Doctorate of Clinical Psychology with a concentration in Traumatic Stress from Adler University in Chicago, IL with a training emphasis on social

justice, inclusion, and minority/marginalized population treatment. Dr. McGlew completed his pre and post doctoral residencies at Hazelden Betty Ford Foundation's residential chemical dependency treatment program providing co-occurring treatment to young adults and adolescents through individual, group, crisis, familial, and assessment interventions. Dr. McGlew is training in several treatments for traumatic stress including Eye Movement Desensitization Reprocessing (EMDR) therapy, Acceptance Commitment Therapy, and Cognitive Processing Therapy.



Ann-Marie Loose is the Director of Family Services at Caron Pennsylvania, where she oversees and works closely with Caron's program-specific Family Education Programs (FEP) for adolescents, young adults,

adults, seniors and relapse individuals. She holds the Ed Satell Family Chair for Children and Adolescent Education.

Ann-Marie has worked extensively with families and individuals with co-occurring behavioral health and substance abuse diagnoses. She has experience working with families of older adults experiencing functional decline and changes in mental status, cognition, or behavior; as well as families with children with developmental delays and diagnoses such as cerebral palsy, spina bifida and muscular dystrophy. Her areas of expertise include women and addiction, families and recovery, relationships in addiction and recovery, along with parents and recovery.

Ann-Marie joined Caron in 2005 as the Clinical Supervisor of the Adult Women's Primary Treatment Program. In 2012, she began working exclusively with families impacted by addiction. She is a Licensed Social Worker, a Certified Advanced Alcohol and Drug Counselor, and a Certified Clinical Supervisor. She holds a bachelor's degree in music therapy from Elizabethtown College and a master's degree in social work from Marywood University.

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